

Eastern Shore Post

OCTOBER 16, 2026

THE VOICE OF ACCOMACK AND NORTHAMPTON COUNTIES ON VIRGINIA'S EASTERN SHORE

FREE OF CHARGE



EASTERN SHORE POST/JIMMY SHOCKLEY

Fran and Bill Lytle stand in the kitchen of Chincoteague's Christ United Methodist Church, where Manna Cafe has been providing lunches — more than 100,000 in all — over the past decade.

Ten years of meals — and social interaction

BY JIMMY SHOCKLEY
Eastern Shore Post

Chincoteague's Manna Cafe is celebrating 10 years of serving and delivering food to those on the island as an all-volunteer effort.

The organization was started by Fran and Bill Lytle in 2017 for people with two critical needs.'

"We found out there were people who needed food, but also companionship," Fran Lytle said.

The organization operates in the fellowship hall of Chincoteague's Christ United Methodist Church, despite having no other affiliation with the church.

The church does not charge Manna Cafe to operate on its premises. It is held on the first two Mondays of every

(Continued on page 8)

NORTHAMPTON

Supervisors shoot down idea of longer deer season

Bennett, Mapp, Smith not in favor of state evaluation

BY JIMMY SHOCKLEY
Eastern Shore Post

A divided Northampton Board of Supervisors defeated a plan that would have asked the state to study expanding deer hunting season within the county, where the deer damage to vehicles and crops has become a point of concern.

Supervisors Oliver Bennett, Betsy Mapp, and Ernest Smith voted against the measure without explaining their opposition.

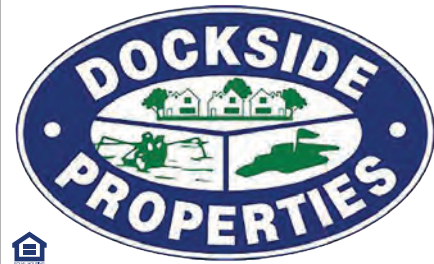
During the Tuesday, Oct. 13, meeting, Supervisor Jon Dempster proposed drafting a resolution requesting the state Department of Wildlife Resources to evaluate whether Northampton County should incorporate an Earn-a-Buck program or early and late antlerless-only deer seasons.

The Earn-a-Buck program requires hunters to harvest a specific number of does or fawns before they are allowed to take an antlered buck.

Last month, a state wildlife official told supervisors that data shows a need to increase deer harvests on the Eastern Shore.

In addition, the official told supervisors that the key to thinning deer in the county is to harvest more female deer.

(Continued on page 8)



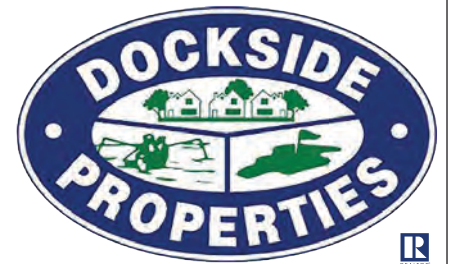
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EXMORE

New activities center planned at Shore Plaza

BY JIMMY SHOCKLEY
Eastern Shore Post

A new indoor sports and events center is being planned for a large space at Shore Plaza shopping center in Exmore, next to Food Lion.

Exmore Town Manager Pam Ward made the announcement during a town council meeting on Monday, Oct. 12. She said the facility will be called the Path2Goal Sports and Events Center. It will be located in a commercial space once occupied by a Dollar General store.

Area residents Kerry and J.P. Binard have been working for months to open the facility, which is intended for indoor sports, retail, meeting spaces, and more.

“Our goal is simple: to give kids and adults in our community a safe, fun indoor place to stay active and well, no matter the forecast,” Kerry Binard said in a note Ward read aloud during the meeting.

‘We are extremely grateful for all the support we have been receiving from Pam Ward and our neighbors in town.’

**Kerry Binard,
who is opening an activities center at Shore Plaza**

The rest of the Path2Goal locations are in Newport News — they all are known for hosting futsal, a variant of indoor soccer that requires fewer players per side on a smaller playing surface than soccer.

