

Eastern Shore Post

SEPTEMBER 5, 2025

THE VOICE OF ACCOMACK AND NORTHAMPTON COUNTIES ON VIRGINIA'S EASTERN SHORE

FREE OF CHARGE

LIFE AROUND HERE

A dud of a hunter — but a great companion

BY JIMMY SHOCKLEY
Eastern Shore Post

Karren Paglia, of Willis Wharf, has been living with a brain tumor for the last 14 years, even though those who are diagnosed with her condition usually are expected to only live for 18 months.

She and her husband, Mike, once had four dogs to keep her company during the day but lost them all within two years of each other.

“We went dogless for a year and a half,” she said.

She expressed an interest in getting another dog. Vicki Keating, a friend of the Paglias and the mother of dog breeder Hunter Keating, figured she could make something happen.

Hunter Keating breeds Redtick Coonhounds, a high-energy breed used for

(Continued on page 6)



EASTERN SHORE POST/JIMMY SHOCKLEY
Dudley, a Redtick Coonhound, is a “dud of a hunter,” but he’s perfect to Karren Paglia, of Willis Wharf.

CAPE CHARLES

Town seeks proposals on affordable housing plan

BY JIMMY SHOCKLEY
Eastern Shore Post

The town of Cape Charles is beginning an initiative to bring workforce housing to a piece of property owned by the municipality.

The town is requesting proposals for the workforce housing development. The proposals are due Oct. 6.

Housing prices in the town have been increasing, which has pushed out the workforce that keeps the town running.

“It is well known that housing is very difficult to afford for the workforce in Northampton County, particularly in the vicinity of Cape Charles,” said Cape Charles town manager Rick Keuroglan.

The town has begun to develop a plan to fix this issue by building affordable homes on town-owned land.

(Continued on page 4)

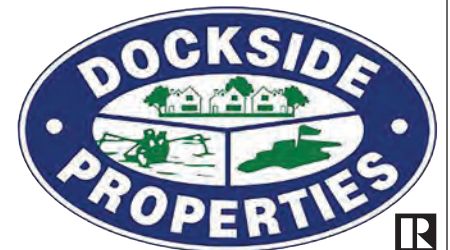
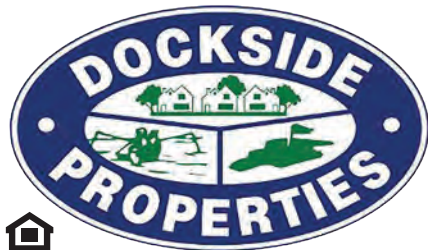
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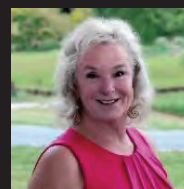
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OR



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Cape Charles

(Continued from page 1)

The undeveloped, 16.6-acre area is located between Old Cape Charles Road and Cassatt Parkway.

The land is only about a one mile drive from Mason Avenue in Cape Charles, which would make for a quick commute into the town's business district.

Keuroglan said the town wants the monthly payments on the houses in this development to be between 60% and 110% of the area's median household income, which is \$56,000 per year.

This would make the payments be about \$840 per month to \$1,540 per month, according to Keuroglan.

The town is allowing the proposals to dictate how many houses are built in the area. Keuroglan estimated that there will be between 100 and 150 units of varying sizes.

Who will own the units is also left open.

Ownership will be under consideration when the town evaluates the development proposals and chooses a development partner, Keuroglan said.

"It is critical that we solve this problem for these valued members of our community so that our local economy can continue to improve," Keuroglan said.

YMCA AND LIONS CLUB PARTNER WITH CAMP



EASTERN SHORE POST/JIM RITCH

This summer, the Northampton County YMCA and the Cape Charles Lions Club joined forces to provide a Diabetes Prevention Camp for adolescents. Twenty-one teenagers participated in the camp, which provided nutrition information and exercise from July through August. Pictured from left are Maria Knox, family experience and sports director, YMCA-Northampton; Stanley Plowden, sight and hearing chair, Cape Charles Lions Club; Cathy Cawfield, regional fitness director, YMCA-Northampton; Karen Kolet, secretary, Cape Charles Lions Club; and Patty Mysko, president, Cape Charles Lions Club.

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LET'S CIRCLE THE WAGONS AND WORK TOGETHER TO STOP OVER DEVELOPMENT IN THE TOWN OF EXMORE! SEPTEMBER 8, 2025, 7 PM AT TOWN HALL!

In Virginia, every municipality **must** adopt a Comprehensive Plan, a **mandatory** task that captures what the residents want and envision for their town's future development. **Virginia Code 15.2-2223**. Check it out. That Plan, along with zoning ordinances, has to be updated every 5 years to keep them current.

In Exmore, however, we have NO **current** Comprehensive Plan-being 10 years old - and are saddled with an outdated zoning ordinance that is 24 years stale.

So now we have a slew of speculative developers who **tell us** what **they** want (or are **going** to do) in our town. Plus, the County has targeted Exmore's "town-edge" land for high-density zoning changes **without** our involvement.

The system is **ill-equipped** and needs to be fixed. Exmore is worth it. Our town is the most stable and sustainable place to live on the ESVA. That is because we have enjoyed **measured** residential growth while benefitting from vibrant **commercial** expansion which is a net positive revenue generator.

The sponsors of this ad wish to work with the Town Manager, Mayor and Council to **reset the breaker** and work to bring our Land Use and Planning laws into compliance.

We encourage our elected officials to: 1) **uphold** and enforce our current zoning which disallows high-density residential development; 2) **work** with a land use consultant firm to assist the residents in rewriting our outdated Comprehensive Plan and Zoning Ordinance; 3) **employ** and hire a **qualified** zoning administrator; 4) **solicit** applications for the position of community development director to be a liaison between the Town Manager, citizens, the Planning Commission, the Council and prospective developers; and, 5) **ensure** that our town's Planning Commissioners attend planning school and become certified for that important position.

Simply put-lets work **together** to give our town the tools it needs to **grow sustainably** and in a manner that serves its residents and businesses, **all deserving nothing less**.

**WE ENCOURAGE EVERYONE TO ATTEND THE TOWN COUNCIL MEETING ON
SEPTEMBER 8, 2025 IN EXMORE'S TOWN HALL @ 7 PM**

AND ASK YOUR FRIENDS AND NEIGHBORS TO JOIN US THERE TO SUPPORT OUR TOWN'S ELECTED LEADERS.

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Tammy Mason (757) 710-2295

Dudley

(Continued from page 1)

hunting.

But he had one that was more low-energy and wasn't very willing to hunt.

He and his mother figured they'd present the dog with a new assignment — to be the newest member of the Paglia household.

The Paglias decided to name the puppy "Dudley" — "because he's a dud of a hunter," Mike Paglia said.

But he's a star companion. While Dudley may not feel at home in the woods hunting, he feels right at home relaxing with Karren Paglia.

The 16-week-old puppy routinely sleeps 12 hours per night and is already house trained — two attributes many owners of puppies can only dream of.

Dudley is also loved by the Paglias' grandson, Grant, something Karren

and Mike Paglia wanted to make sure of before committing to another dog.

Along with being a companion, the Redtick Coonhound will likely have another job in the future — to be a "part-time" service dog for Karren.

Karren Paglia's condition includes having what the Paglias describe as "episodes."

She will occasionally have stroke-like symptoms that temporarily take away her ability to walk or talk.

She goes through a process to get these abilities back. Throughout the process, it would be nice to have a service dog around, they figure.

Paglia has received help from so many people over the years of living with her condition, but she and her husband couldn't be more thankful to the Keatings for gifting them Dudley.

"It's so nice of them to do something like that," Karren Paglia said.

"He's the perfect dog."

Birding trip is set at Brinkley preserve

Join Joette Borzik and Maggie Long for a guided field trip in search of fall migratory birds: waders and waterfowl in the pond, warblers and other passerines in the woods and thickets, and shorebirds from the marsh overlook.

The event will be held Saturday, Sept. 13, at 8:30 a.m. Participants can meet in the parking lot of the Edward S. Brinkley Nature Preserve, 20001 Seaside Road, Cape Charles.

The preserve includes a diversity of bird habitat, including a grove of new growth pine trees, woods edge, open field, wooded wetlands, seaside marsh, and freshwater pond.

The program is free and the public is invited to attend. Always be prepared for ticks, the sun, mosquitoes, and the weather.

Register with Joette Borzik at va-birdmom@gmail.com.

Binoculars will be available for those who need them.

The county-owned nature preserve contains diverse coastal plain habitats and is located adjacent to an old,

capped landfill with a renowned birding history.

Wachapreague churches partner in programming

Sept. 11 will mark the beginning of a partnership between Powelton Presbyterian and Ocean View United Methodist churches in Wachapreague.

At 10 a.m. that day Rhudy Naylor, a certified arthritis foundation exercise leader, will lead a fitness class at Powelton.

This is geared toward seniors with light to moderate exercises but can benefit all ages.

At 11:15 a.m., Kendra Powell, Ocean View pastor, will lead Bible study at Ocean View.

Participants only need to bring a Bible to the study.

Both opportunities will be offered on Thursday mornings and are open to anyone who is interested.

The two churches are within walking distance of one another.

Powelton Presbyterian is located at 25 Main St. in Wachapreague. Ocean View UMC is at 31 Main St.

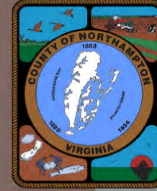


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Bloxom is United Way chair

The Board of Directors for the United Way of Virginia's Eastern Shore announces that Lou Bloxom will serve as the United Way Campaign Chair for the upcoming 2025 to 2026 season.

Having been born and raised here on the Eastern Shore, Bloxom is abundantly aware of the needs and issues that face many of our neighbors, according to a press release from the United Way of Virginia's Eastern Shore.

"She brings to this role a lifetime of dedication, compassion, and leadership — qualities that embody the very mission of United Way," the press release stated.

Bloxom was a teacher for 37 years. "Her impact in the classroom has extended far beyond the walls of her schools, touching families and our community as a whole," the United Way board of directors stated in the release.

Bloxom is the owner of Louise's on North Street in Onancock. She has been married to her husband, Rob, for 38 years and they are the parents of three adult children, Blaire, Madison, and Brant.

Bloxom is also a dog mom of two, one of which she rescued from Eastern Shore Animal Control



**Lou
Bloxom**

and a cat that thinks she is a dog, according to the release.

"The board is honored to have her guiding this year's campaign, and looks forward to the energy, wisdom, and community spirit she will bring to this important work," the press release stated.

The goal for this year's United Way campaign is \$200,000 and "is very realistic if all of the Eastern Shore embraces the

work of the United Way and its impact on agencies whose programs support a better quality of life for residents of the Shore," it stated.

Since its inception in 1991, the United Way has raised more than \$8.6 million for local nonprofits.

Much of this money has been raised through employee campaigns and generous individuals who wish to make a difference in our community. A

For more information on how to can start a campaign in an organization or contribute to the United Way, visit www.esunitedway.org

Invasive moth attacking boxwoods is found in Virginia

The Virginia Department of Agriculture and Consumer Services announces the detection of the box tree moth, *Cydalima perspectalis*, in Frederick County.

In July, VDACS inspectors discovered and treated the invasive species in Clarke and Loudoun counties. VDACS will continue to survey to determine the extent of the box tree moth population in these areas.

Box tree moth is an invasive insect pest that can significantly damage and potentially kill boxwood (*Buxus* species) plants if left unchecked.

The box tree moth is native to East Asia and has become a pest in Europe, where boxwood is native. The caterpillars are ravenous feeders and heavy infestations can completely defoliate host plants. VDACS will provide treatment for boxwood plants if box tree moth is confirmed on boxwood plants.

Early detection and rapid response are vital for the management of any newly introduced invasive pest. VDACS has surveyed the area surrounding the detections to determine the extent of infestation and has planned for more surveys to occur in the future. VDACS encourages property owners to report any suspected damage to boxwood plants on their property by using VDACS' Invasive Species Reporting Tool.

For resources on how to identify box tree moth damage or life stages, visit www.pubs.ext.vt.edu



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Ames, Custis connected by football — and untimely deaths

BY TED SHOCKLEY

Eastern Shore Post

Sam Ames and Milton Custis were running backs in 1995 for the last Eastern Shore public school football team to play in a state championship game.

The following year they helped lead Northampton High School's football team to its first undefeated regular season in 30 years.

On Aug. 21, they met in Capeville and reminisced about life, football, and good times.

"I literally had just seen both of them," said Ames' sister, Sade Ames.

Eleven days later, Ames and Custis were dead, leaving a devastated community to make sense of a double tragedy.

"I am struggling to wrap my mind around it," said Tamika Nottingham, who, like Custis, graduated from Northampton High School in 1998. Ames graduated in 1997.

"He and Sam were both charismatic people," said Nottingham, who is a teacher in Suffolk.

Ames, 46, who lived in lower Northampton County, died Aug. 21 from what his sister said was an undetected health condition.

The son of William Nottingham, of Capeville, and the late Denise Ames, he was not married and had no children.

Custis, 45, who lived in Chesapeake, overcame an operation last year to remove a brain tumor and was seemingly fit and healthy.

Custis died in his sleep on Sept. 1. The son of Coraleen Custis, of Hare Valley, and Milton Custis, of Northampton County, he is survived by a wife and two children.

"He bounced back from the brain surgery," said Custis' sister, Natasha Custis. "He was determined."

Ames and Custis were close teammates during a remarkable era for coach Jim Conrow's Northampton football teams, which went 30-6 during Ames' sophomore, junior, and senior years.

Conrow, who now lives in Flori-



Sam Ames



Milton Custis

da, said if defenses packed the line, Ames scooted outside.

If defenses played fewer linemen, Custis muscled through.

"They were exceptional athletes," said Conrow. "They were good kids to coach and they both worked hard."

Of their deaths, Conrow said, "It just breaks your heart."

Ames' and Custis' football legacies extended beyond Northampton High.

Ames went on to earn a letter on Elon University's football team.

Custis' son, John, is a defensive lineman for Emory and Henry University's football team.

For such parallel lives — and near simultaneous deaths — Ames and Custis were opposites as running backs.

Ames was 5-foot-9, weighed 160 pounds, and was speedy, nimble, and nifty.

Custis was 6-foot-3, weighed 290 pounds, and ran like a moose.

He was known to almost everyone simply by "Moosie." He was one of those on the Eastern Shore whose fitting nickname become so widely known that people rarely called him by his given name.

Natasha Custis remembered her brother's signature high school football moment, caught on video: "That one game when Moosie had six people on him and he was just dragging them down the field," she said.

Said Conrow, "There was no way one guy was going to stop Moosie."

Northampton fell in the state title game in 1995 and many players graduated the next spring.

But Ames and Custis were back for

Funeral services

■ Funeral services for Sam Ames will be held Saturday, Sept. 13 at noon at First Baptist Church, U.S. Route 13, Capeville.

■ Funeral services for Milton Custis will be held Saturday, Sept. 13, at 2 p.m., at Cornish-McCaskill Funeral Home, 5494 Bayside Road, Exmore.

the 1996 season — and some of the more well-known games of the era.

On Saturday, Sept. 7, 1996, Ames rushed for 290 yards and four touchdowns, while Custis ran for 206 yards and three touchdowns, as Northampton defeated Sussex Central, 64-50.

The game, played at Sussex, had been postponed for a day because of a hurricane. It was Northampton's first

win over Sussex Central since 1978.

On a hot, humid day, the game set a Virginia High School League record for the highest-scoring game in which the losing team scored more than a touchdown.

On Friday, Sept. 27, 1996, Northampton then traveled to Delmar and won, 14-12. It was Delmar's only regular-season loss in a three-year span. Ames scored both Northampton touchdowns.

When Northampton won the district title on Nov. 1, 1996, Ames rushed for 194 yards, scored two touchdowns, was named homecoming king, and made a game-saving interception in the end zone in a win over Arcadia, 21-16. Custis had 153 yards rushing and a touchdown in the game.

"He said those were the best years of his life, playing football with his teammates and friends," Sade Ames said of her brother.



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MLS #64530 5061 Bay Colony Ln. Chincoteague, VA \$598,000
Wake up to this breathtaking single family home with bay views from two of your four private decks and the first-floor primary suite in this impressive beach retreat! Perfectly positioned on the island of Chincoteague in the favorite development of "Bay Colony." This beautifully maintained home offers the ideal blend of comfort and coastal charm. Lovingly used as a second home, this 3-bedroom residence includes 2 full bathrooms to comfortably accommodate family and guests.

EDITORIAL

Eastern Shore Post

Eastern Shore Post

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Locally and independently owned

SERVING VIRGINIA'S EASTERN SHORE

THE PAPER'S POSITION

Takeaways from a snapshot of housing sales since 2021

There has been a lot of discussion on the Eastern Shore about recently proposed housing communities.

There has not been as much discussion about recent housing sales on the Eastern Shore. There should be.

An Aug. 15 article in the Eastern Shore Post showed the median price of a home in Northampton County for the first six months of this year was \$437,000.

For those making decisions, here's a question: Is that affordable?

As recently as the first six months of 2019, the median price of a home in Northampton County was \$245,000, according to figures provided by the Eastern Shore Association of Realtors.

In Accomack County, the median home price for the first six months of this year was \$295,000 — almost double what it was in 2019.

For those making decisions, here's a question: What happens if that type of increase continues?

To everyone involved, the obvious issue is a lack of middle-class housing. But what should be done to address this?

There are a lot of debates about how the wording of housing is phrased: "affordable," "workforce," "rental," and the like. There are government housing definitions based on formulas and income. We debate the semantics more than we find solutions.

There are a lot of debates about the cause of our housing scarcity. Does the bigger blame fall on short-term rentals, retirees, lack of builders, old housing stock, or vacant homes that owners won't sell? Again, it is much easier to debate causes than to find solutions.

Solutions and agreement are sought. In the meantime, median home prices in the area continue to climb.

CORRECTIONS AND CLARIFICATIONS

The Eastern Shore Post strives for accuracy. Corrections and clarifications will be printed in this space. Email editor@easternshorepost.com.

LETTERS TO THE EDITOR

Kiggans should hold a town hall meeting

To the editor:

On May 4, 2022, then-U.S. Rep. Elaine Luria held a town hall at Eastern Shore Community College. College President Jim Shaeffer moderated the packed, full-house event.

Sadly, Luria lost her re-election that November to U.S. Rep. Jen Kiggans, likely due to her heroic leadership on the Jan. 6 Capitol Attack Commission.

That was the last time our representative has held a public town hall. Unlike every one of our U.S. Representatives who preceded her, Kiggans has chosen not to hold one in her over three years in office.

Eastern Shore Democrats wrote Kiggans on Aug. 11 requesting her first town hall during the U.S. House August Recess. The returned receipt for the certified mailing indicates her office received our request. But there has been no

Guest columns and letters to the editor of the Eastern Shore Post

The Eastern Shore Post welcomes your letters and guest columns. Letters and columns must include a phone number and a town of residence for verification. Letters should be no longer than 250 words. Guest columns should be limited to 500 words.

Letters and guest columns should pertain to Eastern Shore issues or reference articles in the Eastern Shore Post. Writers are limited to one letter or guest column every six months.

Send letters to editor@easternshorepost.com.

response.

Kiggans did attend, unannounced, the Accomack Republican Committee monthly meeting at the Sage Diner on Aug. 18.

Is Kiggans afraid she will be asked by the public to account for the inexplicable Trump funding cuts to health care, food assistance, and schools? Or the economic damage of President Trump's tariffs? Or U.S.

Immigrations and Customs, or ICE, attacks on businesses?

Or does she just not care about the full range of issues that impact us here on the Shore or what all of her constituents have to say?

Hold a town hall, Congresswoman Kiggans.

Claire Poole
Melfa

(Continued on page 11)

Eastern Shore Post

HOPE, EMPOWERMENT, AND DIGNITY FOR ALL

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Tracking down a mysterious name on Accomack plaques

Each week in this space I give a short biographical sketch of people from the Eastern Shore who have



Ted Shockley

given their lives since 1900, either during military service to our country, as a police officer or first responder in our communities, or in fatal military incidents on the Eastern Shore. This week's list includes those who died from

Sept. 6 to Sept. 12.

■ U.S. Army Sgt. Woodrow J. LeBlanc is listed on memorial plaques in Accomack and Parksley with other fallen World War II servicemen.

But there is no evidence that he ever lived in Accomack County or in Virginia, spent the night here, or even has distant relatives here.

A native of Louisiana, LeBlanc died Sept. 7, 1944. He was prisoner of war when the Japanese ship on which he was a passenger was sunk.

He is memorialized among those on the Walls of the Missing, Manila American Cemetery and Memorial, in the Philippines.

All accounts of his service are in Louisiana newspapers. His parents were born, died, and were buried in Louisiana.

There is no mention of him in any Eastern Shore newspapers.

■ U.S. Army Maj. Lloyd R. Marsh, an Eastern Shore native and graduate of Onancock High School, was killed in action on Sept. 6, 1945, during World War II.

There are conflicting reports of his death day — at least one source has it as

Aug. 26, 1945, the day he went missing.

The son of Lillian Savage Marsh and Jeter Everette Marsh, of Onley, he earned undergraduate and graduate degrees from Virginia Tech and enlisted in the Army prior to the Japanese attacks on Pearl Harbor, according to the Peninsula Enterprise newspaper.

He had been working as a chemist with Southern State Cooperative, the newspaper reported.

Marsh was buried at sea, the Oct. 12, 1945, edition of the Enterprise reported.

His name also is included at the Manila American Cemetery and Memorial in the Philippines.

Marsh's name is listed on memorial plaques in Accomack and Parksley.

■ U.S. Army Lt. Timothy Price was killed on Sept. 7, 2004, in Iraq "as he defended an Army vehicle disabled by a bomb," the Richmond Times-Dispatch reported.

Price, 25, of Midlothian, was an alumnus of Virginia Tech's Corps of Cadets and earned an undergraduate degree at the university.

Price spent part of each summer on the Eastern Shore with his grandparents, Mary Elizabeth "Betty" Price and John Price Jr.

Funeral services for Price were held on Sept. 14, 2004, at Belle Haven Cemetery, where his remains were interred next to his grandmother, who died in 1999.

His grandfather, who was well-known on the Eastern Shore as an active member of Citizens for a Better Eastern Shore, died in 2015. His gravesite is with his wife and fallen grandson.

■ *Ted Shockley is editor of the Eastern Shore Post. Reach him at editor@easternshorepost.com.*

Thanks to David Krough for his research help this week.

LETTERS TO THE EDITOR

Hopes Kiggans attends community meeting

To the editor:

On August 11, 2025, we sent U.S. Rep. Jen Kiggans a letter requesting an open meeting on the Eastern Shore to allow constituents to hear her views and positions on issues of intense interest here.

These included cuts in federal funding for schools, health services, public media, and national parks, among others.

There are also concerns about her positions on tariffs, billionaire tax cuts, Ukraine, Gaza, foreign aid, and our immigration policy.

For her convenience, we asked that she schedule it during the current Congressional recess.

We have not heard back and must assume she is declining to offer her constituents such a meeting.

We were surprised to learn she was

able to attend meetings recently at Wallops Island with executives there and with the Accomack County Republican Committee.

It should have been simple to plan a town meeting around those events.

A group of our members have scheduled a town meeting from 5:30 to 8 p.m. on Sept. 18 at the Do Drop Inn in Northampton County.

We hope that she might be back in the district then, since early voting begins the next day.

Should it be her decision to not schedule a meeting with us, please be advised that we will go ahead with our meeting — with her in absentia.

We hope that she realizes she is our representative in Congress and, as such, should be meeting with and representing all the people.

David Felt
Greenbackville

Onancock-area development topic of public hearing

To the editor:

Developers from Maryland have purchased most of the property in the triangle formed by Fairgrounds Road and Market Street, some within Onancock's boundary and some not.

They currently have approval to build 450 multistory town homes, apartments, and commercial buildings on the eastern portion and another 220 multilevel structures abutting Market Street.

They will be drawing water from Onancock's wells, dumping their waste into Onancock's treatment plant, and adding hundreds of cars to those already stuck at all the Route 13 traffic lights.

Since "enough is enough" is a phrase not in any developer's vocabulary, their agent, Chris Car-

baugh, is back again to propose another 120 multistory townhomes on land at the intersection of Fairgrounds Road and Market Street in Onancock.

However, since only rezoning to R-2 will not allow him to build all he wants, he will be asking for a special variance on top of the rezoning so that he can squeeze even more structures onto this property — thus drawing more water, dumping more waste, and adding more cars.

Onancock's planning commission is having a public hearing on this matter on Sept. 8 at 6 p.m.

I urge everyone reading this to come and voice your opinion.

Is entering historic Onancock through a wall of hundreds of town homes really our future vision?

Jay Miller
Onancock

(Continued on page 13)

Agricultural chemical use deserves honest look at the evidence

BY W. ALEX FOXWORTHY

Guest columnist

If you've ever wondered whether the chemicals sprayed on our food might be affecting our health, you're asking an important question that deserves an honest look at the evidence.

Something significant has changed in American health over the past few decades.

Chronic diseases like heart disease, cancer, diabetes, and Alzheimer's have risen dramatically since the 1980s across all age groups.

Today, four out of 10 children, six out of 10 young adults, eight out of 10 middle-aged adults, and nine out of 10 older adults live with at least one chronic illness.

Even more concerning, U.S. life expectancy — which had been steadily climbing for generations — stalled in 2010 and then began declining, even before the COVID-19 pandemic.

While factors like drug overdoses, suicide, sedentary lifestyles, and poor diet explain some of this trend, growing scientific evidence suggests that exposure to man-made chemicals in our environment may also play a role. This includes the pesticides used to grow our food.

Perhaps most striking: A study found that newborn babies in the U.S. already have, on average, 287 pesticides and other environmental pollutants in their umbilical cord blood. Similar results have been found repeatedly in the years since.

In a large-scale study reported by the Centers for Disease Control, over 80% of people in the U.S. were found to have detectable levels of glyphosate in their urine.

Agricultural benefits

Before examining the potential risks, it is important to acknowledge that modern agricultural practices, including pesticide use, have brought tremendous benefits.

Today's farming methods have helped feed a growing global popula-



W. Alex Foxworthy

tion, reduced crop losses from pests and diseases, and made fresh produce available year-round at affordable prices.

Many pesticides have replaced older, more toxic chemicals, and modern farming has dramatically increased crop yields compared to previous generations.

Farmers today face enormous challenges — feeding more people with less land while dealing with climate change, evolving pests, and economic pressures.

Most farmers care deeply about producing safe food and protecting their land for future generations.

The question isn't whether we should abandon modern agriculture, but rather how we can make it even safer while maintaining these important benefits.

The Aug. 29 column in the Eastern Shore Post by agricultural extension agents Theresa Pittman and Hélène Doughty is an encouraging example of the willingness of our local community to engage in this discussion.

The research

Could pesticides contribute to the rising chronic disease rates in the United States? The short answer is yes.

There is solid data from many scientific studies that show various pesticides can harm health in different ways:

■ **Brain diseases:** Studies connect pesticide exposure to neurodegenerative diseases like Alzheimer's and Parkinson's, particularly with exposure to certain fungicides and herbicides like paraquat.

■ **Cancer:** Multiple cancer types, including brain, breast, prostate, bladder, and colon cancer, are associated with different pesticide types.

The World Health Organization's International Agency for Research on Cancer classifies glyphosate, the most widely used pesticide, as "probably carcinogenic to humans."

■ **Breathing problems:** Strong evidence shows pesticide exposure causes respiratory effects in both children and adults, including asthma, chronic cough, increased sensitivity to allergens, and other breathing symptoms.

■ **Metabolic disorders:** Well-documented links exist between pesticide exposure and metabolic disorders like obesity, insulin resistance, and type 2 diabetes.

■ **Birth defects:** Limited but concerning evidence suggests potential links between pesticide exposure and birth defects.

■ **Future generations:** Recent work shows that chemicals including pesticides like glyphosate can affect children and grandchildren even more than the originally exposed person through changes that get passed down (through epigenetic changes) — but regulatory agencies don't currently consider these effects.

■ **Inactive ingredients:** Regulatory agencies typically test only the active ingredient in pesticides, not the other chemicals included in commercial formulations.

These other ingredients — which help pesticides stick to plants and penetrate surfaces — can be toxic themselves or make the main ingredient more harmful.

Experts disagree

Here's where things get confusing. To take one prominent example, the U.S. Environmental Protection Agency says glyphosate (Roundup) is safe and "unlikely to cause cancer."

But the WHO's cancer research agency calls it "probably carcinogenic to humans" and says there's strong evidence it damages DNA.

How can two respected agencies look at the same chemical and reach opposite conclusions?

Part of the answer lies in what

studies each agency relied on.

The EPA based its decision heavily on unpublished, company-sponsored studies. In contrast, the WHO's cancer agency relied primarily on 118 published, peer-reviewed studies, of which 67% showed evidence of DNA damage from glyphosate.

This pattern isn't unique to glyphosate. Research across various fields shows that industry-sponsored studies are much more likely to find favorable results for the sponsor than independent research.

Industry influence

The global pesticide market is worth about \$108 billion, with glyphosate alone representing an \$11.36 billion market.

Just four companies control approximately 60-70% of the global pesticide market: Syngenta, Bayer (which acquired Monsanto), BASF Agricultural Solutions, and Corteva.

Court cases have revealed concerning industry practices.

Approximately 170,000 lawsuits have been filed against Bayer-Monsanto for harms associated with Roundup exposure.

Through legal discovery, internal company documents (dubbed the "Monsanto Papers") were released, showing that the company was aware independent studies had found glyphosate was probably carcinogenic and harmful to human health — and that they took unethical, active measures to hide this information while generating contrary data.

These documents revealed that Monsanto engaged in "ghostwriting" — having company employees write scientific articles that prominent researchers would then publish under their own names to build a favorable body of literature.

They also conducted public relations campaigns intended to discredit and intimidate critics.

Such practices, along with lobbying and the movement of personnel

(Continued on page 13)

Chemical use

(Continued from page 12)

between regulatory agencies and the industries they regulate, raise serious questions about the objectivity of safety evaluations.

What you can do

While this information may seem overwhelming, there are practical steps you can take to reduce your family's exposure.

■ **Be strategic:** The Environmental Working Group maintains online lists of the “Dirty Dozen” (most contaminated) and “Clean Fifteen” (least contaminated) produce items.

If budget is a concern, prioritize buying organic versions of the highest-risk items.

You don't have to go completely organic — small changes can make a difference.

■ **Wash produce:** Even conventional produce benefits from thorough washing, which can remove some pesticide residues.

■ **Support local farmers:** Shop at farmers markets and get to know growers who are working to reduce their pesticide use and support community health. Many smaller farms use fewer chemicals even if they're not certified organic.

■ **Be heard:** Consumer demand drives market changes.

When stores see people choosing organic or low-pesticide options, they stock more of them.

■ **Contact your representatives** about supporting research into pesticide safety and policies that protect public health while supporting farmers.

■ **Don't stress:** Small steps toward reducing exposure are worthwhile, and the most important thing is eating plenty of fruits and vegetables — even conventionally grown produce is far better than processed foods.

Don't demonize

The goal isn't to create fear or demonize farming communities but to have honest conversations about how we can make our food system even safer while supporting the hard-working people who feed us.

Scientific research has led to significant changes in policies affecting our health. For example, lead and asbestos were removed from the marketplace and health effects from tobacco were highlighted and its sale restricted.

These changes were each vigorously resisted by powerful industries that used their resources to oppose research demonstrating harm, to discredit those who spoke against them, to exaggerate potential economic harm from restricting these products, and to lobby policymakers — not unlike what is happening today with our agricultural manufacturers.

They provide both a cautionary tale and a glimmer of hope that we can make societal changes to improve the health of our communities.

■ *The writer, who lives in Onancock, holds a Ph.D. in neuroscience from Virginia Commonwealth University. He is the science program chair at Eastern Shore Community College.*

Voting for Democrats is voting for families, small businesses

To the editor:

I was holding a sign at the main intersection on Chincoteague Island a few weeks ago. It read, “Vote! Like Democracy Matters.”

A man in a pickup truck stopped for the red light and asked what was going on.

I explained briefly that this was a pro-democracy demonstration and we were trying to call people's attention to the fact that democracy and the rule of law were under attack by the Trump administration.

The man asserted that we should not be doing this because Chincoteague was “a family place.”

He said people didn't want to see things like this — it would keep people away and be bad for business.

I wish there had been more time to talk because the man seemed genuinely concerned about the welfare of his community, which depends so heavily on tourism.

Perhaps he shouldn't have worried because the majority of passing motorists that day were enthusiastically “honking for democracy,” and only a relative few were expressing opposition (sometimes with obscene gestures).

With more time, I could have told him that we were not at all against families or small businesses — quite the opposite.

We strongly support all the things that make for loving and healthy families, such as adequate medical care at all stages of life, childcare for working families, childhood education at all levels, sensible gun legislation that can make our schools safer, due process (not to mention basic humane treatment) for the vast majority of immigrant families who have not committed serious crimes, and favoring small businesses over big corporations.

Since the Republicans seem opposed to these family-friendly and small business-oriented policies, I will be voting in November for Democrats: Abigail Spanberger, Ghazala Hashmi, Jay Jones, and Liz Richardson.

They will be good for democracy and for the families and businesses of the Eastern Shore. Perhaps my friend in the pickup truck would consider voting for that family-friendly Democratic ticket.

David Jones
Greenbackville

Re-electing Jason Miyares 'is critical to Virginia's future'

To the editor:

Re-electing Attorney General Jason Miyares is critical to Virginia's future. For almost four years now, Miyares has been a steadfast protector of Virginia citizens.

Miyares has remarkable results in reducing crime. His Operation Ceasefire, a community intervention and aggressive prosecution initiative against violent offenders, led to a 33% decline in murder rates and a 66% reduction within targeted Ceasefire cities.

Miyares' One Pill Can Kill campaign raised awareness about fentanyl, contributing to a 46% decline in overdose deaths — more than double the national average.

Miyares also helped secure over \$1.1 billion in national opioid settlements, holding big pharma accountable and funding addiction recovery programs.

He finalized an \$80 million settlement against polluters whose products contaminated the Chesapeake Bay and its fisheries.

To combat human trafficking, he secured a federal grant to curb youth labor and sex trafficking while proposing to expand law enforcement training and his authority to go after organized crime linked to trafficking.

To establish fairness in housing, he secured the largest fair housing jury award in Virginia history.

Miyares' bold partnership with law enforcement ensures they have the resources and support to keep our communities safe.

In sharp contrast, the previous Democrat administration faced criticism for encouraging sanctuary cities, defunding the police, and restricting parental rights.

Re-electing Attorney General Miyares, along with Republicans Winsome Earle-Sears for Governor and John Reid for Lt. Governor, will ensure that Virginia remains safe and prosperous.

Joe Devaney
Onancock

ENTERTAINMENT

Eastern Shore Post

Friday, September 5

- **WALKING GROUP:** 9 to 10 a.m., Island Community House, 6246 Mumford St., Chincoteague. Island Community House hosts a weekly walking group.
- **HOT DOG CART:** 11 a.m. to 1:30 p.m., No Limits Eastern Shore, 24546 Coastal Blvd., Tasley. No Limits will have its hot dog cart open.
- **DINNER SALE:** noon to 7 p.m., Adams United Methodist Church, 23532 Lee Mont Road, Parksley. The church's action committee is hosting a back-to-school dinner sale. Dinners include pigs feet, whole wings, shrimp and fish, or a fish sandwich. Meals come with two sides. Sides include mac and cheese, turnip greens, potato salad, fried cabbage, candied yams, corn pudding, or shrimp pasta salad. The church will also be giving away school supplies with each dinner sold.
- **SUB SALE:** 5 to 7:30 p.m., Great Pocomoke Fairgrounds, 2037 Broad St., Pocomoke City. The fair is holding a sub sale. The menu includes cheesesteak sub meals, cheeseburger sub meals, and chicken tender meals. Meals come with fries and a drink. To place orders or schedule a pickup time call 410-422-7203.
- **STREET FAIR:** 5:30 to 8 p.m., Bank Ave., Exmore. Exmore's First Friday Artisan Fair features artisans, crafters, food vendors, and extended hours for businesses in town.
- **GARDEN TOUR:** 6 p.m., Ker Place, 69 Market St., Onancock. Julie Cardinale and Doris Gebel, Virginia Master Gardeners, will deliver a lecture on how Agnes Ker may have used her herb garden when she lived at Ker Place in the early 1800s. The lecture will include a hands-on demonstration.
- **LIVE MUSIC:** 6 to 9 p.m., Cape Charles Brewing Company, 2198 Stone Road, Cape Charles. Clara and Company perform live.

Best bets

- **Saturday, Sept. 6, at 7 p.m.** Tell Me Lies will take the stage for the final Concert in the Park of the season at Cape Charles Central Park. Food and drinks will be available for purchase. Bring a blanket or chair.
- **Thursday, Sept. 11, at 11 a.m.** Cape Charles American Legion Post 56 will host a Patriot Day and 9/11 Remembrance Ceremony at the Cape Charles War Memorial.

■ **LIVE MUSIC:** 6 to 9 p.m., The Blarney Stone Pub, Onancock. Dee Irving performs live.

Saturday, September 6

- **FISHING TOURNAMENT:** 6 a.m. to 4 p.m., Onancock Wharf, Onancock. The Eastern Shore of Virginia Anglers Club is hosting its annual Onancock Bay Challenge. The entry fee for adults is \$25, kids 15 and under are free. For more information visit <https://tinyurl.com/m269shh3>
- **YARD SALE:** Gates open 7 a.m., Great Pocomoke Fair, 2037 Broad St., Pocomoke City. A community yard sale is being hosted at the fairgrounds. Food will be available for purchase. Spaces are available for sellers for \$10, or \$20 with a table. To reserve a space contact Julie at 443-683-2833.
- **YARD SALE:** From 7 a.m. to 2 p.m. the Town of Saxix will hold its annual town-wide yard sale and the Sammy Marshall Antique Truck and Car Show. The car show will run from 10 a.m. to 1 p.m. There will also be an open house at the Saxix Island Museum. For more information call Mayor Denise Drewer at 757-710-4747.
- **FISHING DAY:** Registration opens 7:30 a.m., event starts 8:30 a.m. Eastern Shore Yacht and Country Club, 14421 Country Club Road, Melfa. This C.A.S.T. For Kids event gives special needs children ages 6 and up an opportunity to be paired with a volunteer boater for two to three hours of fishing. Fishing will be followed by a lunch and awards ceremony. Children will be given fishing equipment to take home. Children must be accompanied by a guardian at all times. Registration is required. Contact Ben Proffitt at 434-906-2047 or by email at easternshore@castforkids.org.
- **BIRDING FIELD TRIP:** Birding Eastern Shore is offering tours out of Wachapreague to the barrier islands. Captain Meriwether Payne will lead an on-the-water birding tour in honor of World Shorebird Day. Tours will be offered from 8 a.m. to 11 a.m., 11:30 a.m. to 2:30 p.m., and 3 to 6 p.m. The cost is \$20 per participant. To register call Payne at 757-710-2454.
- **FARMERS MARKET:** 9 a.m. to noon, corner of Market and Ames St., Onancock. Shop for local produce, meats, seafood, baked goods, and artisan wares.

- **THRIFT STORE:** 9 a.m. to noon, Grace United Methodist Church, Parksley. The church is hosting a clothing thrift shop.
- **FARMERS MARKET:** 9 a.m. to 1 p.m., Chincoteague Cultural Alliance, 6309 Church St., Chincoteague. Shop for local produce, seafood, baked goods, and arts and crafts, and enjoy live music.
- **FARMERS MARKET:** 9 a.m. to 1 p.m., Cape Charles Museum, Cape Charles. The museum is hosting a farmers market and yard sale. Spaces can be rented for a \$25 donation to the museum. Text 757-678-2352 to reserve a space.
- **FARMERS MARKET:** 9 a.m. to 1 p.m., Small's Barbecue, 22512 Lankford Highway, Cape Charles. Small's will host a farmer's market every Saturday. Finger food and drinks will be served.
- **STEAM DAY:** 10 a.m. to 1 p.m., Mary N. Smith Cultural Enrichment Center, 24577 Mary N. Smith Road, Accomac. The Mary N. Smith Alumni Association is hosting a Science, Technology, Engineering, Arts/Agriculture, and Math Community Day. There will be hands-on activities and family fun designed to ignite kids' interest in STEAM. Food will be available for purchase.
- **FESTIVAL:** 10 a.m. to 2 p.m., Virginia Welcome Center, New Church. The Fall in Love with Virginia event will feature face painting, a touch tank, games, free food samples, raffles, and free family fun.
- **BACK-TO-SCHOOL EVENT:** 10 a.m. to 5 p.m., Shorter's Chapel, 10228 Bayside Road, Machipongo. The church is hosting a Back in School event to help students start the year strong. There will be school supply

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Be included

The Eastern Shore Post wants your listings for live music, theatrical performances, carnivals, special events, and anything else that is just plain fun. Send to editor@easternshorepost.com

Important standing meetings and emergency numbers for the Eastern Shore

■ **ALCOHOLICS ANONYMOUS:** For meetings in Accomack and Northampton, visit www.aaeasternshoreva.org or call 757-350-0466.

■ **AL-ANON:** For more on Al-Anon, a group of relatives and friends of alcoholics. visit www.vaalanon.org/districts/district-7-eastern-shore

■ **OVEREATERS ANONYMOUS:** Group meets every Wednesday at Rock Church, 27112 Lankford Highway, Onley. Call 757-999-6771.

■ **COALITION AGAINST DOMESTIC VIOLENCE:** All-day, every-day hotline for those impacted by domestic violence or sexual assault: 757-787-1329.

■ **SUICIDE HOTLINE:** If you are having thoughts of suicide or know someone at risk, call 988. Call the local 24-hour hotline at 757-442-7707 or 800-764-4460.

Calendar

(Continued from page 14)

giveaways, health and wellness checks, activities, a mobile library, and educational resources.

■ **STORYTIME AND PLAY LITERACY:** 10:30 a.m., Eastern Shore of Virginia Regional Library, Parksley. Kids 5 and under can hear a story and engage in play literacy.

■ **DINNER FUNDRAISER:** 5 to 7 p.m., Chincoteague American Legion Post 159, 4023 Main St., Chincoteague. The legion auxiliary is hosting a fried chicken dinner fundraiser. Plates include fried chicken, green beans, mashed potatoes, gravy, a roll, and homemade desserts. Dinners are \$10 each. Dine in or carry out are available.

■ **LIVE MUSIC:** 5 to 8 p.m., Cape Charles Brewing Company, 2198 Stone Road, Cape Charles. Mark Calhoon performs live.

■ **COMMUNITY POTLUCK:** 6 p.m., Cape Charles Central Park, Cape Charles. Prior to the last Concert in the Park of the season, a community potluck will be hosted in the park. Hot dogs, hamburgers, and Beyond Burgers will be provided. The community is encouraged to bring a main dish, side, or dessert to share. RSVP to admin.events@capecharles.org.

■ **LIVE MUSIC:** 6 to 8 p.m., Great Machipongo Clam Shack, 6468 Lankford Highway, Nassawadox. Urban Flamingo performs live.

■ **LIVE MUSIC:** 6 to 9 p.m., The Blarney Stone Pub, Onancock. Emily Guemple performs live.

■ **LIVE MUSIC:** 7 p.m., Cape Charles Central Park, 301 Plum St., Cape Charles. Tell Me Lies performs as part of the Summer Concerts in the Park series. Food and drinks will be available for purchase. Bring a blanket or chair.

■ **LIVE MUSIC:** 7 to 10 p.m., The Onancock Taphouse, Onancock. The Southern Fog Band performs live.

■ **LIVE MUSIC:** 7 to 10 p.m., Cypress Roots Brewing Company, Pocomoke City. Neal Hooks and Gabe Resto perform live.

Sunday, September 7

■ **FUNDRAISING CRUISE:** Noon to 2 p.m., Curtis Merritt Harbor, 2246 Curtis Merritt Harbor Drive, Chincoteague. Da-isey's Island Cruises will host a fundraising cruise for the American Legion Auxiliary of Chincoteague aboard the Martha Lou. Light fare and bottled water will be provided.

ed. Cruisers can also bring their own drinks and food. The cost is \$65 per person. Visit <https://tinyurl.com/3u8y3sct> for tickets.

■ **LIVE MUSIC:** 1 to 4 p.m., Cape Charles Brewing Company, 2198 Stone Road, Cape Charles. The Music Circle is a weekly open mic/jam session that raises money for charity. Tips and a portion of beer sales will be donated to the Eastville Volunteer Fire Company.

■ **SPECIAL SERVICE:** 6 p.m., Cheriton United Methodist Church, 21309 S. Bayside Road, Cheriton. The 12th annual Sunday of Hope service will feature special music and encouragement to have hope in the fight against cancer. Luminaria will light the church in honor or memory of those who have battled cancer. To donate a luminaria contact Cheli West at 757-646-8451.

Monday, September 8

■ **LIBRARY CARD SIGN-UP:** 9 a.m. to 5 p.m., Eastern Shore of Virginia Regional Library in Parksley. Celebrate the second anniversary of the library's move to Parksley. Sign up for a library card and get sweet treats.

■ **GAMES:** 1 to 4 p.m., Island Community House, 6246 Mumford St., Chincoteague. Play games with others at Island Community House.

Tuesday, September 9

■ **VETERANS CAFÉ:** 8:30 to 10 a.m., American Legion Post 159, 4023 Main St., Chincoteague. Veterans and active military members are invited to a free breakfast.

■ **MEETING:** 9 a.m., Eastern Shore Community Services Board Administrative Office, 24233 Lankford Highway, Tasley. The CSB will hold its regular monthly meeting.

■ **VETERANS AFFAIRS:** 9 a.m. to noon, American Legion Post 56, Cheriton. A rep-

resentative from the Virginia Department of Veterans Services will be on hand to help veterans understand their benefits.

■ **STORYTIME:** 10:30 to 11:30 a.m., Delmarva Discovery Museum, Pocomoke City. The Worcester County Library will host storytime at the museum. There will be stories, songs, and crafts that center around one of the museum's animal residents.

■ **VETERANS COMMITTEE:** Noon to 1:30 p.m., American Legion Post 56, Cheriton. The Veterans Support Committee is designed to share resources and determine veteran needs. A light lunch will be provided. Family members are welcome.

■ **SUPPORT GROUP:** 1 p.m., Eastern Shore of Virginia Regional Library in Parksley. Women Supporting Women is hosting a support group for survivors and those living with breast cancer. This group is designed to provide support and connection for those at all stages of the breast cancer journey.

■ **AROMATHERAPY:** 2 to 3 p.m. and 6 to 7 p.m., Nature's Spirit, 43 King St., Onancock. Distinctive Aromatherapy by Doreen is hosting an aroma talk to share information about essential oils and aromatherapy. To reserve a seat call or text 321-632-1221.