In addition to futsal, Exmore’s location will offer a batting cage for base-

ball and softball and leagues for other sports like dodgeball.

There will also be classes for personal training and to train for specific sports. It will also be available to be booked for birthday parties and events, according to Binard’s note to the town.

A firm opening date has not yet been announced — the note Ward read stated late October and the Path2Goal website says Nov. 1.

“We look forward to welcoming you, and we thank you for your support,” Binard wrote. “We are extremely grateful for all the support we have been receiving from Pam Ward and our neighbors in town.”

“We look forward to welcoming you, and we thank you for your support.”

Playground equipment

An issue brought up in the meeting

was the need to give attention to Exmore’s playground.

There are currently a few broken pieces of equipment on the playground, and rubber mulch is needed around the swingsets, officials said.

Mayor Douglas Greer said he would like to see more equipment on the playground intended for younger children.

Ward researched what the playground could use, deciding on five new pieces of equipment totaling \$9,182, and six bags of rubber mulch to put around the swingsets, totaling \$4,254, for an overall total of \$13,436.

The changes were approved up to \$14,000 in case they go slightly over the intended price, but for the council the changes were well worth it.

Greer said he enjoys seeing children use the playground from his front porch, and Ward enjoys hearing about families from out of town coming to Exmore to use the playground.

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★ Opened a local office in Onley in 2019 for in-person constituent service.

★ Worked with USDA to restore local housing assistance for low-income families and seniors.

★ Acted on local concerns, including helping secure funding for Exmore’s sewer project.

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There was also interest from Lewis in replacing the public works building in town, an idea that is being explored prior to November's meeting.



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REGIONAL

Northampton grads honored by Norfolk State University

Northampton High School graduates Roderick Bell and Carmalitha Gumbs are being honored by Norfolk State University for their achievements.

Bell is earning the NSUMade Hero Award, and Gumbs will be receiving the NSUMade Game Changer Award.

NSUMade is a private, alumni-driven platform created to celebrate, connect, and amplify Norfolk State University alumni making an impact in business, entrepreneurship, leadership, education, culture, and community.

Its mission is to create a space to discover the career paths of NSU peers, share experiences, build professional relationships, and celebrate who alumni have become since leaving NSU.

Bell is an entrepreneur, philanthropist, filmmaker, and proud 1996 graduate of Norfolk State University. He is the founder and president of RBELL Construction Group LLC and founder of Ride4MyHBCUs, an initiative created to inspire alumni and supporters to financially reinvest in historically Black colleges and universities.

In 2025, Bell took that mission on the road, riding his NSU-themed motorcycle 9,529 miles in just 24 days to visit approximately 106 HBCUs across the country, encouraging alumni to give directly to their institutions.

A retired U.S. Army Major with 25 years of military service, Bell has continued his commitment to giving back by establishing the Roderick Bell/RBELL Construction Group Endowed Scholarship at Norfolk State University.

Beyond construction and service, he is also an actor and filmmaker, serving as director, producer, and star of the independent film "Trail Ride," a story celebrating Black cowboy culture and community.

Bell is currently pursuing his doctorate in construction management, continuing a career defined by entrepreneurship, service, and a commitment to creating opportunities for the



Roderick Bell



Carmalitha Gumbs

generations coming behind him.

Gumbs is a public servant, entrepreneur, and proud Norfolk State University alumna who made history in January 2026 when she became the first woman to serve as mayor of South Fulton, Ga.

Her election followed eight years representing District 2 on the South Fulton City Council, where she served from the city's early formation and focused on public safety, economic development, government transparency, and access

to community resources. Gumbs won the December 2025 mayoral runoff with nearly 60% of the vote, becoming the city's third mayor since its incorporation in 2017.

Before entering public office, Gumbs built more than two decades of business leadership experience, developing partnerships throughout metro Atlanta and the Southeast across healthcare, small business, and economic development.

In addition to her degree from Norfolk State, she earned a Masters of Business Administration degree in management and a Master of Arts in health administration from Strayer University.