■ **VOLUNTEER TRAINING:** 3 to 5 p.m., UVA Coastal Research Center, 6364 Cliffs Road, Cape Charles. Volunteers will learn how to use a mobile app to log data as part of the Catch the King Event. This annual event measures the impact of king tides. To register visit <https://tinyurl.com/3p4jzxhb>

■ **TEEN GAMING NIGHT:** 5 to 6:30 p.m., Eastern Shore of Virginia Regional Library in Parksley. Teens can enjoy puzzles, video games, board games, and crafts. Teens can make suncatchers.

■ **YARN CLUB:** 5:30 to 7:30 p.m., Eastern Shore of Virginia Regional Library in Parksley. Bring crochet and

knitting projects and socialize with other crafters.

■ **LECTURE:** 6 p.m., Museum of Chincoteague Island, 7125 Maddox Blvd., Chincoteague. Nancy Ferguson will give a lecture about Hog Island Sheep. Call 757-336-6117 to reserve a seat.

■ **LEGIONNAIRES MEETING:** 6 p.m., American Legion Post 56, Cheriton. The legion will hold its monthly meeting. Light refreshments will be served.

■ **LECTURE:** 6 p.m., Eastern Shore of Virginia Regional Library, Parksley. Laura Smith of Sunday Historical is hosting a lecture about Laura Lewis, who owned Cape Charles' African American Saloon and Pool Parlor, which was established in 1886.

■ **ICE CREAM SOCIAL:** 7 to 8 p.m., Cheriton Baptist Church Fellowship Hall, 21291 N. Bayside Road, Cheriton. Middle and high school students ages 12 to 18 can visit the church for a back-to-school ice cream social.

Wednesday, September 10

■ **THRIFT STORE:** 9 a.m. to noon, Grace United Methodist Church, Parksley. The church is hosting a clothing thrift shop.

■ **FARMERS MARKET:** 9 a.m. to 1 p.m., Chincoteague Cultural Alliance, 6309 Church St., Chincoteague. Shop for local produce, seafood, baked goods, and arts and crafts, and enjoy live music.

■ **TECH HELP:** 10 a.m. to 5 p.m., Northampton Free Library, Nassawadox. Bring devices such as laptops, phones, or tablets to the library and get help from library staff.

■ **PUZZLE RACE:** 6 p.m., Island Community House, 6246 Mumford St., Chincoteague. Compete solo or with a partner in a puzzle race. The team with the fastest solve wins a

(Continued on page 16)



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Calendar

(Continued from page 15)

prize. All teams keep the puzzle. The cost is \$20 per team. To register visit <https://tinyurl.com/ICH-puzzle>

■ **LIVE MUSIC:** 6 to 9 p.m., The Blarney Stone Pub, Onancock. Sweet Sunshine performs live.

■ **REVIVAL:** 7 p.m., Harvest Time Deliverance Center, 36228 Seaside Road, Painter. The church is hosting a three-night revival. The revivalist will be Bishop Brehon Hall of Greater New Psalmist Church in Toledo, Ohio.

Thursday, September 11

■ **MEMORIAL:** 11 a.m., Cape Charles Veterans War Memorial, Cape Charles. American Legion Post 56 is hosting a Patriot Day and 9/11 Remembrance Ceremony.

■ **QUICK DRAW CONTEST:** Registration starts at 12:30 p.m., event 1 to 4 p.m., Robert Reed Downtown Waterfront Park, Chincoteague. Chincoteague Cultural Alliance's annual Quick Draw Contest will take place as part of the 22nd annual Plein Air event. Artists will paint from 1 to 3 p.m., prizes will be awarded, and paintings will be on sale until 4 p.m. Any artist may participate. Artists can register on site at 12:30 p.m. Registration is \$5.

■ **GAMES:** 2 to 4 p.m., Island Community House, 6246 Mumford St., Chincoteague. Play games with others at Island Community House.

■ **LIVE MUSIC:** 2 to 6 p.m., Ropewalk Chincoteague, 6262 Marlin St., Chincoteague. Fil Rhythm performs live.

■ **FARMERS MARKET:** 3 to 6 p.m., Captain's Cove Marina Restaurant parking lot, 3323 Dock Court, Greenbackville. Shop for fresh produce, baked goods, meat, crafts, and more.

■ **TEEN CREATIVE WRITING:** 5:30 p.m., Eastern Shore of Virginia Regional Library in Parksley. Teens can learn real-world writing skills and practice their creativity during this workshop. September's focus will be dialogue.

■ **ADULT CRAFT:** 6 p.m., Northampton Free Library, Nassawadox. Adults can learn to make decoupage memory boxes. To register call the library at 757-414-0010.

■ **DANCE LESSONS:** 6 to 7 p.m.. The Oyster Farm, Cape Charles. Ballroom and More on the Eastern Shore is hosting

Eastern Shore class reunions

■ The Arcadia High School Class of 1985 is hosting its 40th class reunion on Saturday, Sept. 13, from 6 to 9 p.m. at Off the Rails in Parksley. For more information contact Aretha Watson at 770-856-7830 or atwatson26@gmail.com, Steve Norman at sdnorman06@gmail.com, or Barry Watson at barren@bwatsoncpas.com.

■ The Chincoteague High School Class of 1975 will hold its 50th class reunion on Saturday, September 20, and Sunday, September 21. On Saturday, there will be an island cruise, dinner, and a special event. On Sunday, at 1 p.m. a ceremony will be held at Veteran's Memorial Park to honor classmates who have passed away. For more information contact Mona at 757-894-5229.

■ The Northampton High School Class of 1975 will host its 50th class reunion on Oct. 4 at the Oyster Farm in Cape Charles. For more information or to register contact Sherry Williams Spady at 703-473-9967, Margie LeCato Hyslop at 301-806-8225, or Mary A. Mitchell, 757-710-5072

■ The Northampton High School Class of 1973 is having a class reunion Friday, Oct. 10, from noon to 6 p.m. at the Eastville Fire Hall and Saturday, Oct. 11, from 5 to 10 p.m. at the Island House restaurant in Wachapreague. The cost is \$75 per person. Call Claudette Hyslop Davis at 240-351-6888, Glenda Harmon at 757-607-6140, or Anthony Dunton at 757-647-1902.

■ The Nandua High School Class of 1986 will hold its 40th class reunion the weekend of June 12, 2026. For more information, visit the class Facebook group or call 757-710-2489.

■ The Arcadia High School Class of 1996 is gauging interest in a reunion. Classmates are encouraged to visit the Arcadia High Firebirds Facebook page at <https://tinyurl.com/4ban8xya> to vote on how big they want the reunion to be.

■ **The Eastern Shore Post wants your announcements for class reunions. They will run in this space each week at no charge leading up to the reunion date. To include your class reunion, email the information to editor@easternshorepost.com**

a dance lesson. The cost is \$5. Dancers of all ages and skill levels are welcome. Dancers should wear appropriate shoes and bring water.

■ **INTERNATIONAL MOVIE:** 7 p.m., Roseland Theatre, Onancock. Onancock International Films presents "The Penguin Lessons." Tickets are \$8.

■ **REVIVAL:** 7 p.m., Harvest Time Deliverance Center, 36228 Seaside Road, Painter. The church is hosting a three-night revival. The revivalist will be Bishop Brehon Hall of Greater New Psalmist Church in Toledo, Ohio.

Friday, September 12

■ **BUTTERFLY WALK:** 10 to 11:30 a.m., Eastern Shore of Virginia National Wildlife Refuge, 32205 Seaside Road, Cape Charles. Take a walk along the refuge's butterfly trail and learn about the butterflies that visit the park.

■ **NATURE WALK:** 10:30 a.m., The Nature Conservancy's Brownsville Preserve, Nassawadox. Kids 5 and up can enjoy a hike and nature journaling.

■ **FOOD DISTRIBUTION:** 11 a.m. to 1 p.m., Franktown United Methodist Church, 7551 Bayside Road, Franktown. The church is hosting a foodbank food distribution.

■ **FUNDRAISER DINNER:** Doors open 5 p.m., dinner served 6:30 p.m., American Legion Post 56, 21210 N. Bayside Road, Cheriton. The legion is hosting a 9/11 Commemorative Dinner. There will also be a silent auction. The menu will be steak, baked potato, broccoli, salad, a roll, and dessert. Tickets are \$30 and can be purchased at the legion during operating hours.

■ **STREET FESTIVAL:** 6 to 8 p.m., Ames and West Streets, Onancock. Second Friday returns with a party on Market Street. Faison, a six-piece rhythm and blues band, will perform live. Shops will feature extended hours and restaurants will feature specials.

■ **LIVE MUSIC:** 6 to 8 p.m., Great Machipongo Clam Shack, 6468 Lankford Highway, Nassawadox. The Lowlanders perform live.

■ **LIVE MUSIC:** 6 to 9, The Blarney Stone Pub, 10 North St., Onancock. Brandon Bower performs live.

■ **LIVE MUSIC:** 6:30 to 8:30 p.m., Lemon Tree Gallery, 301 Mason Ave., Cape Charles. Tidewater Bluegrass Revival performs live.

■ **REVIVAL:** 7 p.m., Harvest Time Deliverance Center, 36228 Seaside Road, Painter. The church is hosting a three-night revival. The revivalist will be Bishop Brehon Hall of Greater New Psalmist Church in Toledo, Ohio.

■ **LIVE MUSIC:** 7 to 10 p.m., Sunset Beach Bar and Grill, Cape Charles. Melinda and the Speakeasies perform live.

Saturday, September 13

■ **THRIFT STORE:** 8 to 11 a.m., Smith Chapel Methodist Church, Quniby. The church will have its thrift store open.

■ **PANCAKE BREAKFAST:** 8 a.m. to noon, Mears Memorial United Methodist Church, 18186 Second St., Keller. The church is hosting a pancake breakfast fundraiser for Christmas gifts for Eastern Shore Coalition Against Domestic Violence families. Takeout is available.

■ **BIRDING FIELD TRIP:** 8:30 a.m., Edward S. Brinkley Nature Preserve, 20001 Seaside Road, Cape Charles. Joette Borzick and Maggie Long are leading a field trip to search for fall migratory birds. The preserve features a diversity of birding habitat. This program is free and open to the public. Participants should be prepared for bugs, sun, and weather. To register email vabirdmom@gmail.com.

■ **MEETING:** 9 a.m., Antioch Baptist Church, 8181 Bannister St., Treherneville. The Eastern Shore Conference of Baptist Clergy will meet. Rev. Jeffrey Smith of New Mount Calvary Baptist Church in Exmore will present a workshop on church polity.

■ **POKER RUN:** Registration 9 to 11 a.m., Cape Charles Brewing Company, Cape Charles. Chincoteague Police Department's annual Poker Run kicks off in Cape Charles. There will be additional stops at The Shanty in Cape Charles, The Blarney Stone in Onancock, Off the Rails in Parksley, and Don's Seafood in Chincoteague. The cost is \$35 per person and includes a T-shirt, food, a pin, a poker hand, and door prizes. The ride will end with a block party, live music, and a live auction at 3 p.m.

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Calendar

(Continued from page 16)

■ **FARMERS MARKET:** 9 a.m. to noon, corner of Market and Ames St., Onancock. Shop for local produce, meats, seafood, baked goods, and artisan wares.

■ **CARS AND COFFEE:** 9 a.m. to noon, Vaux Hall Farms, 27698 Bobtown Road, Melfa. Every second Saturday Vaux Hall will host Cars and Coffee in its agricultural building.

■ **THRIFT STORE:** 9 a.m. to noon, Grace United Methodist Church, Parksley. The church is hosting a clothing thrift shop.

■ **FARMERS MARKET:** 9 a.m. to 1 p.m., Chincoteague Cultural Alliance, 6309 Church St., Chincoteague. Shop for local produce, seafood, baked goods, and arts and crafts, and enjoy live music.

■ **FARMERS MARKET:** 9 a.m. to 1 p.m., Small's Barbecue, 22512 Lankford Highway, Cape Charles. Small's will host a farmer's market every Saturday. Finger food and drinks will be served.

■ **PET ADOPTION:** 10 a.m., Onancock Elks Lodge, 22454 Front St., Accomac. Adopt Wellness is a community event promoting mental wellness through the healing power of pets. Eastern Shore Regional Animal Control Facility will be on site with adoptable pets. There will be mental health and suicide prevention resources from the CSB, a free lunch, resources and giveaways from local organizations, and activities for all ages.

■ **CAR SHOW:** 10 a.m. to 2:30 p.m., Atlantic Volunteer Fire Company, 10071 Atlantic Road, Atlantic. The fire company and Eastern Shore Cruisers are host-

ing a fundraiser car and truck show. There will also be door prizes, a 50/50 raffle, food and drink for sale, and rescue demonstrations.

■ **STORYTIME AND PLAY LITERACY:** 10:30 a.m., Eastern Shore of Virginia Regional Library, Parksley. Kids 5 and under can hear a story and engage in play literacy.

■ **MUSIC FESTIVAL:** 2 to 7 p.m., Cape Charles Central Park, Cape Charles. The Crabby Blues Festival will bring live music, food vendors, artisan and craft vendors, and kids activities, all for free.

■ **CONCERT:** 4 p.m., Hungars Episcopal Church, 10107 Bayside Road, Machipongo. Pershing's Own United States Army Chorus Alumni will perform a fundraising concert for the Northampton High School and Middle School choral program.

■ **LIVE MUSIC:** 5 to 8 p.m., Cape Charles Brewing Company, 2198 Stone Road, Cape Charles. Paul Brion performs live.

■ **LIVE MUSIC:** 5:30 to 9:30 p.m., Bluffin Bungalows and Marina, 2477 Main St., Chincoteague. The Mercury Agenda performs live.

■ **LIVE MUSIC:** 6 to 8 p.m., Great Machipongo Clam Shack, 6468 Lankford Highway, Nassawadox. BK and Eddy Dixon perform live.

■ **ART SHOW:** 6 to 9 p.m., Chincoteague Center, 6155 Community Drive, Chincoteague. The Chincoteague Cultural Alliance's 22nd annual plein air art show, reception, and sale will feature the work of over 60 artists who will spend from Sept. 6 to Sept. 13 painting outdoors on Chincoteague. Meet the artists and see their work. Admission is free. There will be appetizers and sweets, as well as a cash bar.

■ **LIVE MUSIC:** 6 to 9 p.m., The Blarney Stone Pub, Onancock. Crescent Moon performs live.

■ **LIVE MUSIC:** 6 to 10 p.m., Chincoteague Caribbean Bar and Grill 4121 Main St., Chincoteague. The Great Chasers perform live.

Sunday, September 14

■ **FISH FRY:** 3 p.m., Giddens' Do Drop Inn, 8204 Bayford Road, Franktown. The Northampton Branch of the NAACP is hosting a fish fry called Boots on the Ground: Kicking up Peace, Love, Justice, and Equality. The event will feature giveaways, live music, food, and beverages. There will also be on-site voter registration. This is a free event.

■ **LIVE MUSIC:** 4 to 6 p.m., E and O Pub, 133 Mason Ave., Cape Charles. Brian Irminger performs live.

■ **LIVE MUSIC:** 1 to 4 p.m., Cape Charles Brewing Company, 2198 Stone Road, Cape Charles. The Music Circle is a weekly open mic/jam session that raises money for charity. Tips and a portion of beer sales will be donated to the Eastville Volunteer Fire Company.

Monday, September 15

■ **GAMES:** 1 to 4 p.m., Island Community House, 6246 Mumford St., Chincoteague. Play games with others at Island Community House.

Tuesday, September 16

■ **COFFEE TALK:** 10 a.m., Island Community House, 6246 Mumford St., Chincoteague. This month's Coffee Talk involves a caper. A letter has arrived from Sherlock Holmes and the attendees at Coffee Talk must read clues, debate theories, and solve a classic mystery. To RSVP call 757-349-9969.

■ **FARMERS MARKET:** 3 to 6 p.m., Riverside Shore Memorial Hospital, Onley. The Onancock Market is hosting a mid-week food market the first and third Tuesday of the month with 100% local vendors.

■ **TEEN GAMING NIGHT:** 5 to 6:30 p.m., Eastern Shore of Virginia Regional Library in Parksley. Teens can enjoy puzzles, video games, and board games.

■ **BINGO:** 5:30 p.m., Eastern Shore of Virginia Regional Library in Parksley. Play bingo at the library for a chance to win prizes.

■ **YARN CLUB:** 5:30 to 7:30 p.m., Eastern Shore of Virginia Regional Library in Parksley. Bring crochet and knitting projects and socialize with other crafters.

■ **LECTURE:** 6 p.m., Museum of Chincoteague Island, Chincoteague. The museum will be screening the documentary "Tides of Tradition." Made to commemorate the 100th anniversary of the annual Pony Swim, the movie highlights the heritage of the island. Tickets are \$8 for non-museum members. Museum members are free. Call 757-336-6117 to reserve a seat.

■ **BOOK CLUB:** 7 p.m., Chincoteague Island Library, 4077 N. Main St., Chincoteague. The Island Readers Book Club meets on the third Tuesday of each month. This month's read is "The Book of Lost Names," by Kristin Harmel. Snacks and beverages will be served.

Wednesday, September 17

■ **FARMERS MARKET:** 9 a.m. to 1 p.m., Chincoteague Cultural Alliance, 6309 Church St., Chincoteague. Shop for local produce, seafood, baked goods, arts and crafts, and live music.

■ **SENIOR BINGO:** 10 a.m. to noon, Mary N. Smith Cultural Enrichment Center, 24577 Mary N. Smith Road, Accomac. Those 55 and up can play bingo. There will be prizes and light refreshments.

■ **CHILDRENS NATURE PROGRAM:** 10 a.m. to noon, Delmarva Discovery Museum, Pocomoke City, During Toddlers with Beavers,

(Continued on page 18)



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Calendar

(Continued from page 17)

kids can learn about beavers, explore a beaver dam, and make a beaver craft. The cost is \$10 for kids and \$5 for adults in advance. Day-of tickets are \$12 for kids and \$7 for adults. Museum members get in free.

■ **COMMUNITY MEETING:** 10 a.m. to noon, Eastern Shore Coalition Against Domestic Violence, 12 Hartman Ave., Onancock. The coalition is hosting a Coordinated Community Response Meeting. A Community Response Team unites the community and professionals to craft and implement strategies to prevent and respond to sexual assault and domestic violence. Lunch will be provided.

■ **TECH HELP:** 10 a.m. to 5 p.m., Northampton Free Library, Nassawadox. Bring devices such as laptops, phones, or tablets to the library and get help from library staff.

■ **MEMORY CAFE:** 1:30 to 3 p.m., Eastern Shore of Virginia Regional Library in Parksley. Caregivers and those living with brain changes can participate in a social engagement hosted by trained facilitators.

■ **LIVE MUSIC:** 6 to 9 p.m., The Blarney

Stone Pub, Onancock. Joe Crowdog performs live.

Thursday, September 18

■ **BOOK CLUB:** 1 p.m., Naomi Makemie Presbyterian Church, 89 Market St., Onancock. The Local Book Club will meet. This month's selection is a mystery book of the reader's choice.

■ **GAMES:** 2 to 4 p.m., Island Community House, 6246 Mumford St., Chincoteague. Play games with others at Island Community House.

■ **LIVE MUSIC:** 2 to 6 p.m., Ropewalk Chincoteague, 6262 Marlin St., Chincoteague. Fil Rhythm performs live.

■ **FAMILY GAME NIGHT:** 4:30 to 5:45 p.m., Eastern Shore of Virginia Regional Library in Parksley. Families can enjoy board games, cards, and puzzles.

■ **KIDS ART:** 6 p.m., Northampton Free Library, Nassawadox. Kids can design their own pasta necklaces.

■ **DANCE LESSONS:** 6 to 7 p.m., Holy Trinity Episcopal Church, Onancock. Ballroom and More on the Eastern Shore is hosting a dance lesson. The cost is \$5. Dancers of all ages and skill levels are welcome. Dancers should wear appropriate shoes and bring water.

Friday, September 19

■ **BOOK SALE:** 10 a.m. to 4 p.m., corner of Mason Avenue and Pine Street, Cape Charles. The Friends of Cape Charles Memorial Library are hosting a book sale.

■ **CRAFT:** 11 a.m., Eastern Shore of Virginia Regional Library in Parksley. Adults can learn how to make a decoupage memory box.

■ **HOT DOG CART:** 11 a.m. to 1:30 p.m., No Limits Eastern Shore, 24546 Coastal Blvd., Tasley. No Limits will have its hot dog cart open.

■ **LIVE MUSIC:** 5 to 8:30 p.m., Historic Onancock School, 6 College Ave., Onancock. Fil Rhythm Band and Irie Tree Band will play the pavilion at the Historic Onancock School.

■ **LECTURE:** 6 p.m., Ker Place, 69 Market St., Onancock. Stephen Bilicki will deliver a lecture called "Sailing to Soaring: Marine and Aviation Ingenuity of the Mid-Atlantic. Bilicki will share historical and archaeological records. This event is free and open to the public.

■ **LIVE MUSIC:** 6 to 9 p.m., The Blarney Stone Pub, Onancock. Paul J. Parks performs live.

■ **LIVE MUSIC:** 6 to 9 p.m., Cape Charles Brewing Company, 2198 Stone Road, Cape Charles. Willie C. and the Blues Band perform live.

■ **ART AUCTION:** 6 to 9 p.m., Island Community House, 6246 Mumford St., Chincoteague. Island Community House is hosting a social to wrap up its online art auction. Attendees can see the art in person, place bids, and enjoy light refreshments and a cash bar.

Saturday, September 20

■ **FARMERS MARKET:** 9 a.m. to noon, corner of Market and Ames St., Onancock. Shop for local produce, meats, seafood, baked goods, and artisan wares.

■ **FARMERS MARKET:** 9 a.m. to 1 p.m., Chincoteague Cultural Alliance, 6309 Church St., Chincoteague. Shop for local produce, seafood, baked goods, arts and crafts, and live music.

■ **FARMERS MARKET:** 9 a.m. to 1 p.m., Small's Barbecue, 22512 Lankford Highway, Cape Charles. Small's will host a farmer's market every Saturday. Finger food and drinks will be served.

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Session 3: Sunday, Sept. 21	So, What Do You Eat? 1 Entrees Soups Salads
Session 4: Sunday, Sept. 28	So, What Do You Eat? 2 Beans Grains Bowls Sauces
Session 5: Sunday, Oct. 5	So, What Do You Eat? 3 Breads Sandwiches Spreads
Session 6: Sunday, Oct. 12	So, What Do You Eat? 4 Smoothies & Desserts End of Seminar Discussion and Survey

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Voting open for grant to provide free concerts at school

Historic Onancock School is now in the running to bring a free outdoor music series to Onancock starting in 2026.

With funding from the Levitt Foundation — a national social impact funder at the intersection of music, public space, and community building that supports the largest free outdoor concert series in America— Historic Onancock School hopes to qualify as a finalist to receive a Levitt Music Series Grant.

The public is urged to support Historic Onancock School's proposal by participating in the public voting process, via online or text to vote, taking place from Sept. 5 through 15, at levitt.org/vote

Levitt Music Series Grants are an exciting, multi-year matching grant created by the Levitt Foundation to bring the joy of free outdoor concerts to towns and cities across the country.

For the 2026 to 2028 grant cycle, the Levitt Foundation will award U.S.-based 501(c)(3) nonprofits up to \$120,000 over three years (up to \$40,000 per year), to produce their own Levitt Music Series — seven to 10 free outdoor concerts annually featuring a diverse lineup of music genres with professional musicians, activating an underused public space, and creating a vibrant, inclusive community destination for people of all ages and backgrounds.

The Friends of Onancock School submitted the proposal for Onancock to present the free music series at Historic Onancock School's newly built pavilion.

Its proposal is now posted on the Levitt Foundation website, where the public can vote and learn more about the proposals from across the country that have advanced to the voting phase.

An individual may submit one

vote for up to five proposals of their choosing.

There are two easy ways for the public to cast their vote: online at levitt.org/vote or by texting 877-409-5525 with the keyword ONANCOCK.

Reflecting the Levitt Foundation's mission that all Levitt projects are community driven, the public voting phase of the Levitt Music Series Grants selection process is an important way to measure community support.

The number of online and text votes received for Historic Onancock School will be one of the key factors used when the Levitt Foundation determines the grant recipients this November.

Online public voting opens Friday, Sept. 5, at 1 p.m. and ends Monday, Sept. 15, at 8 p.m.

The 50 finalists will be selected through the online and text-to-vote public voting phase.

The Levitt Foundation will then review the top proposals to select the Levitt Music Series Grants recipients, which will be announced on Tuesday, Nov. 18.

"I am thrilled about the bright future ahead and the incredible opportunities we have to bring our community together through diverse events at our beautiful pavilion," said Corey Kavulich, the executive director of Historic Onancock School. "With the support of our amazing community, we are in the running for a grant that would allow us to host free live concerts right here in Onancock. This is a chance to make music, arts, and culture even more accessible to everyone — and your vote can make it happen. Every vote gets us one step closer to securing this exciting grant. Together, let's keep building something special for Onancock."

Historic Onancock School is ask-

ing supporters to spread the word throughout the community to family, friends, colleagues, and neighbors, and to rally the community to vote for the Friends of Onancock School's proposal.

Built in 1921, the historic building was a bustling school until the last graduating class of 1984.

After decades of the building being abandoned, members from the community came together to form the nonprofit, Friends of Onancock School, whose mission is to connect, inspire, and embrace a diverse community through artistic, educational, social, and recreational means to sustain its legacy for future generations.

Now, Historic Onancock School has 24 spaces that house local artists, the Eastern Shore Maritime Museum, Onancock Table Tennis Club, Accomack CommUnity Band, a personal training and fitness club, and several other entrepreneurs and nonprofits.

The meeting rooms are used by many groups, clubs, churches, and other organizations for business meetings, educational classes, cultural events, and social gatherings.

The gallery in the heart of the building also hosts seasonal shows for The Eastern Shore Art League.

Outdoors, Historic Onancock School includes 14 acres of space that is open for the community to enjoy from dawn to dusk.

Soccer fields are used year-round by hundreds of youth as they learn skills, sportsmanship, and teamwork.

There is also the famous hill, which gets plenty of sledgers during the winter months.

Spacious fields are ideal for exercise, dog walking, picnicking, relaxing, and picking up a round of disc golf on the nine-hole course.

The state-of-the-art playground

and gathering space includes an accessible swing area.

The Native Plant Nature Trail, installed and maintained by the Virginia Master Naturalists, is a scenic stretch along Onancock Cree, where people can take a leisurely stroll, learn about local flora, and experience nature. In the middle of this trail, the observation deck overlooking Onancock Creek is ideal for birdwatching.

This historic site and green space are treasures for locals and visitors and serve as a safe and useful gathering place that embraces the cultural heritage of the surrounding community.

The Levitt Foundation is a private family foundation that exists to strengthen the social fabric of America.

The foundation supports changemakers and nonprofits across the country to activate underused public spaces through free outdoor concerts, creating welcoming, joyful, and inclusive destinations where the power of free, live music brings people together, fosters belonging and social connections, creates economic opportunity, and invigorates community life.

Levitt venues and concert sites attract people of all ages and backgrounds and reflect the character of their town or city while benefiting from the framework and best practices of the Levitt program.

In 2025, Levitt Foundation grantees are presenting over 650 free concerts in more than 50 towns and cities across the country, with a total audience of nearly one million people.

In addition to funding free concerts, the Levitt Foundation supports advancing vibrant music ecosystems through research and partnerships. To learn more visit www.levitt.org

OBITUARIES

Eastern Shore Post

Cheryl DeBeaubien

Mrs. Cheryl Lynn Hines DeBeaubien was born Aug. 2, 1957, in Duluth, Minn., 14 months after her big sister, Donna Marie Hines, was born in 1956. Her mom and dad, Don and Bev Hines, and the two little girls lived there for three and a half years.

The family moved to the Eastern Shore when Don was transferred to



Mrs. DeBeaubien

Wallops Island to work for RCA through a contract with NASA after working for RCA for four years in the U.S. Air Force. In 1959, Cheryl and Donna's little brother, Mitchel

Lee Hines, was born in Salisbury, Md. Through the years, the family resided in Pocomoke City, New Church, Mappsville, and Parksley.

People may know that Cheryl had battled cancer for over 10 years. She was always strong willed — even as a child she would say, “No I won’t,” “I don’t want to,” and “You can’t make me.” She became not only a strong prayer warrior for others but also a strong prayer warrior for herself with her husband Scott by her side. Cheryl fought through surgeries, countless hospital stays, and many, many chemotherapy and radiation treatments. Through her long journey, her faith remained strong.

Cheryl had a fun childhood. She learned to swim at the Wallops Island swimming pool with her family cheering her on. They went on family picnics on their way to Ocean City, Md. The greatest joy shared by the Hines family was camping all over the state of Virginia — especially the Shenandoah Valley — and in Washington, D.C.

As a teenager, Cheryl worked many jobs during the summer, including at the ice cream shop, flower nursery, and Pappy's Pizza at Four Corners. After graduating from Parksley High

School in 1976, she followed her father's footsteps and joined the Air Force (he even taught her how to play cribbage so she could fit in with “the guys” at the base). She was stationed at Castle Air Force Base in Merced, Calif., for four years. There she learned what real discipline was and became a sergeant and a very respected airman among her peers. She proudly served her country from 1976 to 1992.

It was during her stay in Denver, Colo., that she met the love of her life, Scott DeBeaubien. Scott and his “Little Country Mouse” married in Denver on Sept. 30, 2000, and he stayed by her side right until the very end. They spent many years ministering together. They moved to California in 2010, where Cheryl, true to her nature, was a caregiver for Scott's mom until she passed away. In 2022, the two finally came back “home” to the Eastern Shore. Side-by-side, they were inseparable during the long nights after chemo treatments. The two played cribbage, an old favorite from her Air Force days, during her many, many infusions. Scott finds great comfort in knowing she is in heaven with her Lord.

Family was everything to Cheryl. Her beautiful blue eyes would light up whenever one of her grandchildren was around. She was a proud mother and would do anything in the world for her children. Cheryl instilled in the next generation all the thoughtfulness and kindness she was taught.

Cheryl was a very sensitive, empathetic, thoughtful person who loved helping others. People seemed to gravitate to her personality and beautiful smile. She never met a stranger and was always kind and loving to everyone. Cheryl loved to witness to others and share her faith in the Lord any chance she could. She found great joy in celebrating her faith with her church family at Covenant Church Chincoteague.

Cheryl is survived by her loving husband, Scott Robert DeBeaubien,

of Atlantic; her father, Donald Edward Hines (Mary Sue Ogburn), of Parksley; her children, Justin Langlois, of Oregon, Jenica Langlois (Brad Knop), of Denver, Colo., Alexander DeBeaubien (Riley DeBeaubien), of San Diego, Calif., and Talya Mollman (Alex Mollman), of Brighton, Colo.; her siblings, Donna McCready (Billy McCready), of Assawoman, and Mitchel Hines (Lynn Hines), of Greenbackville; her grandchildren, Remi DeBeaubien and Frankie DeBeaubien; her sister-in-law, Toni Crichton (Rod); her nieces and nephews, Ross McCready (Meg) and Brittany Fries (Matt); and lots of extended family and friends.

Cheryl was preceded in death by her mother, Beverly Marie Hines, and her niece, Heather Fischer. As much as they will miss her here on Earth, her family is certain that she is dancing in heaven with her mom and Heather.

A celebration of life service is being planned and will be announced once more details are available.

In lieu of flowers, contributions in Cheryl's memory may be made to The Feather Fund, The Community Foundation of Carroll County, 255 Clifton Blvd., Westminster, MD 21158 (checks payable to “The Feather Fund” and please write “In Memory of Cheryl DeBeaubien” in the memo line), <https://www.featherfund.net/donate.html>

Memory tributes may be shared with the family at

www.williamsfuneralhomes.com

Arrangements are by the Williams-Parksley Funeral Home.

Audrey Marsh

Mrs. Audrey Harrison Marsh, 96, was welcomed into the arms of her Lord and Savior on Tuesday, Aug. 26, 2025.

Born Jan. 4, 1929, at the Harrison family home in Cashville, Audrey was raised in a loving Christian home and remained devoted to her faith throughout her life. She graduated from Onancock High School, class of 1946, and



Mrs. Marsh

later dedicated decades of service to the business office at C&P Telephone. A lifelong member of Andrew Chapel United Methodist Church, Audrey was very active

within her church, especially in preparing for its bazaars and bake sales.

Audrey loved with her whole heart, and once you were a part of her life, you always remained special to her. Known for her warmth and generosity, she never let a visitor leave her home empty-handed — most often sending them off with something freshly baked from her kitchen. Cooking, baking, and canning were her joys, and she faithfully shared her gifts with her church family to ensure traditions would continue. The many special friendships shared and the love Audrey received from those who knew her were testament to who she was and a reflection of the unconditional love she gave.

She was blissfully reunited in heaven with her parents, Milton Oswald Harrison and Estelle Marie Bell Harrison; her first husband, Kenneth Guy Marsh; her second husband, Arthur E. Schlicht; as well as her brothers and their wives, Lloyd Rogers Harrison and Mary, William Harrison and Dot, and Lee Harrison and Jean.

Left to cherish her memory are her devoted son, Dale Marsh, and his fiancée, Donna Callaway, of Cashville; numerous nieces and nephews and their families; extended members of the Marsh and Schlicht families; and her beloved church

(Continued on page 21)

Newspaper obituaries

The Eastern Shore Post accepts obituaries from all funeral homes. Costs of obituaries are determined by length. There is a \$25 additional charge for each head-and-shoulders photograph included. Ask your funeral home to send obituaries to the Post by emailing ryan@easternshorepost.com. Price quotes are available. Call 757-789-7678 with questions.

Obituaries

(Continued from page 20)

family.

Funeral services were held at Andrew Chapel United Methodist Church on Sat., Aug. 30, at 2 p.m., with the Rev. Roland Major officiating. Interment followed in the Fairview Lawn Cemetery.

Contributions in Audrey's memory may be made to Andrew Chapel UMC, c/o Darrell Bays, 11 Onancock St., Onancock, VA 23417.

Memory tributes may be shared with the family at

www.williamsfuneralhomes.com

Arrangements were by the Williams-Onancock Funeral Home.

Sammy Morris

Mr. Joseph Samuel Morris, lovingly known as "Sammy," passed peacefully at his home in Cashville on Aug. 9, 2025, with his devoted wife, Pat, by his side.

A memorial service will be held Saturday, Sept. 6, at 1 p.m. at Doughty Funeral Home, with Danny Shrieves officiating. A reception

will follow at the Elks Lodge #1766 in Accomac.

In lieu of flowers, donations may be made to the American Cancer Society, P.O. Box 6704, Hagerstown, MD

21741 or the Eastern Shore SPCA, P.O. Box 164, Onley, VA 23418 in Sammy's memory.

Online condolences may be sent to the family at www.doughtyfuneralhome.com

Arrangements were made by Doughty Funeral Home in Exmore.

Obituarios en el Post

El Eastern Shore Post acepta obituarios de todas las funerarias. El costo de un obituario está determinado por la cantidad de palabras. Hay un costo adicional de \$25 para incluir una foto. Envíe obituarios a ryan@easternshorepost.com. Podemos darle un presupuesto. Llame a 757-789-7678 con preguntas.

Linda Allwein

Mrs. Linda Marie Allwein, 55, of Parksley, wife of Drew C. Allwein, passed away on Aug. 23, 2025, in Parksley, surrounded by her family.

Born on Feb. 25, 1970, in Lebanon, Pa., she was the daughter of Wilhelm Schwarz and Loretta Sabo Schwarz.

Linda graduated from Wesley College in Delaware with a bachelor's degree in marketing. She was an owner and manager of the Jigger Shop in Mt. Gretna, Pa., and later a pharmacy technician for H&H Pharmacy in Oak Hall. Linda



Mrs. Allwein

had a zeal for life and enjoyed art, photography, painting, kayaking, and the outdoors.

Linda is survived by her beloved and dedicated husband, Drew; her daughter, Madison Allwein; her parents, Wilhelm and Loretta Schwarz; her sister, Tina Ashmore; and her brother, Andrew Schwarz.

A memorial service will be held on Saturday, Sept. 6, 2025, at noon from Zion Baptist Church with the Rev. Michael French officiating.

In lieu of flowers, memorial contributions may be made to The ALS Association, www.als.org, P.O. Box 37022, Boone, IA 50037-0022.

Arrangements are by the Thornton Funeral Home in Parksley.

Shirley Johnson

Mrs. Shirley Ann Johnson transitioned peacefully from her earthly bonds on Aug. 16, 2025, at her residence in the Bronx, N.Y.

Shirley was the youngest of six children. She was born on Aug. 13, 1953, to the late James and Mary Johnson in Northampton County.

Shirley graduated from Northampton High School and began a 32-year career in the banking industry, working for the former Chemical Bank in branch operations and later as an executive secretary at JPMorgan Chase, where she met her husband, Robert Russell.

After her work life ended in

2004, Shirley fulfilled her mission of attaining a college degree, graduating from City University of New York (CUNY) School of Professional Studies with a bachelor's degree in health information management.

Shirley lived her life dedicated to her family and devoted to the service of others, so when she was



Mrs. Johnson

diagnosed with cancer, she became an energized volunteer and passionate advocate for those similarly affected by cancer, joining Montefiore Hospital Bronx Oncology Living Daily (BOLD) peer group of survivors. She embarked on speaking engagements with community organizations and churches, visited infusion centers to inform patients of BOLD support services, and became a member of a community advisory board advocating for better health care in her underserved minority neighborhood. Shirley's selfless act of caring and sharing her cancer journey provided life-changing help to those overwhelmed by their diagnoses.

Shirley leaves to mourn her loving husband of 34 years, Robert Russell, along with her precious daughter, Regina Russell; her aunt, Christine Rowley; her sisters, Mary Thomas and Bertha Garrison; her brothers, James Johnson, Charles Johnson, and Clifton Johnson; her nieces, Anita Greaves (son, Jonathan), Wanda Burton (son, Cameron), Lakesha Brown (sons, Jaquan, Javon, and Jabari), Patricia Stull, Arletria Renee Hickman, and Tiffany Johnson; her nephews, Michael Johnson, Christopher Johnson, Theo Johnson, Clifton Johnson, Michael Garrison, Kevin Garrison and Kenneth Johnson; her cousins, Doris Rowley-Hoyte, Phil Rowley, Elania Lanier, Yolanda Lanier-Hasan, Tracey Lanier, Andrea Lanier-Mays, Leaser Williams, Connie Cottrell, et al.; her sisters-in-law, Marietta Johnson, Debra Johnson, and Patricia Watler-Johnson; her friends, Catherine "Loretta" Hamp-

ton, Eleanor Brown, Denise Mack, Destiney Kirby, MD, and Elizabeth Chuang, MD; her BOLD family; her Building 9 Tenants Association family; and many others.

Shirley was well-loved and will continue to be so, even after her passing. Her memory will live in her family and friends' hearts eternally.

Virginia Sprinkle

Mrs. Rachel Virginia Chandler Sprinkle passed away July 18, 2025, after lingering health issues.

She was known to her family to enjoy the simple things like country living, gardening, thrifting, hanging with friends and family, especially the grandchildren, and simple faith in Jesus Christ.

Virginia, by which many knew her, was born Dec. 2, 1944, in Del-

aware to Jesse L. Mariner and Mary E. (Morgan) Mariner. She was married to her husband, Paul Sprinkle, for 25 years.



Mrs. Sprinkle

The family impacted by her passing includes her daughter, Nina Chandler Littleton and her husband, John; her stepdaughter, Tammy Sprinkle; her daughter-in-law, Carol Chandler Smith; her grandsons, Jacob, Jarrett, and John Chandler, Kyle Littleton (with Shelby), Michael and Timothy Carroll (with Dionne), and Dakota Mossell; her granddaughters, Chandler Littleton Siers (with Rex) and Gabrielle Carroll; her great-grandchildren, Declyn, Harlow, and Hazel Carroll, Max, Weston, and Maddie Tucker, and Maddox Siers, and her brother, Robert (Bobby) Mariner.

She was preceded in death by her son, Jeff Chandler, and her siblings, William (Billy), James, Aileen, Ginger, and JoAnn.

Helen Scott

Mrs. Helen Catherine Scott, 99, of Chincoteague, passed away at home on Aug. 12, 2025. Born in Milton, Del., in 1925, Helen moved

(Continued on page 22)

ADOPT WELLNESS

A SUICIDE PREVENTION
AWARENESS AND
PET ADOPTION EVENT



**SATURDAY,
SEPTEMBER 13TH**

**10 AM TO 1 PM
ONANCOCK ELKS LODGE**



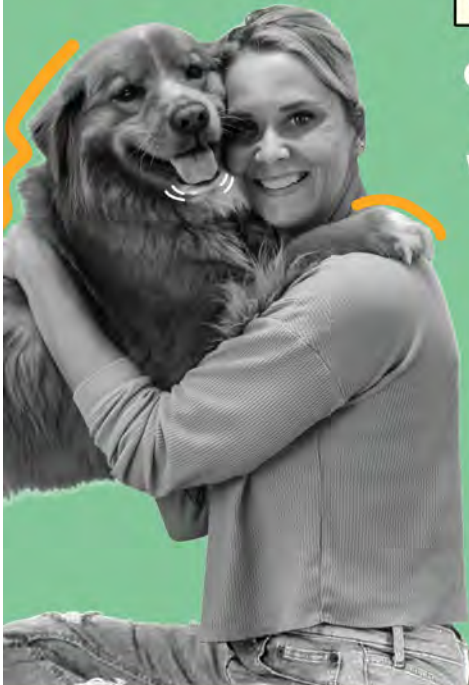
DID YOU KNOW?

Over **60%** of dog owners meet their recommended weekly amount of exercise

Pet ownership provides essential social and emotional support.

People who own pets report a reduction in stress and loneliness.

They also experience an increase in activity and overall quality of life.



FOR MORE INFORMATION, PLEASE CONTACT:

Charmin Horton
chorton@escsb.org



Obituaries

(Continued from page 21)

to Chincoteague in 2020 following a hospitalization. She lived with her friends Charlie and Nancy Kupelian until her peaceful passing.

Helen was the daughter of Jesse and Winifred Walls, of Milton. She was preceded in death by twin sisters, Phyllis and Doris. She is survived by her sister Arithea Millman, of Milton.



Mrs. Scott

In 1944 Helen married Edward M. Scott III, of Buffalo, N.Y. Edward died in 1985.

Helen was a 1943 graduate of the Milton School. She lived in Niagara Falls and in Tampa, Fla., while Edward was stationed at MacDill

Air Force Base. Together they operated a service station in Milton and Roxie's Restaurant, which opened 1971. Helen retired from the restaurant in the early 1990s.

In her retirement, Helen volunteered at a doctor's office and at the election polls. She was an avid reader and enjoyed trips to Atlantic City. She had a great love for dogs. In her last years, she could be found sitting on the front porch with Pepper, the family dog.

A memorial service was held at Short Funeral Home in Milton on Sept. 4, at 1 p.m. Donations in Helen's memory may be made to Southern Delaware Therapeutic Riding, P.O. Box 219, Nassau, DE 19968 or online at <https://www.sdrhr.com/donate/donate-today>

Charlie and Nancy would like to thank family and friends for their support, and Salyer Funeral Home and Riverside Hospice for their exceptional service, especially Eva and Bernice.

IMPORTANT DATES FOR THE NOV 4, 2025, GENERAL ELECTION

Sept. 19: Early in-person absentee voting begins in Voter Registration Office M-F, 9 AM - 5 PM

Oct. 24: Last day to request mailed absentee ballot. Last day to register or change voting information.

Oct. 25: Saturday voting in Voter Registration Office, 9 AM - 5PM. Close of Books, Same Day Registration begins.

Nov. 1: Saturday voting in Voter Registration Office, 9 AM - 5 PM

Nov. 4: Election Day! Vote in your precinct

NORTHAMPTON COUNTY VOTER REGISTRATION

16404 Courthouse Road, Eastville, VA 23347
757-678-0480 www.co.northampton.va.us

SPORTS

Eastern Shore Post

HIGH SCHOOL FOOTBALL RETURNS TO THE EASTERN SHORE



EASTERN SHORE POST/TED SHOCKLEY

Arcadia's Travar Cropper (2) tackles a Laurel Bulldog runner while getting some help in the Firebirds' loss.



EASTERN SHORE POST/MARK MORING

Nandua's Eli Parker evades Rappahannock's Michael Brown during the Warriors' loss last week.



EASTERN SHORE POST/MARK MORING

Northampton's Elijah Hope leaves Northumberland's Cameron Minor behind in the Jackets' narrow loss.



EASTERN SHORE POST/JIMMY SHOCKLEY

Chincoteague football players gather around for some instruction during the Ponies' loss to Broadwater Academy.

Boggs lands trophy red drum

This week's angling action has been highlighted by two great catch-and-release fisheries, one on each side of the peninsula.



Bill Hall

The Chesapeake Bay trophy red drum fishery has been excellent, with large fish encountered in the twilight hours from Onancock to the Chesapeake Bay Bridge-Tunnel.

In the ocean, the white marlin catch-and-release fishery has been off the hook, with multiple catches per trip being the norm. One vessel, the White Bite, out of Wachapreague, reported seeing 25 to 30 marlin over three days of fishing.

Upper Shore

Captain Matt Abell, at the Sea Hawk Sports Center, reported that the bayside red drum bite has been "red hot." Abell said his charter clients have enjoyed an excellent week targeting reds, with fish being caught from the waters of Pocomoke Sound all the way down to Cape Charles. The bite has occurred in 15- to 30-foot depths. His red drum terminal set-up is comprised of 8/0 circle hooks on fishfinder rigs. The daily bite has been starting just before sundown, with action lasting well into the evening. A few cobia continue to be included in the bycatch.

Shallow water action was described as "lackluster," with a few speckled trout and rockfish being landed. Gulp baits under popping corks, as well as both suspending and surface plugs, have put a few fish in the boat.

The puppy drum population continues to be a disappointment. A few sheepshead and bluefish have been taken around the target ships and the nearby sunken barge.



Six-year-old Sawyer Boggs caught and released this trophy red drum unassisted while fishing with his dad, Matt, in the lower Chesapeake Bay. COURTESY PHOTO

On the seaside, a great white marlin bite has occurred post-Hurricane Erin. Some double digit catch and releases have been made from the Poor Man's and Washington canyons. Yellowfin tuna and dolphin (mahi mahi) catches have also improved since the storm.

Closer to shore, flounder fishing has suffered due to the recent high tides and dirty water conditions, but fish continue to be caught. Captain Abell was able to do some fishing off the beach over the weekend and was rewarded with a catch of large spot.

Onancock

The 2025 Onancock Bay Challenge Fishing Tournament is scheduled for Sept. 6. Entry forms and rules for this family-oriented tournament are available at www.esanglersclub.org

Wachapreague

Captain Lindsay Paul, aboard the Al-most Persuaded, told me that the floun-

der fishing out of Wachapreague has improved since the hurricane passed offshore. Although there are still lots of undersized fish, anglers are finding increasing numbers of keepers. Most of the flounder have been caught just inside the inlet on Berkley Gulp and live minnow or silverside combinations. The recent most productive color combinations have included pink and white, as well as salmon red.