As mayor, Gumbs has emphasized rebuilding public trust, fiscal transparency, infrastructure, public safety, and economic opportunity while bringing residents, businesses, and city government together around South Fulton's continued growth.

Forestry department ready for fire season

The Virginia Department of Forestry has agency firefighters in place across Virginia in preparation for fall fire season, which runs now through Nov. 30.

DOF firefighters remain in close coordination with state and federal agency partners as well as local fire departments in all counties.

Virginia and other states recognize two fire seasons, in the spring and fall. These seasons are intended to raise awareness and preparation for wild-fires, which are more common due to dry conditions, lower humidity, and fuels on the ground.

The leading cause of wildfires in Virginia is fire escapes due to careless outdoor burning. Nine out of 10 wildfires are started by people, with escaped fire debris the main concern. An unattended yard debris fire or bonfire can quickly spread to dry grass, leaves, limbs, felled trees, or even the woods. These dry materials, known as “fuels,” are plentiful in the fall.

“Wildfires are extremely unpredictable and can start and intensify in an instant,” said State Forester Terry Lasher. “Protect your home and community by preparing for wildfires and reporting any wildfire activity by calling 911. Our firefighters remain plugged in with state and local emergency responders to coordinate on response operations and resource needs.”

The weather is also an important factor when it comes to fire activity. Due to prolonged below-average precipitation, Virginia is experiencing drought conditions across many areas. Within the last week, some improvements occurred in portions of southwest Virginia. However, while recent impacts from Hurricane Isaias brought beneficial rain to Virginia, this will not eliminate drought conditions overall.

"It only takes a few days of dry, windy conditions combined with these extra fuels on the ground for an escaped fire to turn into a significant wildfire," said Chief of Fire and Emergency Response John Miller.

DOF will share updates and news on wildfire activity throughout the fall fire season. Follow DOF's social media platforms and visit the DOF website for more information.

State ag department has grants for blue catfish

The Virginia Department of Agriculture and Consumer Services is currently accepting grant funding applications for projects that will help expand the commercial fishing and processing of blue catfish in the Commonwealth. Applications for the Governor's Blue Catfish Processing, Flash Freezing, and Infrastructure Grant Program will be accepted through 5 p.m. on Oct. 30.

The Blue Catfish Processing, Flash Freezing, and Infrastructure Grant Program awards reimbursable grants of up to \$250,000 to support infrastructure development projects that directly support local food production, enhance environmental sustainability, and demonstrate a broad

community benefit. Grant funds should be used primarily for capital expenditures.

Introduced several decades ago as a recreational trophy fish, blue catfish is an invasive species and aggressive predator that has thriving populations in the Chesapeake Bay Watershed. Blue catfish poses a significant threat to the ecosystem of the Chesapeake Bay as it eats native species including shad, herring, striped bass, menhaden, clams, and blue crabs.

Additional information and the application for this grant opportunity are available on the Blue Catfish Processing, Flash Freezing, and Infrastructure Grant Program webpage.

Completed grant funding applications should be emailed prior to the due date to Rachel Meyers, Office of Agriculture and Forestry Development, at rachel.meyers@vdacs.virginia.gov or postmarked by Oct. 30 and sent by postal mail to VDACS Office of Agriculture and Forestry Development, 102 Governor St., Richmond, VA 23219.

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Northampton

(Continued from page 1)

Supervisors, however, did not act on the advice, voting against even the study of programs to reduce deer populations.

Dempster's resolution failed, 2-3, with only Dempster and board Chairman Dixon Leatherbury voting in favor of it.

Dempster said he has researched controlling the population of deer within the county. At the September meeting, he brought up allowing the use of rifles during firearm season for deer.

In recent Northampton County meetings, many speakers have said that excessive deer population is bad for farmers and is also a safety hazard for motorists.

Dempster said the window to request the state to look into this only spans from Oct. 5 to Nov. 13 — and to request it would have been completely free of charge to the county.

Dempster also said included in the resolution would have been the ability for the board to discuss the DWR's recommendation prior to implementation.

The board did not discuss allowing the use of rifles for deer at the meeting, but an audience member did.

Scott Hines, owner of Eastern Shore Outfitters in Exmore, said all hunting seasons in Northampton County permit the use of rifles except for deer hunting seasons.

Hines also said that the majority of his customers are from Hampton Roads and they drive through Northampton County to go deer hunting in Accomack County, which allows rifles to hunt deer.

Timber mill sought

During the meeting, Area Forester Robbie Lewis told supervisors that for the last few years there has been a desire to get a timber mill back on the Eastern Shore.

"We're trying to promote our forest resources on this Eastern Shore," he said. "In my opinion this is some of the best live pine timber we've got in Virginia."

Still, Lewis said the economy has been an issue for drawing interest in bringing a timber mill to the Shore, and mills in eastern Virginia have been shutting down more than they have been opening.

For the future, Lewis said all that can be done is to keep taking care of resources for when interest does arise.

Lewis said in the last year he has seen 25 tree plantings covering 271 acres total on the Eastern Shore.



EASTERN SHORE POST/JIMMY SHOCKLEY

Diners enjoy lunch at Manna Cafe on Chincoteague Island on Monday, Oct. 12. In almost a decade since opening, it has served almost 114,000 meals from its headquarters at Chincoteague's Christ United Methodist Church.

Chincoteague

(Continued from page 1)

month.

Manna Cafe has 30 to 40 volunteers on any given day. Beginning this month, Manna Cafe has started hosting special needs students from Nandua High School as additional volunteers.

All volunteers have different roles — some cook food, some serve it, and some deliver it.

Because Manna Cafe prioritizes socialization, delivery drivers do not just drop off food on doorsteps and walk away — they instead sit and talk with the homebound people to whom they deliver it.

To build relationships among volunteers and those requesting service, the same volunteers deliver to the same houses every time the cafe is open.

The cafe is open the first two Mondays of every month from 11 a.m. to 1 p.m. On those days, it also delivers somewhere between 60 and 70 meals to those in need.

Manna Cafe has drawn comparisons to a soup kitchen over the years, but Fran Lytle insisted that

the organization is far from being the stereotypical soup kitchen.

"We're not going to serve food we wouldn't eat ourselves," she said.

The Lytles and the volunteers said they serve food they are proud of — and diversify what is being prepared week to week.

Volunteers arrive at 8:30 in the morning and begin preparing food immediately in anticipation of people arriving at 11.

The Lytles work on recipes in their own kitchen at home before making them at the fellowship hall for others to make sure what they are serving is as good as it can be.

Over the last nearly 10 years, the Lytles have kept track of how many fresh, completely free meals Manna Cafe has served.

At the end of last year, it was 108,000, and Fran Lytle expects to have served 114,000 by the end of Manna's 10th year.

Although it costs nothing to eat at Manna Cafe, with rising costs of ingredients they encourage donations from those who can afford it so they can continue helping others.

"Everybody deserves delicious food," she said.

Town gets worldwide input on future of rail yard

Eight winners from as far away as Saudi Arabia and Bangladesh have been awarded in a competition for ideas on the future of the Cape Charles harbor and rail yard property, officials said.

The Cape Charles Railroad and Harbor IDEAS Competition attracted innovative submissions for the former railway yard and historic waterfront.

The railroad is in the process of selling the site, and the town is master planning to control the development on the site.

The Cape Charles Town Council will be reviewing the ideas generated by the competition and will select those that will be integrated into the master plan.

Major ideas developed by the competition include:

■ Incorporating viable year-round economic engines for the site, such as

a campus for a consortium of universities, a wellness center, a light industrial shipping craft center, a waterfront destination, and more.

■ Recalling the iconic vernacular front porch pattern prevalent in Cape Charles.

■ Addressing sustainability and resilience by being mindful of nature, sea-level rise, wind, and solar energy.

■ Establishing affordable housing on the site to attract what is currently a shrinking diverse population in Cape Charles with townhouses, apartments, cottages, and more.