A few puppy drum have been seen, though no catches have been reported. A few small croakers have been caught. The ocean wrecks have produced limit catches of black sea bass and flounder, a few of which have qualified for a Virginia Salt Water Fishing Tournament citation.

Offshore fishing has shown major improvements since the passing of Erin. Wayne Greer released two white marlin, the Teaser released a white marlin and had a nice catch of dolphin (mahi mahi), the White Bite released a blue marlin and three white marlin during a weekday trip and released seven more whites over the weekend, and the Heat Wave had a good

catch of tilefish and mahi mahi.

Lower Shore

Jeb Brady, at Bailey's Bait & Tackle, said the "big reds (drum) are in abundance" during evening hours from Onancock to the Chesapeake Bay Bridge-Tunnel and on the reefs hitting cut baits. Customers have reported reds as large as 52 inches.

Anglers are reporting schools of cobia moving south towards the mouth of the bay, with some fish being caught, though not in big numbers.

Flounder fishing remains good, both inshore and offshore, when clear water conditions can be found. Berkley Gulp and cut bluefish have been one of the most productive flounder bait combinations.

A few speckled trout have been taken on both sides of the lower peninsula by anglers casting Mirrolures. Sand mullet (whiting) are still being caught along and in front of the concrete ships off Kiptopeke. The lower bay piers are reporting catches of croaker and spot.

Jackets come up just short in opener

BY MARK MORING

Eastern Shore Post

The old clichés — “a game of inches” and “it’s the little things that count” — rang all too true for Northampton High School’s football team in its season opener against visiting Northumberland on Friday, Aug. 29.

But a few fourth-quarter miscues — including a missed tackle that led to a pivotal touchdown for the Indians, and a dropped pass that would’ve been the go-ahead score for the Yellow Jackets — left Northampton on the short end of a 29-24 loss.

Still, it was a promising opener for the Jackets, by far the best team on the Shore a year ago, when they went 8-3, won the district, and advanced to the state playoffs. That team got off to a slow start, too, losing its first two before reeling off eight straight wins.

Against the Indians, Northampton’s vaunted running game was strong, piling up 246 yards, led by Khaidn Davis (91 yards, one touchdown), Elijah Hope (74 yards), Jerry Sturgis (54 yards, one touchdown), and Jeremiah White (28 yards, one touchdown). Hope also led the Jackets’ defense with eight tackles and one fumble recovery.

And on the few times that Northumberland was able to stop the run, Jackets quarterback Lucas Kindt rose to the occasion, completing six of 13 passes for 119 yards. One was a crucial 46-yarder to Davis in the fourth quarter, setting up a touchdown a few plays later when Davis plunged in from the 1-yard-line, cutting the deficit to 23-14.

Northampton was flagged for an unsportsmanlike penalty on that play, pushing the Jackets back to the 18-yard-line for the 2-point conversion attempt. Kindt dropped back to pass, saw an opening, and scampered to paydirt to make it 23-16 with 8:04



EASTERN SHORE POST/MARK MORING

Northampton’s Khaidn Davis pulls away from a Northumberland tackler during the Yellow Jackets’ season opener at home on Friday, Aug. 29.

left.

The Jackets then had a successful onside kick that was recovered by Jeremiah White, but they turned the ball over on downs. Two plays later, Northumberland quarterback Jasir Smith shook off a tackle near the line of scrimmage and then dashed 60 yards to the end zone. The conversion failed, but the Indians led 29-16 with 4:44 remaining.

Northampton quickly moved downfield, scoring on White’s 16-yard run. Elijah Hope’s 2-point conversion run made it 29-24 with 2:54 remaining.

At that point, Northampton’s enthusiastic PA announcer, Shavonne Ruffin, repeated a line she’d said a few times throughout the evening:

“I don’t know what you got, everybody, but we’ve got Hope!”

Indeed, Hope and his teammates still had a chance. Their onside kick attempt failed, but they held their foes on downs, taking over near midfield with 1:54 left.

Still some hope.

Three plays later, Kindt found White streaking down the middle and launched a deep pass. White had a step on his defender but was unable to reel in the pass at the 15 on what would’ve likely been a touchdown. The Jackets failed to convert on fourth down, and the Indians ran out the clock — and Northampton’s last hope.

“I think we had a great game,” said Kindt, “but there are a few little things we can do better on. We’re go-

ing to work on it and come back next week ready for a win.”

“We picked things up near the end of the game, but we just couldn’t get the win,” added senior lineman Jordan Delk. “But we did play well against a really good football team.”

Their coach, John Edney, agreed.

“Just a break here and there,” Edney said, wondering what-if. “If we catch this ball or don’t let that one slip by us, then things would be different.

“But we did some things really well. We ran the ball well, even though they (focused on stopping the run). And I thought Lucas, in his first start at quarterback, played really well. And our defense played well. But Northumberland is a really good team.”

FOOTBALL

Vikings rein in Ponies

In what has become one of the biggest football rivalries on the Shore, Broadwater Academy rode Cohen Kellam's four touchdown passes to a 38-29 victory at Chincoteague on Thursday, Aug. 28.

They're the only two Shore teams that play 8-man football, so the annual showdown gives one school bragging rights for a whole year. Over the last two decades, the Vikings (2-0) have mostly owned the Ponies (1-1), winning 13 of the 20 matchups.

"It's our biggest rivalry," said Kellam, a senior. "It seems like there's always a big crowd when we play each other."

Two of Kellam's scoring passes went to Aidan Fuller, while one each went to Eli Destro and Olsen Pruitt. Pruitt also ran for 75 yards and another score.

"Offensively, the line has been playing lights out, backfield is getting the tough yards, and receivers are making big catches," said Kellam.

Camaury Davis led Chincoteague with 92 yards rushing and two touchdowns, but the Ponies did not complete a pass and committed three turnovers.

Garrett Daisey added 43 yards rushing and two touchdowns and led the Pony defense with 14 tackles, while George Katsetos, Andrew Davis, and Micah Bennicoff had eight tackles each.

Grayson Ross had nine tackles for Broadwater, including four for loss, while Eli Destro had seven tackles and a pickoff. Fuller was in on 10 tackles.

"We dug ourselves into a hole in the first half," said Ponies coach Geno Geminiani, noting the 32-15 deficit. "But in the second half, the guys responded and gave us a chance at the end."

Warriors 'stunned' at home

On Thursday, Aug. 28, Rappahannock's Christian Destin returned the opening kickoff 90 yards for a touchdown, and the visiting Raiders never looked back.

The Warriors (0-1) quickly responded with a 65-yard scoring pass from Benjamin Bonniwell to Eli Parker to go up 7-6, but Rappahannock (1-0) scored 59 unanswered



PHOTO COURTESY MEGAN AMES

Broadwater's Cohen Kellam flips a pass to Chris Ames, while Dylan McClenny blocks Chincoteague's Andrew Davis.

points for a 65-7 halftime lead.

Nandua scored three touchdowns — two by Parker, one by Juelz Snead — in the second half, mostly against Rappahannock's second string.

Nandua seniors Parker and Nazere Blake both were stunned afterward.

"I did not expect that," said Blake, back at his old school after playing last year at Snow Hill. "We lost the momentum early and just got stuck there."

"I thought we were ready," added Parker. "But you've just got to execute. Nothing more to say."

Coach Trahern Vinnie agreed.

"We didn't execute certain things," he said. "A lot of times, 10 guys maybe did something great, but then just one small mistake can cause a downfall."

Bonniwell, a freshman, threw for 161 yards and two touchdowns but was picked off three times. Parker caught two touchdown passes and ran for a third, while Snead ran for

67 yards and a score. For Rappahannock, Rajahn Williams ran for 149 yards and five touchdowns.

Arcadia falls to Laurel

On Friday, Aug. 29, new coach Mike Terrell lost his debut as Arcadia dropped a 56-16 decision to visiting Laurel.

On the fifth play of the game, Arcadia's Djasley Lucas returned a fumble 68 yards for a touchdown, and Carson Wallace ran in the conversion to give the Firebirds an 8-0 lead. But Laurel scored 28 unanswered points and never looked back.

Arcadia (0-1) had 103 yards rushing against the Bulldogs (1-0), but most of those came on a 96-yard touchdown run by Na'Kahi Wilson in the third quarter.

"Laurel played extremely well on defense," said Terrell. "We needed to be able to match the intensity they brought, but we fell short."

Daniel Wallace was in on 17 tackles and recovered a fumble for Ar-

cadia.

Terrell said the team was "disappointed. I think we were all upset at our lack of execution. We discussed the need to limit our own mistakes. We know we're capable of much better football."

VOLLEYBALL

Vikings win a pair

On Tuesday, Sept. 2, Rylee Hall's 10 service aces, seven assists and two kills helped to lift Broadwater Academy to a 3-0 win over visiting Portsmouth Christian (25-20, 26-24, 25-13).

The Vikings (3-1) also had strong games from Tatum Watson (seven kills, four aces), Caroline Caison (eight aces, six assists, three kills), and Carly Williams (three blocks, three aces).

On Wednesday, Aug. 27, Watson's six kills and five aces led Broadwater to a 3-0 win over visiting Chincoteague (25-5, 25-7, 25-10). Other standouts for the Vikings (1-1) included Hall (12 aces, four kills, six assists), Caison (12 assists), and Williams (nine aces, three blocks, two kills).

Ponies drop two

On Thursday, Aug. 28, Chincoteague lost 3-0 at Greenbrier Christian (25-8, 25-8, 25-15).

On Wednesday, Aug. 27, the Ponies lost 3-0 at Broadwater Academy (25-5, 25-7, 25-10). Chincoteague (0-2) did not report individual results for either game.

Nandua defeated on road

On Wednesday, Aug. 27, Nandua dropped a 3-0 decision at Windsor (25-14, 25-14, 25-22). Nandua (0-1) did not report individual results.

Jackets coast to win

On Tuesday, Sept. 2, Northampton notched a 3-0 victory at I.C. Norcom (25-9, 25-15, 25-13). Abby Zodun, Rylee Coates, Jade Collins, and Dani Fonseca all had strong performances from the service line.

Also for the Yellow Jackets (1-1), Hailey Dinwiddie, KeAsia Doughty, and Katie Taylor were strong on offense, and Tegan Gerber and Brelyn Coates carried the defense.

PUBLIC RECORDS

Eastern Shore Post

Accomack Property Transfers

- From Reba Gail Hawkins and Wallace F. Hawkins
To Cynthia Smith and Robert Harry Smith
12255 Indian Trail Road, Belle Haven
For \$380,000
- From Shelia Anderson
To Dawn Farlow and Lane Farlow
18095 Mappsburg Road, Painter
For \$317,000
- From Wade H. Beach Jr. and Weston L. Beach, trustee
To Eleana Katsetos and ESP Kats Properties LLC
4521 Main St., Chincoteague
For \$400,000
- From Gregory Scott Butler
Quintyra Rogers and Tytana Rowley
.54 acres, Depot Street, New Church
For \$289,000
- From Melody Hutchins
To Denise A. Smith
30208 Temperanceville Road, Temperanceville
For \$108,000
- From Bonnie Robbins
To Andrew Pitsenberger
24264 Savannah Road, Hallwood
For \$60,000
- From Andre Breland
To Anna Breland and Gary Breland
6483 Church St., Chincoteague
For \$150,000
- From Gary Edward McMurray
To Brandy Clark and Brian Clark
28036 Harborton Road, Painter
For \$350,000
- From Dennis Portwood
To Judy Gopshes and Edward Stewart Jr.
Trails End lot 188, unit 3, sheet 6, Horntown
For \$55,000
- From Anthony Todd
To Hans Hopple
6471 Church St., Chincoteague
For \$375,000
- From Manta Lumbansiantar and Asseyini Thiam
To Lisa Babb and Gary Babb
2320 Yardarm Drive, Greenbackville
For \$300,000
- From Dona Wessel and Robert Wessel
To Mary Anne Browning and William S. McCarter
Lots 1, 2, 3, 4, and 5, Chandler Street, Onancock
For \$101,000

- From Bradley A. Thomas Jr. and James Gladstone Thomas
To Kimberlee Lynn Dobbins and James Ryan Dobbins
5139 Canton Road, Tangier Island
For \$90,000
- From Lawrence E. Morrison Jr.
To Michael Lee Luzier
35478 Wallace Drive, Quinby
For \$224,000
- From Byrdhouse LLC
To Erica Janet Martinez Enriquez
26266 Mitchell Road, Bloxom
For \$150,000

Northampton Property Transfers

- From Tiffany Jewell and Judith Sollars
To Kathleen Sabo and Edmund Sabo
Lot 5 Seabreeze Estates, Cape Charles
For \$350,000
- From Patriot House 1776 LLC
To Beverly Ulmer and Gary Ulmer
Lot 2, Country Meadows, near Wardtown
For \$145,000
- From Karen Hug and Peter Hug
To Heather Kinneer
Lot near Franktown
For \$245,000

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Eastern Shore Post



COURTESY PHOTO

Brian Reidy won the 2024 Chincoteague National Wildlife Refuge Annual Pass Photo Contest with this photo of a yellow-rumped warbler.

Photo contest open

The Chincoteague Chamber of Commerce is looking for amateur photographers to share their artwork.

The Chincoteague National Wildlife Refuge Annual Pass Photo Contest, sponsored again this year by the Chincoteague Chamber of Commerce, is now accepting submissions.

In the past, artists have captured some outstanding images that highlight the scenic landscapes, fascinating wildlife, and natural beauty of Chincoteague.

The contest began Friday, Aug. 29, and will run through Wednesday,

Sept. 17.

Chamber staff will select the top five entries based on adherence to guidelines and the overall essence of the captured image. Local community leaders will then be asked to pick a winner from these finalists.

The winner will be announced on Wednesday, Oct. 1.

The selected image will be featured on the front of the 2026 Chincoteague National Wildlife Refuge Annual Pass.

For contest rules and an entry form, visit chincoteaguechamber.com

King Tide volunteer training planned

A volunteer training session will be held on Tuesday, Sept. 9, from 3 to 5 p.m. at the UVA Coastal Research Center in Cape Charles.

The training will prepare volunteers for the annual Catch the King event, a community science initiative that

aims to map the extent of tidal flooding during King Tides.

Volunteers use an app that collects location-based data along the water's edge at peak high tide. This data contributes to high-resolution mapping of tidal inundation areas, providing data for modeling and flood forecasting.

The training will teach volunteers how to use the app. To register visit <http://bit.ly/ctktraining>

Senior food program open

Seniors on the Eastern Shore can sign up for the Virginia Farmers Senior Nutrition Program.

Anyone over 60 can apply. Seniors with a single household income of \$2,400 or less per month, or \$3,200 for two-income households, can receive benefits.

Benefits can be exchanged for fresh fruits and vegetables at authorized locations. Seniors can receive up to \$50 in benefits.

A form of identification and confirmation of household income

will be needed to apply.

In-person applications will be taken on the following dates:

■ Friday, Sept. 5, from 9 to 11 a.m. at P and P Farm Stand, 20469 Lankford Highway, Parksley.

■ Saturday, Sept. 6, from 9 to 11 a.m., Pickett's Harbor Farm, 3119 Pickett's Harbor Road, Cape Charles.

For more information contact the Eastern Shore Area Agency on Aging at 757-442-9652, extension 19.

COMMUNITY

Submissions open for poster contest

The Eastern Shore Soil and Water Conservation District is holding its annual poster contest.

This year's theme is "Home is Where the Habitat is."

The annual conservation poster contest provides kindergarten through twelfth grade students an opportunity to convey their thoughts about soil, water, and related natural resource issues through art.

The theme each year follows the annual National Association Conservation Districts Stewardship theme.

Each year, the conservation poster contest starts at the local district level.

First-place posters in each grade category are submitted to the Vir-

ginia Association of Conservation Districts to be considered for placement at the state level.

Finally, state winners advance to the national contest. National winners are recognized each year at the National Association of Conservation Districts annual meeting.

The contest is open to all Northampton and Accomack county students in grades K through 12.

At the local level, prizes will be awarded for first, second, and third place.

The submission deadline is 4 p.m. on Friday, Sept. 26.

For more information visit <https://tinyurl.com/yp5j6ejh>

Franktown to hold festival

The annual Art and Food Festival at Franktown United Methodist Church will be held Saturday, Oct. 25, from 10 a.m. to 2 p.m.

The festival is held by the Franktown United Women of Faith and

the Montessori Children's House of Franktown.

There will be local artists and artisans displaying their work, baked goods, frozen food, pimento cheese, cheese balls, chicken salad, and soup for sale.

Lunch will also be available for purchase. The church is located at 7551 Bayside Road, Franktown.

Arcadia volleyball team falls in three

On Thursday, Aug. 28, Arcadia dropped a 3-0 decision to visiting

Chincoteague Oyster Festival is scheduled

The Chincoteague Chamber of Commerce invites oyster lovers to Tom's Cove Park, 8128 Beebe Road, on Saturday, Oct. 11, from 10 a.m. to 4 p.m. for the 52nd annual Chincoteague Oyster Festival.

A beloved tradition on Virginia's Eastern Shore, the festival celebrates the arrival of oyster season and the hardworking watermen who make it possible.

Tickets are \$65 per person.

Attendees will feast on all-you-can-enjoy oysters prepared on the half shell, steamed, single-fried, and frittered — along with clam chowder, clam fritters, shrimp cocktail, salad bar, boardwalk fries, hush-puppies, hot dogs, and non-alcoholic beverages.

Beer, commemorative glass beer mugs, and desserts will be available for cash purchase only. Festival favorite, Island Boy, will return to the stage, bringing lively music to the celebration.

"The Chincoteague Oyster Festival is a highlight of fall on Chincoteague Island," said Joanne Moore, executive director of the Chincoteague Chamber of Commerce.

"It's about savoring incredible local seafood while celebrating our heritage, the start of oyster season, and Chincoteague 'salts' with family and friends, both new and old."

Festivalgoers are encouraged to arrive early as campground parking is limited or take advantage of the Pony Express Trolley service, which will run from 8 a.m. to 5 p.m. free of charge.

A designated trolley will shuttle attendees directly from the Chin-

Westmoreland (25-12, 25-13, 26-16). Jamaya Abbott and Amani Hope had strong serving games for the Firebirds (0-1), while Janiyah Taylor, Ja'Niya Harris, and Kaylee Williams were effective at the net.

coteague Combined School, 4586 Main St., to Tom's Cove Park, for your convenience. Gates open at 10 a.m.

Appetizers will begin serving at 11 a.m. with the full menu serving at noon.

Patrons are welcome to bring their creativity, decorate their gathering area, and dress the part for the best space decorating contest.

The theme can be oyster-centric or completely unique, to show off their fun side and make their festival spot stand out.

Contest sign-up is on festival day for a chance to win a basket of fun prizes and bragging rights until next year.

An extravaganza of prizes features fabulous offerings and gift cards donated by local businesses and will be raffled off to one lucky winner at 4 p.m. Tickets will be sold throughout the day for a chance to win.

Merchandise will be available for purchase in the chamber office the week prior to the festival and at the Merchandise tent on festival day.

Short and long-sleeved T-shirts; crew, hooded, and zippered sweat-shirts; and hats will be available, all featuring this year's festival design.

Souvenir food trays will also be available for purchase to carry food selections from tent to eating area or around the festival grounds.

Visit the merchandise tent early as most items will sell out quickly — cash and credit cards are accepted. Presales and shipping will not be offered.

With just over a month until the big day, the chamber urges oyster lovers to purchase tickets before the event sells out.

For full details and helpful hints visit www.ChincoteagueChamber.com

Hunters reminded of National Tree Stand Safety Awareness Month

National Tree Stand Safety Awareness Month, and the Virginia Department of Wildlife Resources reminds all hunters that use elevated stands to practice their ABCs before and during the season.

■ Always remove and inspect your equipment. Practice at ground level

■ Buckle in your full-body safety harness securely.

■ Connect to the tree before you leave the ground and slow down.

■ Let others know your destination — your stand location for each hunt.

In addition to the ABCs, developed by the Tree Stand Safety Awareness Foundation, DWR encourages these additional safety guidelines.

■ If you are new to hunting, enroll in a Hunter Education Course.

■ Inspect for damage to a stand before the season begins and before and after each use.

■ Read the instructions that came with the stand.

■ Securely attach the stand to a straight, healthy tree.

■ Let other hunters in your party know where your stand is located.

■ Leave a map on the dashboard of your vehicle and the time you will return.

■ Carry a whistle, horn, strobe, two-way radio or a cell phone on your person. Make sure it is properly charged or pack fresh batteries.

■ Use a fall-arrest system including a lifeline and full-body safety harness and maintain three points of contact at all times from the moment you leave the ground until you return to the ground.

■ Always use a haul line for gear.

■ Tie a haul line to the belt or

stand when climbing to keep hands free.

■ Unload gun or bow before climbing or descending your stand and use a haul line to raise and lower the gun or bow from the ground to the stand.

■ Practice using your tree stand and fall-arrest system.

■ Be especially careful using tree stands during rain, snow and icy conditions.

■ Don't use a tree stand if you're tired, sick, or on medications.

■ Wear blaze orange in the stand. Let other hunters in the area know where you are.

During the 2024 to 2025 season, there were 10 tree stand incidents including one fatality.

Of the 10, five victims hadn't taken a hunter education course, nine didn't use a safety harness and the one that did use a safety harness was not attached to the tree.

"Hunting is a tradition valued by generations of Virginians, both to put food on the table and as a means of fellowship and comradery," said Virginia Hunter Education and Outreach Team Lead Jimmy Mootz. "Let's keep those memories safe, wear a safety harness every time you hunt off the ground."

For more information on the DWR Hunter Education program, including workshops and mentorship opportunities, visit DWR online. Download the DWR safety harness PSA on YouTube.

For more information about DWR Conservation Police Awards, including winners of several other awards, please visit the department webpage.



COURTESY PHOTO

Worcester Community College is hosting a Shatter the Stigma walk to raise awareness for addiction and recovery resources on Saturday, Sept. 27.

Addiction walk to be held

Wor-Wic Community College will host the Shatter the Stigma Walk to raise awareness of addiction and recovery resources at 9:30 a.m. on Saturday, Sept. 27, at the college campus on the Hazel Center quad.

The event aims to encourage conversations and reduce the stigma surrounding addiction, fostering an environment where individuals can seek help without shame or guilt.

Online registration for the walk is encouraged, but is not mandatory.

Along with a stroller- and disability-friendly one-mile walking

path, the event will feature free T-shirts, snacks, juggler Cascading Carlos, face painting, a DJ, and more.

This free, rain-or-shine event is held in partnership with Walk Wicomico, the Wicomico County Health Department, and Wicomico Goes Purple, a countywide effort to promote substance misuse prevention, treatment and recovery.

The event will also offer addiction resource information and Naloxone training.

Visit the event section of www.worwic.edu for more information or to register.

Waste Watchers seeking crew

WasteWatchers of the Eastern Shore is looking for groups of three to 10 volunteers over the age of 16 to help clean litter.

Volunteers can choose where they'd like to work or WasteWatchers can work

with VDOT to identify areas with litter.

WasteWatchers will be responsible for getting permits, providing safety training, and materials such as bags, safety vests, gloves, and grabbers.

WasteWatchers will also pay \$15 per bag of trash or tire removed.

For more information or to set a date, call Terre Hendricks at 860-402-6923.



COURTESY PHOTO

Rev. William Cathell, right, spoke to the Eastern Shore Christian Businessmen's Association at a recent meeting at the Island House Restaurant in Wachapreague. He is pictured with association President Jerry Phillips, left.

COMMUNITY



COURTESY PHOTO

Bradley J. Driscoll has been named as the District Executive for the Chesapeake District of Scouting America.

Del-Mar-Va Scouts get new leader

The Del-Mar-Va Council of Scouting America announced Bradley J. Driscoll as the newest district executive serving the Chesapeake District.