■ Providing a better food supply by taking advantage of the Eastern Shore’s agricultural and coastal products by selling them in a festival marketplace on the site.

■ Addressing the fastest growing need in Cape Charles for the care of an aging population by planning for a hospital, senior care facilities, and

other senior amenities.

■ Reestablish regional connectivity by making Cape Charles the nexus of a ferry system and provide affordable vehicular access over the bridge-tunnel.

■ Providing anchors for high-quality public space such as a functioning lighthouse plaza, museums, theaters, and turning “the Hump” road overpass into a pedestrian overlook or an amphitheater.

■ Preserving the beauty and simplicity of Cape Charles, including the incredible historic urban plan, community, the Chesapeake Bay, and views to sunsets at the end of a perfect day.

A jury composed of professors from seven regional universities selected eight winners and 10 honorable mentions in late September. Winners of the competition are as follows:

■ Camden Whitehead and John Malinoski, of Richmond

■ Callie Mikita, of Powhatan

■ Ishmam Chowdhury, of Dhaka, Bangladesh

■ Jeremy Sommer, Natalie Bowback, and Sabrina Rugg, of Virginia Beach

■ Katie Honbarrier, of Richmond

■ Chris Hazell, of Richmond

■ Christopher Brause and Kevin Cline, of Madison, N.J.

■ Hadeel Abdulhadi, of Dammam, Saudi Arabia.

“The competition has spurred public interest in this typical American town. It joins legacy and the future, historical context and contemporary thinking, and engages in a lively debate about how to shape railroad towns that no longer have a railroad,” said James P. Clark, competition chair.

Visit <https://tinyurl.com/vc5yse7m> for photos of the winning entries.



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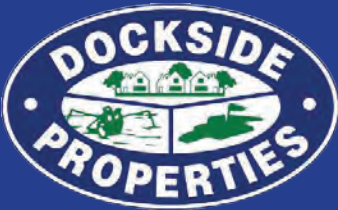
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THE PAPER'S POSITION

Federal pause on Verizon plan was the right decision

The federal government has paused for now a plan by Verizon that would discontinue use of the traditional copper-based home phone service in Virginia and other states around the region.

Eastern Shore residents and governments lodged complaints against Verizon's proposal to the Federal Communications Commission, which must approve it.

Verizon's proposal is clearly not beneficial for the Eastern Shore. All of us know places where cellular telephone coverage is spotty — and some in Accomack and Northampton counties live in places where cellular phones are useless.

Verizon representatives have said that customers who do not have reliable cellular service will not lose use of their old copper phone lines. But customers on the Eastern Shore with unreliable or absent cell service also have been told by Verizon that their traditional phone lines will be discontinued.

For some, this is a prime example of a massive company — the world's second-largest telecommunications company — looking to save a few dollars for stockholders on the backs of rural residents who depend on their service. It did not help that Verizon's ham-handed announcement of the potential land-line discontinuation created more questions than it answered and lacked the public relations expertise that we would expect from such a huge corporate player.

Last week Verizon responded to the FCC that it has provided more information to impacted customers. But we feel the concept of discontinuing copper lines should be scrapped altogether because of public safety concerns, customer convenience, and the Shore's hit-and-miss cellular service.

CORRECTIONS AND CLARIFICATIONS

The Eastern Shore Post strives for accuracy. Corrections and clarifications will be printed in this space. Email editor@easternshorepost.com.

LETTER TO THE EDITOR

Vote no on ballot amendment regarding abortion

To the editor:

There are several constitutional amendments on the ballot in the Nov. 3 election.

The first wants to "protect reproductive freedom." Abortion is already legal in Virginia. What this amendment does is allow minors to have abortions during all nine months of pregnancy.

It removes the third trimester rule of having three doctors needed to approve the procedure if the woman's health and safety are at risk.

This amendment changes it so only one doctor is needed — probably the one who will do the abortion.

If the patient is a minor, there is no parental notification or input needed. Who will be helping these minors get to a clinic? Will it be friends,

neighbors, teachers or other school employees?

If these minors have complications due to a botched abortion or have post abortion trauma (mental and physical) who is responsible for them and takes care of them? The parents.

The amendment also opens the door for non-physicians to perform abortions and puts women in more danger.

It sounds like we are going backward to pre-1970s back alley and coat hanger abortions. If things go wrong, no one is held accountable. There is no legal recourse. This amendment puts girls and women at major risk.

Is this the kind of care you want for yourself, your daughters, and your granddaughters? Not me. Vote no.

Mary Wardius
Onley

Kiggans, Mizusawa will keep rural healthcare strong

To the editor:

Rural healthcare is a priority for voters on the Eastern Shore of Virginia. Democrats claim they will save it. History says something different.

(Continued on page 11)

Eastern Shore Post

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Eastern Shore Post, 1999-2024

Advertising and circulation manager

A friend to us all and a true Eastern Shoreman

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Water resources cannot keep pace with development

BY KEN DUFTY

Guest columnist

As most of your readers know, last November the Northampton County Board of Supervisors asked the Northampton Planning Commission to review a zoning text amendment that would pave the way for what many consider the largest residential density (houses per acre) expansion in the history of the Eastern Shore of Virginia.

The zoning amendment calls for the eventual rezoning of thousands of acres of rural land around each incorporated town into what are known as town edge districts.

In August at a community meeting held by a Cape Charles town councilman, we learned that the rezoning of more than 400 acres around that town would possibly host well over 9,000 dwelling units (houses and apartments).

This would be in addition to the 170 units proposed for 16 acres of town property now, and it would be in addition to the proposed 625 houses in Bay Creek, currently underway.

Multiply this build-out by the acreage around Cheriton, Nassawadox, Eastville, and Exmore and you will understand the pressure the board of

supervisors has put on our small peninsula, which relies on one of the most threatened and unique sole source aquifers in the world.

At that informational meeting, we learned that the Department of Environmental Quality has notified Cape Charles that it does not have enough groundwater to meet its permitted 60 million gallons per year of fresh water now, let alone any future withdrawals.

The DEQ also notified the town that the town appears to be upconing high chloride (salt) water from the underlying St. Mary’s highly salinated confining unit due to overpumping, and it needs to find another water source.

In fact, in the first quarter of this year, American Water revealed that Cape Charles’ drinking water contained over 800 milligrams per liter of chloride, over three times the recommended limit suggested by the Department of Health.

In a handout at the meeting by the councilman, it was revealed that if its two accessory and untapped Keck wells were not approved for municipal use, the town would “look to the Eastville area” to supplement its groundwater needs.

Fast-forward to Tuesday, Sept. 15, at the ESVA Groundwater Committee

meeting, when the bi-county hydrologist, with DEQ’s Cecil Byles and the U.S. Geological Service’s Jason Pope looking on, made this consequential statement (slightly paraphrased, as these meetings are not audio recorded): If we stop all future major groundwater withdrawals now, our aquifer will be balanced.

This means we will get approximately the same recharge from rain water to match the rate at which we pump it down from daily use.

The hydrologist also revealed that levels of groundwater in the Columbia aquifer — the only surficial recharge source — in at least one monitoring well are the lowest he has ever seen.

There is an old saying: “It is OK to look back, just don’t stare.” But we need to take a lesson from the Virginia Beach and Hampton Roads areas when they ignored citizens’ warnings about overpumping the mighty Potomac Aquifer in the late 1960s and into the next decade.

Indeed, in 1978 wells drilled fewer than 250 feet into that water source, and the majority of residential wells went dry. And it became unlawful to water your lawn, wash your car, or even for a waiter to put a glass of water on a table without a request.

All economic development ceased

and did not return to normal until 1998, when the 6-foot diameter pipe from Lake Gaston, which was 75 miles away and cost \$750 million, started delivering 60 million gallons of water each day to replenish those taps.

Today, after not learning their lesson that no economic development is possible without an adequate groundwater supply, these areas are again in trouble and now pump their treated wastewater into the Potomac in what we call a “toilet-to-tap” trade-off.

Note that we do not have a Lake Gaston nor do we want to turn to this questionable solution.