In this role, Driscoll will support and grow scouting programs throughout the Chesapeake District, working closely with volunteers, community leaders, and youth to further the mission of scouting.

Driscoll shared his excitement about joining the council.

"I'm excited to begin this new adventure in scouting and look forward to learning, growing, and making a positive impact," he said. "It's a great opportunity to build character, leadership, and lasting connections within the community."

Sysco's Cash & Carry closure prompts concern

BY JANET BERNOSKY
Eastern Shore Post

Sysco Eastern Maryland announced on Friday, Aug. 22, the impending closing of its popular Cash and Carry store after almost 50 years in business, a decision that surprised employees and the community.

In a letter to Daniel Thompson, Somerset County's economic development director, the company stated the store would shut its doors on or about Sept. 5.

A worker who asked to remain unnamed said employees were called in to a meeting Aug. 22 and given the unexpected news.

This move will affect approximately 10 employees, the worker said, although company officials would not confirm how many were impacted.

Some speculated the closure was

due to a lack of profit or failure to fix or replace costly equipment like refrigeration units or freezers.

However, customers on social media mostly expressed both shock and sadness.

"It's a great loss to our area," said Martha Hill, of Greenbackville. "It was the small, personal neighborhood store we all yearned for and have enjoyed all these years."

Hill relished finding "hot crab soup sold by the quart" and boxes of avocados "for small change."

While Sysco officials said the company would shift to focus on business and public organization accounts, concerns were still raised for, and by, small businesses and restaurants.

Jeff Pendleton, who operates the Happy Place Café in Trails End, Horn-town, said he frequented the Cash & Carry to supplement his business orders

with unexpected specials.

The loss was not just limited to local residents and businesses.

Saying she was "devastated" by the news, Kimberly Killo, of Philadelphia, stopped by often on her frequent visits to Chincoteague, calling it her "go to."

Cheryl Townsend Vincent often traveled from Delaware with friends to stock up for herself, but also made purchases for her daughter in North Carolina while on those trips.

Many customers have relied on the ability to buy in bulk to save money.

One resident said "sometimes it was all we could afford to get through the month."

Sarah Shaaf bought larger cuts of meat and cut them down into meal-sized portions, while Greenbackville resident Lisa Paley will miss the convenience of buying big bags of her family's favorite pre-cooked, cubed chicken.

A clear outpouring of support was expressed for those employees directly affected by the closing.

Barbara Scotto will miss the amicable rapport she developed with them over the years.

Traffic was brisk on the Tuesday after the announcement — with customers frantically trying to find parking, then navigating in and out of the building.

Jo Hartman said employees were letting customers in that day only as others were exiting.

On her last visit, Scotto said, "It was a madhouse. The employees were patient trying to ring everyone up."

Although one employee would not comment about the closing for fear it could affect his severance package, the fate of the others remains unclear.

"You all can start a GoFundMe for us on social media," another said to no one in particular. "We are going to need it."

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Chincoteague Council seeks more input on tennis lighting

BY JANET BERNOSKY
Eastern Shore Post

After a presentation by resident Debbie Ullmann, treasurer of the Community Tennis Association of Chincoteague Island, the Chincoteague Town Council decided to seek additional community input before taking further action to consider lighting at the tennis courts in Memorial Park.

Ullmann outlined some lighting options and potential benefits to the project.

She also mentioned that club members could help identify funding sources and help with grant writing, but before moving forward, they needed council's approval.

The estimated costs were \$20,000 to \$40,000 per court, placing total costs at \$90,000 to \$100,000. The cost to

the town could range from \$35,000 to \$85,000.

Councilmember Gene Wayne Taylor said he spoke with one full-time resident living directly adjacent to the park who was supportive and that he could have a conversation with the other.

He indicated that the remaining properties are vacation rentals geared to families and he thought this could be a perk they would appreciate.

"Darkness is not a good thing for a park," Taylor said. "If you're going to have it open until 10 (p.m.), light it."

Councilmember Chris Bott stressed the need to get feedback from those other property owners before giving council's consent, which was supported by the others.

The Chincoteague Town Council will conduct a public hearing on the lights at 7 p.m. on Oct. 6.

Music Concert

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Youngkin cuts ribbon on Rocket Lab's new launch complex



EASTERN SHORE POST/JIMMY SHOCKLEY

Gov. Glenn Youngkin addresses the crowd at the launch complex ribbon cutting.

BY JIMMY SHOCKLEY
Eastern Shore Post

The company Rocket Lab held a ribbon cutting ceremony for its new launch complex located on Wallops Island on Thursday, Aug. 28.

“With the opening of Launch Complex 3, we take a major step forward in ensuring resilient and assured space access for the nation,” said Rocket Lab Chief Executive Officer Peter Beck.

The event was also attended by Gov. Glenn Youngkin, U. S. Jen Kiggans, and Delegate Robert Bloxom.

“The Virginia taxpayers have played a big role — \$55 million the Virginia taxpayers have dedicated to this project,” Youngkin said, who later cut the ribbon, marking the opening of the complex.

Launch Complex 3 also figures to bring more job opportunities to the Eastern Shore, something Kiggans and others expressed interest in.

“We are so excited for the economic growth and opportunities that Rocket Lab’s continued investment in this region has,” Kiggans said.

The company currently employs around 2,600 people, some of whom already call the Eastern Shore home.

Rocket Lab has two other launch complexes. LC2

is also located on Wallops Island and LC1 is located in New Zealand, which is where the company’s CEO is from.

LC2 is used to launch the company’s smaller class of rocket, the Electron, while LC3 will be used to launch the company’s new, larger, Neutron rockets.

The Neutron rocket is intended to have a payload of 12 to 15 tons while also having components that will be reusable.

The company eventually intends for entire Neutron rockets to be reusable after further development.

The company also plans for the Neutron rocket to be able to perform manned missions right from Wallops Island.

The company is aiming for the first launch from LC3 to be before the end of the year. Officials were hopeful for the launch timeframe and Youngkin was optimistic it would happen.

Whenever the first Rocket Lab Neutron rocket launches from Wallops Island, it will be the largest rocket to ever launch from the Mid-Atlantic Regional Spaceport.

“I hope one day in the very near future a Neutron will launch from this pad on its way to Mars,” Beck said.

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ANEC holds 85th Annual Meeting

A&N Electric Cooperative held its 85th Annual Meeting at its Tasley headquarters on Thursday, Aug. 28.

At the annual meeting, President and CEO Butch Williamson addressed the meeting crowd and the membership for the final time.

Earlier in the year Williamson announced his retirement from the cooperative.

Co-op members also elected two of their peers to serve on the cooperative's board of directors.

The cooperative recapped the activities, financials, and operational successes from 2024, discussed information about its current year of challenges with increased energy demand as it relates to growth and costs, and provided a forecast for 2026.

More than 1,500 cooperative members participated in this year's election of directors, either in person or through designated proxy.

The election process was overseen and certified by the cooperative's credentials and elections committee, which is independent of the board.

In district one, Mark Hickman was re-elected. This district covers the northern areas of Accomack County from Parksley's northern border to the Virginia/Maryland state line and includes Tangier and Smith islands.

In district three, Add Nottingham was re-elected. This district covers the areas between Melfa in the north and Nassawadox in the south.

Both candidates were unopposed in their elections to the board and will serve three-year terms per the cooperative's bylaws.

Chairman's Report

Nottingham, who also serves as



Add Nottingham addresses the crowd at A & N Electric Cooperative's 85th annual meeting, which was held on Thursday, Aug. 28, at the cooperative's headquarters.

COURTESY PHOTO

chairman of A&N Electric Cooperative's board, welcomed co-op members in attendance and those tuning in at home through WESR's live broadcast.

He highlighted the cooperative's founding in 1940 and the celebration of its 85th anniversary this year.

"When this co-op was founded back in 1940, the world looked vastly different," Nottingham said. "At that time, many rural families still

lived without electricity. Our cooperative was born out of a spirit of determination and unity, bringing power to places the larger utilities had overlooked. That pioneering spirit is what made the impossible possible — and continues to guide us today."

Nottingham also highlighted the cooperative's ongoing success in youth education programs, including local recipients of the Virginia Maryland Delaware Association of

Electric Cooperatives Education Fund scholarship winners and the continued support of the Cooperative Youth Tour program, which sponsored four local youth delegates for a weeklong trip to Washington, D.C., in June.

He announced that the cooperative board recently voted to return \$1.59 million in capital credits to the membership. Nearly all members receive capital credits in the

(Continued on page 35)

ANEC

(Continued from page 34)

form of a bill credit, which was applied in July.

Nottingham, who also serves on the Members Helping Members Board, reported the nonprofit raised more than \$51,000 and was able to assist 266 cooperative members with paying their electric service bills in 2024.

He also thanked Williamson for his years of dedicated service to the co-op and the Eastern Shore community.

“Your vision and commitment have advanced our cooperative in meaningful ways — modernizing our technology, streamlining operations, and positioning us for long-term success,” Nottingham said of Williamson. “We are grateful for the steady hand you’ve provided and the progress you’ve championed.”

President’s Report

Williamson gave a heartfelt farewell to the board, co-op employees, and the membership.

“I feel a deep and abiding sense of gratitude — not only for the chance to serve but for the people who have made this journey so meaningful,” Williamson said. “Thank you for welcoming me, challenging me, and trusting me. I have been inspired by your strength, your unity, and your belief in what’s possible when we work together.”

Williamson has spent more than 45 years working for various rural electric cooperatives in South Carolina and Virginia.

“Though I’ve worked in many places and worn many hats, these last 10 years here at A&N have been the most special,” he said. “This community, this team, and this mission have left a lasting mark on me.”

Williamson received a standing ovation at the conclusion of his remarks. He will officially retire in July 2026.



COURTESY PHOTO

Butch Williamson addressed ANEC’s annual meeting for the last time as CEO. Earlier this year Williamson announced his intention to retire from the cooperative.

During his speech, Williamson also discussed service reliability, safety, and affordability, which are all cornerstones of the cooperative’s overall strategy.

From energy efficiency audits to community solar options, from fixed billing plans to weatherization assistance, the cooperative is focused on helping members take control of their energy use and lower their bills.

“Even as the energy landscape becomes more complex — with growing regulatory demands, shifting fuel markets, and increased pressure to decarbonize — we remain focused on maintaining rates that are fair and sustainable,” Williamson

said. “We are proud to be among the most cost-efficient cooperatives in the region, ensuring that our members receive exceptional value for every dollar they pay.”

The cooperative will continue to prepare for the future with innovation and foresight.

“We are enhancing our planning tools, upgrading substations, exploring grid-edge technologies, and have partnered with other cooperatives through Old Dominion Electric Cooperative to ensure generation resources remain strong, balanced, and increasingly clean,” Williamson said.

Attendees also heard from the cooperative’s senior leadership team,

vice presidents Joe Cataldo, John Arp, and Shawn Hildebrand, who reinforced the cooperative’s commitment to reliability, service quality, and affordability with a number of achievements from the previous year.

Immediately following the annual meeting, the board held officer elections, re-electing Nottingham as its chairman, Chris Bott as its vice chairman, and Ralph Dodd as the board’s secretary/treasurer.

Learn more about the Cooperative’s programs and initiatives highlighted at the annual meeting at anec.com

Eastern Shore Post

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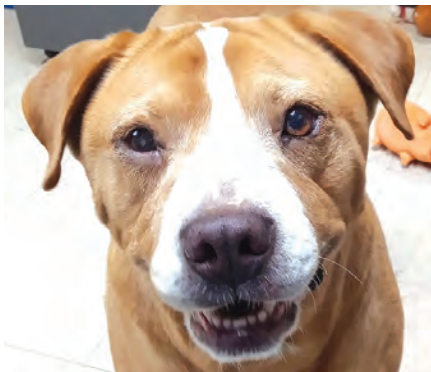


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This institution is an equal opportunity provider.



Help Wanted

TOWN OF EXMORE, VIRGINIA TOWN CLERK IMMEDIATE OPENING

The Town of Exmore is now accepting applications for the position of full-time Town Clerk working under the Town Manager. This position will be responsible for attending monthly Town Council meetings and preparing minutes, maintaining personnel files, employee benefits, payroll, and accounts payable.

Benefits for full-time employees include health care with dental coverage, VRS Retirement, short-term and long-term disability, life insurance, 12 paid holidays, and two personal days.

This is a salaried position to be negotiable depending on qualifications and experience. Applications may be obtained at the Exmore Town Office, 3305 Main St., Exmore, VA 23350 during normal business hours. Completed applications must be received before 4:00 p.m. on Friday, Sept. 19, 2025, to be considered.

The Town of Exmore is an Equal Opportunity Provider and Employer.

Taylor Dukes, Town Manager
Town of Exmore
P.O. Box 647
Exmore, VA 23350

ACCOMACK COUNTY Virginia

Early Voting Election Workers Part-time | \$15 per hour

Accomack County Registrar's office is seeking part-time temporary staff to assist with extended office hours for early voting from **September 15 through November 4 (Election Day)**. These temporary positions will assist the Registrar with coverage at the Registrar's office, located on Joynes Neck Road. Schedule will average 29 to 36 hours per week and include weekend shifts. Applicants must have reliable transportation and prior customer or front desk experience. Preference given to previously trained election workers. If not previously trained, then participation in a Virginia Department of Elections training is required prior to first shift. This is an excellent opportunity for local college students or others who are interested in some additional income prior to the holiday season.

Applications are available online from the County's website: <http://www.co.accomack.va.us/residents/job-opportunities>

First consideration will be given to applications received prior to 4:30 p.m. on Thursday, Sept. 11, 2025.

Accomack County is committed to an inclusive and diverse workforce.

Want to be part of a Caring, Professional, Innovative, Inclusive company?

Join the ESCSB! Offering a 32-hour work week with full-time pay and benefits.

The Eastern Shore Community Services Board is seeking candidates for the following positions:

\$1,000 Sign-On Bonus:

Part-time Driver
Accounting Manager
Developmental Services Case Manager
Licensed Practical Nurse
Emergency Services Clinician
Developmental Disabilities Aide
(\$13.00-\$15/00/hour-\$2.50/hr night & wkend differential)
Clinician

For more information or to apply, please visit the ESCSB's website at www.escsb.org



"We passionately believe in the potential of all."

Innovative, Inclusive, Caring, Professional



Join Our Team.

The Chesapeake Bay Bridge-Tunnel is accepting applications for the following position:

HUMAN RESOURCE MANAGER

To apply, visit or call:

www.cbbt.com | (757) 331-2960



SCAN HERE to learn more about this position opening.

The Chesapeake Bay Bridge and Tunnel District is an Equal Opportunity Employer.

Help Wanted

OPEN POSITIONS

Northampton County has the following open positions in the Planning, Permitting and Enforcement Department:

BUILDING INSPECTOR

Northampton County is accepting applications for a full-time Building Inspector. The essential function of this position is to perform building inspections. Provides customer service and clerical duties.

Requires high school diploma or GED, and one (1) year of related experience. Experience as a building inspector is desired. Provides customer service to the public pertaining to building permits. The position is responsible for performing building inspections and reviewing construction plans.

Requires valid Virginia Driver's License. Excellent communication skills are essential. This salary ranges from \$48,261 to \$73,644.

CODE COMPLIANCE INSPECTOR

Northampton County is accepting applications for a full-time Code Compliance Inspector. The essential function of this position is to provide customer service to the public pertaining to code inspections and enforcement of county codes. The position is responsible for inspections and enforces violations of Chapter 92: Abandoned, Inoperable and Unattended Vehicles; Chapter 94: Nuisances; and Chapter 154: Zoning Code.

Requires high school diploma or GED, and one (1) year of related experience. Excellent communication skills are essential. This salary ranges from \$42,665 to \$65,073.

PLANNER/COMMUNITY REDEVELOPMENT SPECIALIST

Northampton County is accepting applications for a full-time Planner/Community Redevelopment Specialist. The essential function of this position is to provide planning and technical support for the Planning, Permitting and Enforcement Department and various boards and committees. The position is responsible for assisting with planning, policy analysis, regulation enforcement, technical research and support, site/plan review, customer service, and related records and reports. The position works under general supervision of the Director.

Requires Bachelor's degree in planning or closely related field of study or at least three (3) years of related experience and demonstrated ability to handle multiple projects, public speaking, and maintain good public relations. Excellent communication skills are essential. This salary ranges from \$62,877 to \$96,192.

Please refer to Northampton county's website at <https://tinyurl.com/yezesa6ra> for further position descriptions. Please submit a completed County application with cover letter to Human Resources. **Positions open until filled.**

PUBLIC WORKS EMPLOYEE

The Town of Parksley is accepting applications for a full- or part-time Public Works employee. References required. Must be able to: lift 50 pounds, work outdoors, pass a drug screen, and hold a valid driver's license. Pay is dependent on experience. Submit applications to the Town Office at town@parksley.org or in person at 18444 Dunne Ave., Parksley, VA.



TOWN OF CAPE CHARLES FULL-TIME LIBRARY ASSISTANT

The Town is seeking a customer service-oriented individual with strong communication skills for a full-time Library Assistant position to work at the Cape Charles Memorial Library. The Library Assistant interacts daily with the local community, including citizens, tourists, students, parents, and young children.

Duties include, but are not limited to: planning, organizing, and facilitating programs for children, teens, and adults, as well as shelving library materials, assisting customers, data entry, statistics compilation, and computer instruction. The ideal candidate will be very comfortable working with and troubleshooting technology, have a working knowledge of a library, as well as enjoy helping others. Having Science, Technology, Engineering, and Mathematics (STEM) programming experience is a plus.

Library programs and outreach is a large part of the candidate's responsibility, so to be successful in this position one must have experience in this area, whether that be in a library, educational setting, or service industry. This involves off-site outreach and collaboration with the larger community.

This is an hourly non-exempt position with a starting salary range of \$15.00 to \$15.75/hour, dependent upon experience and education. Full time employment comes with a generous benefit package including medical, dental, state retirement, and paid time off. This position has physical requirements including lifting and using a step stool to shelve books. There are some Saturday and evening hours.

Submit resume and Town Employment Application to Human Resources Department, 2 Plum Street, Cape Charles, VA 23310 or by email to humanresources@capecharles.org Submittals without a Town Employment Application will not be considered. Applications can be obtained at www.capecharles.org under *Employment Opportunities* or at the Town Hall on 2 Plum Street. You may also call 331-3259 x11 for more information. Open until filled. EOE.

We are an equal opportunity employer and value diversity. All employment is decided on the basis of qualifications, merit and business needs.

THE NORTHAMPTON COUNTY SHERIFF'S OFFICE IS ACCEPTING EMPLOYMENT APPLICATIONS FOR:

EASTERN SHORE REGIONAL JAIL COOK

Qualifications: Certified in food sanitation; over the age of 21

Duties: Plans, prepares and serves meals to inmates in Eastern Shore Regional Jail

Hours: Must be able to work shift work, weekends, and holidays

Applications may be obtained from Northampton County Sheriff's Office, 5211 The Hornes, P.O. Box 68, Eastville, VA 23347.

This position is open until filled.
Northampton County is an Equal Opportunity Employer.



PACKING HOUSE ATTENDANT

Cherrystone Aqua Farms (CAF) in Cape Charles, VA, a family-owned-and-operated company in its second century of growth and innovation, is the leading cultured shellfish producer on the East Coast. We spawn, grow, pack, and ship millions of the nation's best bivalves to seafood distributors, major grocery chains, and directly into consumers' homes annually, and we are looking to add to our team for the summer season.

Packing House Attendants report directly to Packing House Supervisors, working both independently and as part of the team in all aspects of clam and oyster handling in and around the packing house.

TASKS:

- Receive shellfish at wharf from farms owned or controlled by the employer.
- Grade shellfish on shaking tables or graders.
- Wash and pack for sale, pick up, shipment, or local delivery.
- Clean, repair, and maintain totes, trays, and other equipment.
- Monitor product and packaging quality.
- Perform manual duties related to packing shellfish.

REQUIREMENTS:

- Must be at least 18 years old
- Ability to perform a variety of physical tasks, to include lifting up to 50 lbs. throughout the day and bending and kneeling while paying close attention to detail
- This is a physically demanding job involving working in a wet, refrigerated environment
- Understanding of and willingness to abide by all safety protocols
- Dependable and of good character and work ethic; self-starter
- Positions start at \$16.16/hour with overtime paid at time and ½.

This position includes a seasonal requirement to work weekends, evenings, and/or holidays as requested. Arriving to work on time is crucial.

To apply, please email work@clamandoyster.com

PART-TIME GROUNDS MAINTENANCE WORKER

The Northampton County Department of Public Works is accepting applications for a part-time grounds maintenance worker. The primary duty of this position will be to maintain the lawns of various county-owned facilities. Other general facilities maintenance duties may also be required. This is a year-round part-time position with up to 35 hours per week during the lawn care season and up to 20 hours per week during the off season. Experience operating zero-turn lawn mowers and towing trailers is a plus. A valid Virginia Driver's license is required.

Please refer to Northampton County's website for a complete job description, requirements, and application form at https://co.northampton.va.us/government/jobs_opportunities/job_openings

Please submit completed county application form to Human Resources, P.O. Box 66, Eastville, VA 23347 or in person to 16404 Courthouse Road. **Position open until filled.** Northampton County is an EOE.

Help Wanted

DIRECTOR OF PLANNING, PERMITTING & ENFORCEMENT

The County of Northampton is accepting applications for a highly qualified and experienced Director of Planning, Permitting & Enforcement.

This position will work with County Administration and other agencies on community and economic development opportunities. Requires bachelor's degree in planning, environmental studies, engineering, or other closely related field. Requires ten (10) years of experience involving environmental work, community development, planning, site inspections, engineering, or code review and enforcement.

The essential function of this position is to oversee and direct operations of planning, zoning, permits, building inspections, and code compliance. The position is responsible for staff supervision, managing and implementing County goals and objectives, establishing short- and long-range plans, developing policy and procedures, managing planning activities and events, and preparing budgets.

This position also evaluates, documents, and reports on events and activities to senior management and elected or appointed officials and oversees the building official for administration of Virginia Uniform Statewide Building Code. Additionally, the director oversees administration of the Northampton County Land Use Code to ensure the health, safety, and welfare of County residents. This position, with the appropriate certifications, performs plan reviews for storm water management and erosion and sediment control.

The salary range is \$91,9825 to \$140,795.

Please refer to Northampton County's website for further job descriptions and requirements https://www.co.northampton.va.us/government/jobs_opportunities/job_openings

Please submit completed application and resume with cover letter and copies of certifications to Human Resources, P.O. Box 66, Eastville, VA 23347. This position is open until filled. Northampton County is an EOE.

Northampton County Sheriff's Office is accepting applications for:

Jail Deputy at the Eastern Shore Regional Jail

Job will require shift work, nights, weekends and some holidays.

Qualifications: over the age of 21 and have high school diploma or GED.

Benefits include: VRS Retirement, Annual Leave, Sick leave, Paid Holidays, and Health Insurance

Applications may be obtained from the Eastern Shore Regional Jail, 5245 The Hornes, Eastville, Va. 23347 or online at <https://tinyurl.com/5n6epayy>

Open until filled.

Apply in person at the Eastern Shore Regional Jail

Northampton County is an Equal Opportunity Employer.

Accomack County Sheriff's Office is accepting applications for the following positions: **Full-Time Certified Law Enforcement Officer and Full-Time Correctional Officer and Full-Time Dispatcher.** Applications may be obtained from the Accomack County Sheriff's Office or online at www.accomackcountysheriffsoffice.org Open until filled. Accomack County Sheriff's Office is an Equal Opportunity Employer.

ACCOUNTING CLERK/BOOKKEEPER

The Accomack-Northampton Planning District Commission (A-NPDC) has been the Eastern Shore of Virginia's regional planning organization since 1970. This is an exciting opportunity, with benefits, for a driven professional to gain experience in the accounting field.

Required Skills and Qualifications: The essential function of the position is to provide accounting for various federal and state grant funds, as well as financial reporting for housing development, housing counseling, and elevation projects. The Accounting Clerk/Bookkeeper will be responsible for maintaining accurate financial accounts for the A-NPDC. Excellent skills in accounting and financial tasks are required. The Accounting Clerk/Bookkeeper must be proficient in MS Word, MS Excel, and QuickBooks. Proficiency in other software is a plus. A detailed description is available on Accomack-Northampton Planning District Commission's Facebook page and on its website at esvaplan.org

Submit cover letter and resume to Sandy Taylor at staylor@esvaplan.org with *Accounting Clerk/Bookkeeper* in the subject line, or mail a hard copy to the A-NPDC at P.O. Box 417, Accomac, VA 23301. The A-NPDC is an Equal Opportunity Employer.

The hiring range is \$45,000 - \$65,000 depending on qualifications. Benefit package includes the VRS Retirement System.

Minimum qualifications: High school diploma required; Associate's or Bachelor's Degree in Business Administration, Accounting or Finance or related field or comparable education and work experience preferred.

NURSERY IRRIGATION & MAINTENANCE SPECIALIST

Wholesale nursery in Accomack County looking for an individual to perform general farm maintenance, including light machinery repair and maintenance. During the growing season, this person will also be responsible for irrigation of crops.

Must be disciplined and have good record keeping skills. Ability to speak Spanish is a plus.

This is a full-time job with benefits including health insurance, life insurance, paid holidays and vacation, and profit sharing plan. EEO.

Submit resume to rinaca@esnursery.com

Rentals - Houses

NUEVA Casa- 3 Recamaras, 2 Banos Solo \$500 Deposito - Llame para los requisitos: 302-846-9100.

NEW 3BR, 2BA \$500 DEPOSIT CALL FOR DETAILS: 302-846-9100.

ONANCOCK - Charming 1BR cottage. All appliances. Partially furnished. Available Oct. 1. \$1,500/mo. Phone 757-442-3375.

Feed & Seed

HORSE HAY for sale and STRAW for sale. Call 757-824-3930 or call 757-894-1339 (cell).

Mobile Homes

READY TO MOVE INTO!!! 3 Bedroom, 2 Bath, Partially Furnished. Call for more details 302-846-9100.

Help Wanted

EMPLOYMENT TRAINING SPECIALIST - Hiring a 30 hour part-time Reentry Case Manager to provide pre and post-release services to individuals in city jails. Experienced in criminal justice, sociology, or related field. A valid DMV license is required. No phone calls please. Submit resume to cathleen.sullivan.stepup@gmail.com

HELP WANTED - Someone to help with chores around house, farm, & boats. \$16/hr to start. More time available. Must have own transportation. Call 609-658-3784.

CAPE CHARLES CANDY - Cashier & fudge maker positions. On the job training. Contact Jordan Dail at 215grayson@gmail.com

OFFICE MANAGER - Ginsberg, Nottingham & Mapp, a local CPA firm, seeks an office manager. Proficiency with Microsoft Office and Adobe and strong organizational skills required. Send resume to info@esvacpa.com or call 787-787-4700.

Motorcycles



'07 KAWASAKI VULCAN 2000 CLASSIC LT 2053CC

Excellent condition, garage kept, cruise control, leather saddle bags, new battery, faring, 20,351 miles. Includes cover, rain gear, gloves & more. \$2,500 firm 757-678-2725

Real Estate

WE BUY LAND!!! Call Clayton Homes for more information. 302-846-9100.

WE PAY TOP DOLLAR FOR USED HOMES AND TRADE-INS!!! Call for evaluations 302-846-9100.

Farm & Lawn Equipment

1953 ANNIVERSARY JUBILEE 600 FORD TRACTOR - \$3,500. 442-7507.

Boats, Etc.

LOADMASTER BOAT TRAILER - New and used. 757-588-1950. No calls after 7 p.m.

21' SAN JUAN SAILBOAT - From 1970s. Comes with sails & motor. FREE. Contact Sophie at 304-421-2374 or sschwar3@gmail.com



19' CAROLINA SKIFF
50 HP
FOUR-STROKE
YAMAHA
COMES W/ TRAILER
\$9,000 FIRM
757-656-8986



2004
Triumph 190 Bay
Yamaha 115 w/ 69 hrs.
Just serviced.
\$11,500.
(585-315-6322)



Classic
'77 Wellcraft V20
with '21 Suzuki 150
(30 hrs runtime),
new hydraulic
wheel steering,
on '21 Vantage trailer
\$12,000
or parts separately
757-331-0315

Boats (cont.)



1984 HUNTER 31

Great sailboat, extra jibs, Spinnaker, dinghy, marine radio, AC unit, boat heaters, water heater, new batteries, Yanmar diesel, 10 hrs since last service. New belts, spare filters. Stove, sink, shower, head. New cushions in salon and v-berth, safety equipment, clear title. Slip paid until May 2026.

\$10,500

Call Paul 757-793-0638



1984 20' Wellcraft w/trailer,

175 Evinrude motor
Comes with:
2-way radio,
depth finder,
new Bimini top,
8 HP Mercury
kicker motor,
safety equipment,
titles OH for both,
\$4,200

Contact Ron
757-667-9590



ELECTRIC CANOE

14' mahogany, cypress, white cedar custom by master boat builder Douglas Little. Perfect for exploring your creek in total silence, no paddling! Chincoteague Island. To see, call Paul, 914-589-5015. Like new. **\$4,500.**

Boats (cont.)



Godfrey Sweetwater 20 ft pontoon boat w/ Mercury motor

Boat & motor have 61 hrs.
Paid \$32,000 in 2017.
Has 2 axle trailer.
\$20,000 OBO.
Call Mike 717-554-2603.

Cars, Trucks, ATVs, RVs, Parts

2012 INTERNATIONAL PROSTAR - 450hp, 10 speed manual, many upgrades, 487k miles, ready to work, \$15k OBO call 757-302-3222.

2021 PACE OUTBACK - 8.5' x 20' Enclosed car carrier. Back ramp & side door. Used for moving. 3,500 miles. 7,000 lb. capacity. Painter area. \$8,000. 631-774-3739.



JEEP WRANGLER GEN 2 HARD TOP HOIST

The new Hoist-A-Cart™ Gen 2 from Lange Originals® makes it possible for one person to remove, lower, and store their top on the cart, and wheel their top and doors anywhere for storage. Rugged construction, a strong steel frame, heavy-duty swivel casters, and a geared winch, lifts, lowers, and stores your top. The cart footprint is small enough to fit in the corner of either a garage, a storage shed, or a carport. The base includes 1 set of built-in door hangers. Foam and rubber coatings keep your top and doors in pristine condition. The Hoist-A-Cart™ Gen 2 makes going topless easier than ever. Fully assembled but never used.

\$550

Email
jzpastis@gmail.com

Cars, Trucks, ATVs (cont.)



2002 CORVETTE
99K MILES.
RUNS GOOD.
NEW PAINT, NEW
TIRES, NEW TINT.
GARAGE KEPT.
\$22,000

CONTACT MARY JANE
757-787-4145



SALVAGE:
2016 MERCEDES
BENZ E350

4 MATIC, 4D SDN, black,
82k miles, fully loaded.
DAMAGE: Right front
fender and passenger side
of vehicle. \$3,000 OBO.
Call 757-678-2725.



FULL SIZE
'90 FORD BRONCO 5.8
4 WHEEL DRIVE
W/ 6-INCH LIFTS
127k miles

Automatic transmission
Exterior color: Black
Interior color: Blue
Fuel type: Gasoline
Very good condition
Clean title. Runs great.
New fuel pump, new water
pump, new battery, good
tires, new quarter panel (if
desired), and soft top.

Interior very clean. No A/C.
\$8,500

Contact Don 305-395-2400.
Leave a message.

Cars, Trucks, ATVs (cont.)



2009 SUBURBAN Z71
Leather interior; 3 rows of
seats; 1 owner.

\$8,995

757-709-8271



2006 ACURA MDX-SHAWD

Nav/Ent/Leather
New tires/shocks/
AC pump

Drives like new.
\$5,000

757-999-4140

Anuncio

¿QUIERE PUBLICAR UN ANUNCIO? Contacte con Ryan en el Post. Un anuncio de 5 líneas cuesta solo \$15. Llame al 757-789-7678. ryan@easternshorepost.com

Services

DIVORCE uncontested \$475 + \$86 costs. Contested divorces also handled. WILLS \$295. Hablo español. Hilton Oliver, Attorney. 757-490-0126. hilton@hiltonoliverattorneyva.com

SIMPSON TREE & BOBCAT SERVICE
Tree trimming, removal and stump grinding.
Call 757-710-8477.
FREE ESTIMATES.
We accept credit cards.

INVESTOR - Looking to sell your business? Local investor with an honest, discreet, and flexible approach. Call/text at 757-710-0777.

Services

PARKS PAVING

"We make driveways look like highways"

Residential & Commercial

Licensed & Insured

Only Serving the Eastern Shore of Virginia

Paving & Seal Coating

757-710-9600



TONY'S TREE SERVICE

COMPLETE TREE REMOVAL

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Residential • Commercial
FREE Estimates • Stump Grinding
Stump Removal • Lot Clearing • Excavation
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in Virginia



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FRENCH DRAINS • DRIVEWAYS • STONE

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and more for sale. Rough
cut or planed available or
we saw your logs. Portable
Sawmill.

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Garage Doors
Automatic Openers
Installation, Sales
& Service

Affordable Rates
Call 894-3151



TREE SERVICE
(757) 442-7540

Place an Ad

WANT TO PLACE AN AD?
Contact Ryan at the Post. A
5-line ad like this one costs
only \$15. Call 757-789-7678.
ryan@easternshorepost.com

Misc. For Sale



SHERATON STYLE WALNUT HUNTBOARD

Gallery back with star inlay. Satinwood banding and escutcheon on drawer. One long drawer and two side drawers. Arched apron and tapered and reeded legs. Circa 1820.

Length: 55 1/2"; Depth: 21"; Height: 49 1/2"

This antique huntboard was part of the Althea and Bootie Shelton estate.

It was appraised by a professional antique appraiser for **\$15,000**.

I will accept any reasonable offer. Delivery is not available. It will need to be picked up upon arrangements.

Would the gentleman that made me an offer on this huntboard please call me? I have misplaced your phone number. Thank you! Gina

Call 757-434-2255

Misc. for Sale

DAYBED - 2 mattresses, 2 springs. Decorative metal frame. Contact 757-787-7805.

PORTABLE TREADMILL - Brand new. \$75. Call or text 757-387-7053.



**3-PIECE
BASSET DRESSERS**
\$900
757-656-8986

It's time to sell your car



**\$40 til sold
\$55 w/ photo**

**Call Ryan
757-789-7678**



Yard Sale

CLOSET CLEANOUT SALE - Sept. 13 on Onancock Street, Onancock, VA from 8:30am to 12pm. Women's, men's, kids' items, purses. Seasonal discounts and \$1 items. Cash and Venmo accepted.

YARD SALE - 20190 Market St., Onancock. 8:30 a.m. Sat., Sept. 6.

HOPKINS ESTATE "TAG" SALE

Sat., Sept. 6, 2025

8 a.m. to 12 p.m.

"as priced"

Closed 12 to 1 p.m.

1 p.m. to 3 p.m.

"1/2 price"

**16398 Pungoteague Rd.
Keller, VA**

Local Art by

Crockett, Beach, Turner,
Smith & Chesapeake
Reproductions, E.S.

Cookbooks, Longaberger

Dishes & Baskets,

Lots of Horse Décor &

Memorabilia, Christmas

Items & more!

Hosted by

Shore Estate Liquidators

Pictures are on our

Facebook Page

YARD SALE

Curious Finds is ...

Helping Dad clean out the
sheds and outbuildings,
along with a yard sale.

FRI., SAT., & SUN.

SEPT. 5TH, 6TH, & 7TH

9 A.M. TO 3 P.M.

Tools, shelves, cabinets, and
a wide variety of other items.

Everything is priced to SELL!

Located in Exmore, Main St.
to Bright St. to Broad St.

Look for the
pink & white signs!

Legal Ads

PUBLIC NOTICE

Notice is hereby given that the Northampton County Wetlands Board will hold a public meeting on Wednesday, September 17, 2025, to consider and to hear public comments on three applications.

The meeting will begin at 8:00 AM with site visits to the affected properties, in the order in which the cases are listed below. The Board will reconvene at or around 10:45 AM that same morning in Board Chambers in the County Administration Building at 16404 Courthouse Road, Eastville, Virginia, for the purpose of conducting public hearings.

VMRC 2025-0889: Sun Sunset Beach RV, LLC (property owner) and BIC Inc. (applicant) are applying for a permit to construct a commercial walkway with handrails for beach access along an existing path. The project site is located adjacent to 32226 Lankford Highway, Cape Charles, VA, and is further described as Tax Map 117-A-24, along the shoreline of Chesapeake Bay.

VMRC 2025-1386: Bradley Gray is applying for a permit to replace an existing bulkhead with a rip rap revetment consisting of Class III and Type I Rip Rap. The property is located at 3242 Butlers Bluff Drive, Cape Charles, VA, and is further described as Tax Map 112F-1-5 along the shoreline of Chesapeake Bay.

VMRC 2025-1875: The Constance France Bowen Revocable Trust is applying for a permit to construct a navy style bulkhead with two return walls in front of an existing failing bulkhead. The properties are located on Peaceful Way, Exmore, VA, and are further described as Tax Maps 12C-1-8 & 12C-1-9 along the shoreline of Chesapeake Bay.

The application files may be viewed in the Planning, Permitting, and Enforcement Office in the County Administration Building, Monday through Friday, between the hours of 9:00 a.m. and 5:00 p.m.

Written comments may be sent via e-mail to olivia.bennett@co.northampton.va.us or may be submitted by mail or hand-delivery to the Planning, Permitting, and Enforcement Office in the County Administration Building.

Persons needing assistance attending the meeting or viewing the files may contact the County at (757) 678-0443, ext. 516.

For questions on application information, contact the Planning, Permitting, and Enforcement Office at (757) 678-0443, ext. 546.

Marshall Cox, Chairman
Wetlands Board

Pets



PEMBROKE WELSH CORGI PUPPIES

AKC-registered, genetically tested, 1st & 2nd puppy shots.

Please contact Dorothy Johnson by text message

757-270-1939 for more information.

You can also visit our Facebook page,
Corgis on The Shore.

www.facebook.com/groups/corgisontheshore
marketplace.akc.org/corgis-on-the-shore



**The deadline for placing obituaries
and ads is noon on Wednesday.**

TOWN OF ONLEY REQUEST FOR BIDS FROM LICENSED CONTRACTORS

The Town of Onley is seeking bids from licensed and insured contractors to install and remove approximately 35 holiday lights and 35 holiday banners in town and install and remove an 18' panel tree at McMath Park.

Installation must be completed by November 26, 2025, and removal must be completed by January 7, 2026.

Please contact Susan Rillo at 757-787-3985 or srillo@townofonley.org for a bid packet. Sealed bids will be accepted at the Onley Town Office, 25308 Lankford Highway, Onley VA, until Monday, October 6, 2025, at 5:00 p.m. The Town of Onley has the right to accept/refuse any and all bids.

Legal Ads

NOTICE OF A PUBLIC HEARING

Pursuant to Virginia Code §15.2-2507, Amendment of Budget, you are hereby notified of a public hearing that will be held in the Onancock Town Hall, Council Chambers, 15 North Street, Onancock, VA 23417, at 7:00 p.m., Monday, September 22, 2025.

The Town Council, by majority vote, approved a motion made and seconded at its July 28, 2025, meeting to hold a public hearing on the concept of developing a grant and loan program through the Onancock Economic Development Authority that would fund necessary repairs at town-owned buildings located within Onancock town limits. Town reserves would be used to establish this fund and will have no impact on town taxes but will increase the approved budgeted expenditures by more than 1%.

All interested Onancock taxpayers will be afforded the opportunity to be heard or to present written statements. The motion and supporting materials are available by emailing matt.spuck@onancock.com, or a hard copy can be obtained in the town offices during regular business hours.

PUBLIC NOTICE

PUBLIC HEARING CONCERNING ONANCOCK TOWN COUNCIL'S INTENT TO APPROVE A BOUNDARY LINE ADJUSTMENT WITH ACCOMACK COUNTY

Pursuant to Virginia Code §§ 15.2-3107 and 2.2-3707, please take notice of a public hearing to be held by the Onancock Town Council in the Onancock Town Hall, Council Chambers, 15 North Street, Onancock, VA 23417 at 7:00 p.m., Monday, September 22, 2025.

The Town Council is considering, and intends to approve, an agreement with Accomack County to adjust the boundary line between Accomack County and the Town of Onancock, Virginia, which would incorporate certain property within the Town boundary. The property in question is located west of Hill Street, south of Liberty Street, and extends southward to Tower Road. The Town Council will conduct a public hearing concerning the boundary line adjustment.

The supporting materials, including a copy of the boundary line adjustment agreement, are available by email (matt.spuck@onancock.com), or a hard copy can be obtained in the town offices during regular business hours.



TOWN OF CHINCOTEAGUE NOTICE OF PUBLIC HEARING

The Chincoteague Town Council and the Planning Commission will conduct a joint public hearing commencing at 7 P.M. on October 6, 2025, in the Council Chambers at the municipal building located at 6150 Community Drive, Chincoteague, VA 23336 to afford interested parties the opportunity to be heard or present written comments concerning proposed changes to the Town Zoning Ordinance regarding uses allowed by-right in the C-2 Old Town Commercial district.

The full content of the proposed changes may be viewed at the Town office or on the Town's website at www.chincoteague-va.gov

Written comments may be submitted to the Town Manager until 5 P.M. on October 6 at the above physical address or to mtolbert@chincoteague-va.gov.



TO THE CITIZENS OF ACCOMACK COUNTY AND THE TOWN OF ONANCOCK: NOTICE OF INTENTION TO APPROVE BOUNDARY LINE ADJUSTMENT AGREEMENT BETWEEN THE COUNTY OF ACCOMACK AND THE TOWN OF ONANCOCK

PLEASE TAKE NOTICE that on the **17th day of September, 2025, at the hour of 6:00 PM**, during the regular meeting of the Board of Supervisors for the County of Accomack, Virginia in the **Board Chambers, Suite 104, located at 23296 Courthouse Avenue, Accomack, Virginia 23301**, the Board of Supervisors will have proposed to it for approval and adoption a Boundary Line Adjustment Agreement between the County of Accomack and the Town of Onancock (the "Agreement"), pursuant to Virginia Code §§ 15.2-3106 and 15.2-3107. In addition, a public hearing concerning the Agreement will be conducted.

The proposed Agreement provides that the area of Accomack County to the south of the Town of Onancock's existing southern boundary adjacent to State Route 658/Liberty Street and bounded to the east by State Route 718/Hill Street and State Route 638/Cashville Road, to the west by Tower Road, and continuing in a northerly direction along boundary lines between Tax Parcels #92-A-95B, #92-A-95A, #92-A-95B1, and #85A1-A-54A, #85A1-6-A1 & #85A1-6-C, and heading further northward along a property boundary line with Tax Parcel #85A1-A-54, and intersecting with the Town's existing boundary line, which area encompasses certain privately owned properties, shall be incorporated within the boundaries of the Town of Onancock; that the Town of Onancock Proposed Boundary Adjustment area set forth in Exhibit A to the Agreement shall constitute a new boundary line between the County and the Town; for the reason that said Boundary Line Adjustment will allow the provision of improved utility, law enforcement, economic development, planning and zoning, other municipal services to the area.

NOTICE OF OYSTER PLANTING GROUND APPLICATION

Robert L. Lawson IV (2025050) has applied for approximately 158.53 acres of oyster planting ground in Outlet Bay situated in Northampton County. The application is located at Lat/Long: N37-23.265 / W75-50.64

To view a map of the application, or to provide public comments, use this web link to search the application by number (2025050): https://webapps.mrc.virginia.gov/public/oystergrounds/search_applications.php or contact the VMRC Shellfish Management Division at 757-247-2262.

Send written comments or concerns to: Marine Resources Commission, Shellfish Management Division 380 Fenwick Road, Fort Monroe, VA 23651-1064.

NOTICE OF OYSTER PLANTING GROUND APPLICATION

H. M. TERRY COMPANY, INC., (2025033) has applied for approximately 18.24 acres of oyster planting ground in South Bay situated in Northampton County. The application is located at Lat/Long: N37-14.5326 / W75-50.3034

To view a map of the application, or to provide public comments, use this web link to search the application by number (2025033): https://webapps.mrc.virginia.gov/public/oystergrounds/search_applications.php or contact the VMRC Shellfish Management Division at 757-247-2262.

Send written comments or concerns to: Marine Resources Commission, Shellfish Management Division 380 Fenwick Road, Fort Monroe, VA 23651-1064.

NOTICE OF OYSTER PLANTING GROUND APPLICATION

Devin T. Smith (2025045) has applied for approximately 9.86 acres of oyster planting ground in Nandua Creek, situated in Accomack County. The application is located at Lat/Long: N37-36.8454 / W75-52.8756

To view a map of the application, or to provide public comments, use this web link to search the application by number (2025045): https://webapps.mrc.virginia.gov/public/oystergrounds/search_applications.php or contact the VMRC Shellfish Management Division at 757-247-2262.

Send written comments or concerns to: Marine Resources Commission, Shellfish Management Division, 380 Fenwick Road, Fort Monroe, VA 23651-1064.

NOTICE OF OYSTER PLANTING GROUND APPLICATION

J. C. WALKER BROS., INC., (2025047) has applied for approximately 22.67 acres of oyster planting ground in Revel Creek situated in Accomack County. The application is located at Lat/Long: N37-29.7876 / W75-40.9626

To view a map of the application, or to provide public comments, use this web link to search the application by number (2025047): https://webapps.mrc.virginia.gov/public/oystergrounds/search_applications.php or contact the VMRC Shellfish Management Division at 757-247-2262.

Send written comments or concerns to: Marine Resources Commission, Shellfish Management Division 380 Fenwick Road, Fort Monroe, VA 23651-1064.

Under the proposed Agreement, the Board of Supervisors of Accomack County and the Town Council of the Town of Onancock agree to promptly petition the Circuit Court of the County of Accomack, Virginia, to approve the Boundary Line Adjustment Agreement and the Town of Onancock Proposed Boundary Adjustment, and those governing bodies agree that the said Boundary Line Adjustment Agreement shall become effective on the date designated by the Circuit Court for the County of Accomack, Virginia.

The proposed Boundary Line Adjustment Agreement between the Town of Onancock and the County of Accomack, Virginia, including Exhibit A containing a description of the Town of Onancock Proposed Boundary Adjustment area noting the tax map parcel numbers of properties to be included within the boundaries of the Town of Onancock is on file in the Office of the Clerk to the Accomack County Board of Supervisors, Accomack County Administration Building, 23296 Courthouse Avenue, Suite 203, Accomack, Virginia 23301, and may be examined there between the hours of 8:30 AM and 5:00 PM Monday through Friday.

The public is invited to attend and make their views known at the meeting of the Accomack County Board of Supervisors on the **17th day of September, 2025**.

Jan L. Proctor
County Attorney for Accomack County

Any citizen wishing to view documents, submit a comment, having questions, or needing special assistance for the disabled, may contact the County Administrator's Office:

(757) 787-5700 / 824-5444 or
administration@co.accomack.va.us

County's electronic Board Agenda
on the Friday before the meeting at:

<https://go.boarddocs.com/va/coa/Board.nsf/Public>

Live Meeting Audio:

<https://tinyurl.com/3kjdnz8n>

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NOTICE OF PUBLIC HEARING MAYOR AND CITY COUNCIL OF POCOMOKE CITY FOR ORDINANCES: 2026-O-1, 2026-O-2, 2026-O-4, 2026-O-5, AND 2026-O-6

NOTICE is hereby given by the Mayor and City Council of Pocomoke City, that on Monday, August 4, 2025, the following ordinances were introduced: Ordinance Number 2026-O-1, Ordinance Number 2026-O-2, Ordinance Number 2026-O-5, and Ordinance Number 2026-O-6.

The purpose of Ordinance Number 2026-O-1 is to amend the City's official zoning map for Lot 1, Map 92, Grid 2, Parcel 210 consisting of 74.17 acres along Old Virginia Road, said property being owned by the City, from M-1 Industrial and B-2 General Business to Planned Redevelopment District, referred to as "PRD Floating Zone."

The purpose of Ordinance Number 2026-O-2 is to amend the City Code, Chapter 101 entitled "Building Construction" Article I, entitled "Building Permits" and Chapter 230 entitled "Zoning" Article XV, entitled "Administration and Enforcement" for the purpose of clarifying and making uniform the time limits and expiration of building and zoning applications; to establish time limits on permits that are not kept active; or when they are deemed to have expired; to authorize the granting of time extensions upon showing justifiable cause.

The purpose of Ordinance Number 2026-O-4 is to establish Chapter 206 of the City Code, to be entitled "Pocomoke City Critical Area Program" and to adopt a supplemental zoning map entitled "Chesapeake Bay Critical Area Overlay District Map."

The purpose of Ordinance Number 2026-O-5 is to amend the City Code, Chapter 230 entitled "Zoning" to add Article XII, entitled "Urban Design Standards" and Section 230-82 entitled "Architectural Design Minimum Requirement for Neighborhood Compatibility."

The purpose of Ordinance Number 2026-O-6 is to amend the City Code, Chapter 230 entitled "Zoning" to add Article XII, to be entitled "Urban Design Guidelines" and adding Section 230-83 to be entitled "Sign Standards as Applied to Murals and Signage."

In accordance with the procedural provisions of Section 230-111 "Amendment Procedure," of the Pocomoke City Code, the Mayor and Council shall hold a public hearing in relation to the proposed amendments, at which parties in interest and citizens shall have an opportunity to be heard.

NOTICE is further hereby given by the Mayor and City Council for Pocomoke City will hold a public hearing on said Ordinances on:

MONDAY, SEPTEMBER 15, 2025
at 6:30 PM
City Hall, 101 Clarke Street
Pocomoke City, Maryland 21851

All interested parties are invited to attend said public hearings and present their views.

A full copy of each proposed ordinance is available by visiting the Pocomoke City Hall at 101 Clarke Street, Pocomoke City, Maryland 21851 Monday through Friday from 8:00 AM to 4:30 PM (except holidays).

BOARD OF SUPERVISORS NOTICE OF PUBLIC HEARING

THE ACCOMACK COUNTY BOARD OF SUPERVISORS WILL HOLD A PUBLIC HEARING ON WEDNESDAY, **SEPTEMBER 17, 2025, AT 6 P.M. IN THE BOARD OF SUPERVISORS CHAMBERS, ROOM 104, 23296 COURTHOUSE AVENUE, ACCOMAC, VIRGINIA TO AFFORD INTERESTED PERSONS THE OPPORTUNITY TO BE HEARD OR TO PRESENT WRITTEN COMMENTS CONCERNING THE FOLLOWING:**

A. REZ-000057-2025: Dale Rivenbark

Request to amend Proffer 1 of the 2006 Rezoning Proffer Statement to gain access to County Line Road (Route 601) from parcels 125-2-B1 & 125-2-C, containing 25.44 acres, and to strike Proffer 3, which required 30,000 square foot lots in the event the property was subdivided.

Public hearing related materials are available for review at the Office of the County Zoning Administrator at 23296 Courthouse Avenue - Room 105 - Accomac, Virginia or <http://www.boarddocs.com/va/coa/Board.nsf/Public> on the Friday prior to each meeting date.

Handicapped Assistance available, call: (757) 787-5704.

REQUEST FOR PROPOSAL

The Town of Onley, Virginia, is seeking proposals from interested general contracting firms for design and construction services related to the installation of a new office and bathroom and related infrastructure in the garage located at 25559 E. Main Street, Onley.

The respondent shall be a licensed contractor in the Commonwealth of Virginia and shall present demonstrated evidence of ability, qualifications, and experience in successfully completing similar projects for small local governments and/or businesses. In addition to a listing of similar projects completed and a contact person of reference for each project, bonding, workman's comp, and liability insurance information shall be provided along with the contact information for the respondent's insuring and bonding agencies.

Detailed bid packet and more information may be obtained by calling 757-787-3985.

A pre-bid meeting will be held on-site at 25559 E. Main St., Onley, VA 23418 on Friday, September 19, 2025, at 11:00 am. Attendance is not mandatory but is strongly suggested.

RFPs should be addressed to Town of Onley, P.O. Box 622, Onley, VA 23418, Attn: Town Garage Project, and received on or before 5:00 PM on October 6, 2025. Bids may also be dropped off in person to 25308 Lankford Highway, Onley, VA 23418.

Late submissions will not be accepted. Sealed proposals will be opened on October 6, 2025, at our regular monthly meeting. Contracts will be awarded based on information received and based on the proposal that is expected to be the most beneficial to the project. The Town of Onley reserves the right to accept or reject any and all proposals.

PUBLIC NOTICE – ENVIRONMENTAL PERMIT

PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality (DEQ) for the withdrawal of ground water in Northampton County, Virginia.

PUBLIC COMMENT PERIOD: September 5, 2025 to October 6, 2025

PERMIT NAME: Ground Water Withdrawal Permit issued by DEQ pursuant to applicable water laws and regulations

APPLICANT NAME, ADDRESS AND PERMIT NUMBER: Fern Point Limited Partnership; 6158 Fern Point Rd., Franktown, VA 23354; GW1000360

NAME AND LOCATION OF WATER WITHDRAWAL: Jones 2 Farm; Bayford Rd., Tax Parcels 20-A-52, 20-1-B, 20-A-104, 20-1-C1 and 20-1-C2, Franktown, VA 23354

PROJECT DESCRIPTION: Fern Point Limited Partnership has applied for a reissuance of a permit for agricultural farming. The permit would authorize the applicant to withdraw a maximum of 10,600,000 gallons per year and 4,191,000 gallons per month from the Upper Yorktown-Eastover aquifer. The ground water withdrawal will support crop irrigation. The top of the Upper Yorktown-Eastover aquifer at the proposed withdrawal site was determined to be 90 feet below land surface. An aquifer is a body of rock or layer of sediment in the ground in which ground water is stored and transported. DEQ has made a tentative decision to issue the permit. The draft permit can be viewed at <https://www.deq.virginia.gov/permits/public-notices/water/water-withdrawal>

AFFECTED AREA: The radial distance from the wells to where computer modeling predicts the aquifer may experience one foot of drawdown due to the withdrawal is illustrated on a map that can be viewed in the draft permit linked above.

HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: DEQ accepts comments and requests for public hearing by hand-delivery, e-mail, or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. Submittals must include the names, mailing addresses or email addresses of the commenter/requester and of all persons represented by the commenter/requester. A request for public hearing must also include: 1) The reason why a public hearing is requested. 2) A brief, informal statement regarding the nature and extent of the interest of the requester or of those represented by the requester, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. A public hearing may be held, including another comment period, if public response is significant, based on individual requests for a public hearing, and there are substantial, disputed issues relevant to the permit.

CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS AND ADDITIONAL INFORMATION: Nicole Reungoat; DEQ Central Office, P.O. Box 1105, Richmond, VA, 23218; Phone: 804-698-4192; E-mail: nicole.reungoat@deq.virginia.gov. The public may review the draft permit and application at the DEQ office named above by appointment or may request copies of the documents from the contact person listed above.

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ryan@easternshorepost.com

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TOWN OF CHINCOTEAGUE NOTICE OF PUBLIC HEARING

The Chincoteague Town Council will conduct a public hearing commencing at 7 P.M. on October 6, 2025, in the Council Chambers at the municipal building located at 6150 Community Drive, Chincoteague, VA 23336 to afford interested parties the opportunity to be heard or present written comments concerning the installation of additional lighting in Memorial Park to include the tennis courts and other park amenities.

Questions can be addressed to the Town Manager at (757) 336-6519. Written comments may be submitted to the Town Manager until 5PM on October 6 at the above physical address or to mtolbert@chincoteague-va.gov.

PUBLIC NOTICE

On Monday, September 8, 2025, the Accomack County School Board will be holding its Discipline Committee Meetings beginning at 5:30 p.m. at Metompkin Elementary School, 24501 Parksley Road, Parksley, VA 23421.

Danielle Clark
School Board Clerk

PUBLIC NOTICE

On Tuesday, September 9, 2025, the Accomack County School Board will be holding its Finance Committee Meetings beginning at 5:30 p.m. at Metompkin Elementary School, 24501 Parksley Road, Parksley, VA 23421.

Danielle Clark
School Board Clerk

PUBLIC NOTICE

On Wednesday, September 10, 2025, the Accomack County School Board will be holding its Policy Committee Meetings beginning at 5:30 p.m. at Metompkin Elementary School, 24501 Parksley Road, Parksley, VA 23421.

Danielle Clark
School Board Clerk

PUBLIC NOTICE

On Tuesday, September 16, 2025, the Accomack County School Board will be holding its Regular Session Board Meeting beginning at 6:30 p.m. at Metompkin Elementary School, 24501 Parksley Road, Parksley, VA 23421.

Danielle Clark
School Board Clerk

Sports Trivia

By Ryan Berenz

1. Johnny "Red" Kerr was head coach (1966-1968) and broadcaster (1975-2008) for what NBA team?

2. What event, held at Washington's Emerald Downs racetrack, involves people wearing inflatable dinosaur costumes competing in a footrace?

3. Hungary's Rudolf Karpati won six gold medals in four different Summer Olympics from 1948 to 1960, competing in what sport?

4. What soul music legend tried out for a roster spot with the NFL's Detroit Lions in 1970?

5. In November 2024, Anya Bannasch of California set a new Guinness World Record for putting 711 items of what sports equipment in her hair?

6. Toni Stone became the first woman to play regularly for an American pro baseball team when she took the field for which Negro American League team in 1953?

Answers
1. The Chicago Bulls
2. The T-Rex World Championship Races
3. Fencing
4. Marvin Gaye
5. Golf tees
6. The Indianapolis Clowns
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TIDE TABLE

Seaside

Bayside

		Friday Sept. 5		Saturday Sept. 6		Sunday Sept. 7		Monday Sept. 8		Tuesday Sept. 9		Wednesday Sept. 10		Thursday Sept. 11
Assateague Beach	H L	6:42 a.m. 1:00 p.m.	H L	7:29 a.m. 1:50 p.m.	H L	8:15 a.m. 2:39 p.m.	H L	9:01 a.m. 3:27 p.m.	H L	9:48 a.m. 4:17 p.m.	H L	10:36 a.m. 5:09 p.m.	H L	11:25 a.m. 6:04 p.m.
Chinco. Channel	H L	6:46 a.m. 1:02 p.m.	H L	7:33 a.m. 1:51 p.m.	H L	8:18 a.m. 2:38 p.m.	H L	9:03 a.m. 3:26 p.m.	H L	9:49 a.m. 4:15 p.m.	H L	10:37 a.m. 5:05 p.m.	H L	11:28 a.m. 5:59 p.m.
Gargatha Neck	H L	7:38 a.m. 1:39 p.m.	H L	8:25 a.m. 2:29 p.m.	H L	9:11 a.m. 3:18 p.m.	H L	9:57 a.m. 4:06 p.m.	H L	10:44 a.m. 4:56 p.m.	H L	11:32 a.m. 5:48 p.m.	H L	12:21 p.m. 6:43 p.m.
Folly Creek	H L	7:31 a.m. 1:24 p.m.	H L	8:18 a.m. 2:14 p.m.	H L	9:04 a.m. 3:03 p.m.	H L	9:50 a.m. 3:51 p.m.	H L	10:37 a.m. 4:41 p.m.	H L	11:25 a.m. 5:33 p.m.	H L	12:14 p.m. 6:28 p.m.
Wachapreague	H L	7:03 a.m. 1:06 p.m.	H L	7:53 a.m. 1:59 p.m.	H L	8:43 a.m. 2:51 p.m.	H L	9:33 a.m. 3:41 p.m.	H L	10:22 a.m. 4:30 p.m.	H L	11:10 a.m. 5:20 p.m.	H L	12:00 p.m. 6:13 p.m.
Quinby Inlet	H L	6:42 a.m. 12:39 p.m.	H L	7:29 a.m. 1:29 p.m.	H L	8:15 a.m. 2:18 p.m.	H L	9:01 a.m. 3:06 p.m.	H L	9:48 a.m. 3:56 p.m.	H L	10:36 a.m. 4:48 p.m.	H L	11:25 a.m. 5:43 p.m.
Machipongo	H L	7:12 a.m. 1:08 p.m.	H L	7:59 a.m. 1:58 p.m.	H L	8:45 a.m. 2:47 p.m.	H L	9:31 a.m. 3:35 p.m.	H L	10:18 a.m. 4:25 p.m.	H L	11:06 a.m. 5:17 p.m.	H L	11:55 a.m. 6:12 p.m.
Tangier Sound Light	H L	10:44 a.m. 5:04 p.m.	H L	11:30 a.m. 5:51 p.m.	H L	12:15 p.m. 6:37 p.m.	H L	1:00 p.m. 7:06 a.m.	H L	1:47 p.m. 7:45 a.m.	H L	2:35 p.m. 8:27 a.m.	H L	3:26 p.m. 9:12 a.m.
Muddy Creek	H L	11:11 a.m. 5:47 p.m.	H L	11:58 a.m. 6:38 p.m.	H L	12:44 p.m. 7:08 a.m.	H L	1:28 p.m. 7:49 a.m.	H L	2:13 p.m. 8:29 a.m.	H L	3:00 p.m. 9:11 a.m.	H L	3:50 p.m. 9:56 a.m.
Guard Shore	H L	11:03 a.m. 5:43 p.m.	H L	11:50 a.m. 6:34 p.m.	H L	12:36 p.m. 7:04 a.m.	H L	1:20 p.m. 7:45 a.m.	H L	2:05 p.m. 8:25 a.m.	H L	2:52 p.m. 9:07 a.m.	H L	3:42 p.m. 9:52 a.m.
Chescon. Creek	H L	10:38 a.m. 4:55 p.m.	H L	11:25 a.m. 5:46 p.m.	H L	12:11 p.m. 6:35 p.m.	H L	12:55 p.m. 6:57 a.m.	H L	1:40 p.m. 7:37 a.m.	H L	2:27 p.m. 8:19 a.m.	H L	3:17 p.m. 9:04 a.m.
Onancock Creek	H L	10:52 a.m. 5:15 p.m.	H L	11:39 a.m. 6:06 p.m.	H L	12:25 p.m. 6:55 p.m.	H L	1:09 p.m. 7:17 a.m.	H L	1:54 p.m. 7:57 a.m.	H L	2:41 p.m. 8:39 a.m.	H L	3:31 p.m. 9:24 a.m.
Pungoteague Creek	H L	10:08 a.m. 4:29 p.m.	H L	10:55 a.m. 5:20 p.m.	H L	11:41 a.m. 6:09 p.m.	H L	12:25 p.m. 6:56 p.m.	H L	1:10 p.m. 7:11 a.m.	H L	1:57 p.m. 7:53 a.m.	H L	2:47 p.m. 8:38 a.m.
Nassawadox	H L	8:54 a.m. 2:49 p.m.	H L	9:41 a.m. 3:40 p.m.	H L	10:25 a.m. 4:29 p.m.	H L	11:09 a.m. 5:17 p.m.	H L	11:54 a.m. 6:06 p.m.	H L	12:40 p.m. 6:57 p.m.	H L	1:29 p.m. 6:58 a.m.
Occhohan. Creek	H L	9:19 a.m. 3:48 p.m.	H L	10:04 a.m. 4:35 p.m.	H L	10:49 a.m. 5:21 p.m.	H L	11:35 a.m. 6:09 p.m.	H L	12:23 p.m. 6:56 p.m.	H L	1:13 p.m. 7:02 a.m.	H L	2:02 p.m. 7:45 a.m.
Cape Charles	H L	7:42 a.m. 1:59 p.m.	H L	8:29 a.m. 2:50 p.m.	H L	9:15 a.m. 3:39 p.m.	H L	9:59 a.m. 4:26 p.m.	H L	10:44 a.m. 5:14 p.m.	H L	11:31 a.m. 6:04 p.m.	H L	12:21 p.m. 7:01 p.m.
Kiptopeke Beach	H L	7:19 a.m. 1:21 p.m.	H L	8:04 a.m. 2:13 p.m.	H L	8:49 a.m. 3:02 p.m.	H L	9:33 a.m. 3:50 p.m.	H L	10:18 a.m. 4:39 p.m.	H L	11:05 a.m. 5:31 p.m.	H L	11:55 a.m. 6:29 p.m.

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PASTIMES

MAGIC MAZE ● — VIEW

S M J T N A S A E L P H E B N
 Y V T Q O L P I G D A B Y L I
 W T R P M K O I F D N B A N A
 Y W F E I R I A R P O I P E T
 U S Q O Y O N M K I R L F T N
 F D B Z T E T X W E A E O A U
 U S Q O G U S W A I M N D V O
 L J R A L L O D N O I L L I M
 H F P D C R F A R Y C W E R S
 V T S Q L L U F N I P N I P L
 K I H D F E C B Z Y B W F V U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: A TREELESS GRASSY PLAIN

Aerial	In plain	Page	Private
Bird's eye	Million dollar	Panoramic	Side
Field of	Mountain	Pleasant	World
In full	Out of	Points of	

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Last week's answers

S T B E D E B I O L A B A N G R Y A T
 N O E X I T E A R T H A N O R I E G A
 A I R P L A N E M O D E M T R I S T A R
 P L E A I T T M A X I M S K I R T
 P E T T I N G Z O O M M A S T S
 Y D S N E E O N E Y E A R I P A
 A F I R E T E A M S T R A I N E R
 F L A C O N S A O T O M E E N S U R E
 O I L E R M S G A V O C A T I O N
 R E A L M T R O U P E R E M O T N T
 A S O F N A D I A E D A M
 A G O P O P R U M M A G E S A L E M
 W A C O T E X A S E R A H Y E N A
 A M T R A K L O O M I N G L I A I S E
 R E A R M A D M I R A L O B O E S
 E S L A T L E A S T L A S I C I
 P A T T I O M A R K A N T O N Y M
 H E A L T H S P A M E U R A T R A
 O S C A R I I C A R I B B E A N S E A M
 A S I N I N E T U N N E L V I E N N A
 R E D T A G S A L A S K A E A S T O N

6	9	7	3	4	1	8	2	5
1	3	8	5	7	2	9	4	6
2	5	4	9	6	8	7	1	3
9	2	1	7	3	6	5	8	4
7	4	5	2	8	9	6	3	1
8	6	3	4	1	5	2	7	9
5	1	6	8	2	3	4	9	7
3	7	2	6	9	4	1	5	8
4	8	9	1	5	7	3	6	2

Weekly SUDOKU

4	6		9	5				
	3	2	7		1		6	8
	9		3				5	1
	8		6				7	
						2	4	6
7	2	6	4	3	5		1	
				9			8	
		8		1	5			
6		5	8	7		1		2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

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Super Crossword

WRITING SWEET NOTES

ACROSS	DOWN
1 Sailing guy	1 Free-for-all fighter
8 Dump vermin	2 Opening for a lubricant, as in a drill
12 Increased, as security	3 No less than
20 Singer with the 2018 hit "Let You Love Me"	4 Razz
21 Morales of "Bad Boys"	5 Change form little by little
22 Still growing	6 Zone
23 Charms strongly	7 Sadat's predecessor
24 Pottery flaw	8 Intersect again
25 Cereal with a Honey Clusters variety	9 Wan
26 Start of a riddle	
29 Reluctant	
30 Suffix with ranch	
31 Sty dweller	
32 — Lankan	
33 Reggae forerunner	
36 Overhead railways	
37 Riddle, part 2	
41 Sell directly to consumers	
44 Very secretive org.	
45 Mysore dress	
46 Completely	
47 Old Palm smartphone	
49 — -de-sac	
52 Blasting stuff	
54 Riddle, part 3	
60 Old Pontiacs	
61 Parks of civil rights	
62 — monster	
63 Flight check-in stand	
66 Mob group	
69 Likely	
70 Riddle, part 4	
73 "Monsters, —"	
74 City known for its Heat	
76 Clan emblem	
77 — -mutuel betting	
78 PC whiz	
79 Watch over	
81 Riddle, part 5	
84 Frat party containers	
88 Road no.	
89 Emphatic assent in Acapulco	
90 First play part	
91 Horse pace	
93 Saints' and Cardinals' gp.	
96 Twangy vowel sounds	
100 End of the riddle	
105 "Prob'ly not"	
106 Bagel fish	
107 Britain's Lord Sebastian —	
108 Patterned after	
109 Issa of "Insecure"	
110 Neopagan practice	
112 Riddle's answer	
116 Liqueur in some biscotti recipes	
119 Nile goddess	
120 Most lofty	
121 Guys with pitches	
122 Faxed, e.g.	
123 Tempo faster than larghetto	
124 Singer Julio or Enrique	
125 Picnic intruders	
126 Dawn crower	
10 Slow-movement martial art	
11 Suck out with a tube	
12 Bully in "Back to the Future"	
13 Go-between	
14 Going aboard	
15 Spenser's "The — Queene"	
16 Gigi's "to be"	
17 Band of two	
18 Fancy vase	
19 Baseball's — Wee Reese	
27 Video game or sci-fi film	
28 Food items with shells	
33 Fully content	
34 Shoelace snarl	
35 Carpenter's curved tool	
37 Grow feathers large enough for flight	
38 Food item with a shell	
39 Ill-bred guy	
40 It's ENE of Fiji	
42 "Right back —!"	
43 Gershwin or Levin	
48 Poet like Keats	
50 Disheveled	
51 San — Obispo	
53 Dispensers filled with bills	
54 Disney World conveyance	
55 Pueblo tribe	
56 Legacy levy	
57 Additionally	
58 Old Iraqi political party	
59 Like thick fog	
64 Strike defier	
65 Davis who was the 2018 major league home run leader	
67 Atahualpa, e.g.	
68 Sore, as a muscle	
70 Weasel's kin	
71 Equipment	
72 Ventilating	
75 Be worthy of	
78 The thing here	
80 Neighbor of Windsor, Ont.	
82 Remain unsettled	
83 Luggage inspection org.	
84 Weep noisily	
85 Cavern effect	
86 Drink like Sencha or matcha	
87 Hard drinker	
92 The thing there	
94 Timberlands	
95 Bella's "Bye!"	
97 Really old	
98 Maker of crocodile-logo shirts	
99 Tam-o'- — (Scottish cap)	
101 Gain entry to	
102 Alexander Pope's "— to Abelard"	
103 Chinese revolutionary	
104 Bee juice	
110 Ralph — Emerson	
111 Bits of land in el agua	
112 "So it is!"	
113 SMC VIPs	
114 Pointer	
115 Baseball's Robinson —	
116 "— always say ..."	
117 Badger	
118 Indisposed	

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2019 FORD FIESTA SE
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