We encourage all readers who are interested in a sustainable, affordable, and harmonious quality of life on the Eastern Shore to keep up with the news.

Most of all, stay engaged and contact your local, county, and state representatives and convince them that we must learn from Hampton Roads’ mistakes.

And remember: when you turn on your faucet and find that there is either no water to be had or it is too salty to drink, it is too late.

■ *The writer lives near Nassawadox.*

Letters

(Continued from page 10)

According to the University of North Carolina’s Sheps Center, U.S. rural hospitals either closed or dropped inpatient care at a rate of 14 per year between 2013 and 2020 (the Affordable Care Act’s crest.)

But from 2021 to 2025 the average closure rate fell to five per year. Why?

The Consolidated Appropriations Act (2020) set up the Rural Emergency Hospital Designation program that finances struggling hospitals if they opt to provide emergency and outpatient care 24 hours a day, seven days

a week.

That initiative was led by Republican senators in a GOP-controlled Senate. Hospitals that sought the designation saw their financial stability improve from an average negative 17.9% to a positive 7.4%. Nearly 50 have switched. Almost none have closed since.

Subsequently, the Working Families Tax Cuts Act (2025), passed by a Republican Congress over unified Democratic opposition, created the Rural Health Transformation Program (America’s largest rural health investment ever at \$50 billion).

First-year awards averaged approximately \$200 million, including \$189.5 million in Virginia.

These funds expand local care access, modern health technologies, healthcare workforce recruitment, and facility modernization.

Democrats, meanwhile, fixated on Medicaid expansion. States that opted into that scheme still lost rural hospitals, and their Medicaid shortfalls have more than doubled since 2013.

That is because Medicaid typically pays below actual cost, and the expansion policy loaded more volume onto fragile healthcare delivery systems.

In addition, with expansion, improper Medicaid enrollment rose. The Paragon Institute found that about one in three expansion enrollees were ineligible in 2019, and nearly half by

2024.

Rural hospital closures fell after the Republican-authored reforms took effect.

Republicans made the largest ever investment in rural care. Democrats’ Medicaid expansion schemes ignored what rural hospitals actually needed and swamped fragile rural healthcare systems.

Campaign ads can be deceptive. Keep rural health strong: Vote for Kiggins and Mizusawa in this election.

Joe Devaney
Onancock

(Continued on page 12)

‘Vote for intelligence, compassion, integrity, courage’

BY JOHN DURMICK

Guest columnist

Politics in its purest form is the process whereby societies seek to make decisions about the allocation of limited resources.

The roots of this process are millions of years old, originating in early hominid societies seeking to survive, both as individuals and as a group.

Over time it became embedded in the instincts of social groups that the survival needs of the individual are best served in cooperation with the group or by tribal alliances within that group.

Human societies evolved with that same dynamic, and over our 300,000 years on Earth we have developed powerful instincts to care for and defend the extended family of our respective tribes.

It is only in the last few thousand years, as populations grew and settled agricultural populations began to emerge and flourish, that these tribal groups were forced to transition into larger organizational systems that were not based on familial lineage.

The two primal impulses of the homo sapiens — us — are to look inward towards protecting and caring for our extended families, to look outward for resources and technology to help the tribe, and to be ready to respond to threats from predators or other tribes.

The inward stroke, compassionate

care, and the outward stroke, entrepreneurial energy and risk taking, go together.

Governments evolved with a mandate to empower both of these impulses; even the Roman Empire, an expansionist and war-driven society, created government-run wealth redistribution systems to make sure no person was without food or shelter.

Impulses deeply embedded

These two impulses are deeply embedded in what we call our political parties today.

This impulse to care for others — to be compassionate, empathetic, nurturing, helpful, and protective — might be called the party of “We Are All In This Together.”

The impulse to seek new possibilities — defend our families and celebrate the personal freedom to do that — might be called the party of “Every Person for Him/Herself.”

Note that these are not mutually exclusive concepts — indeed, they are two sides of the same evolutionary coin. We must care for our families, and we must go into the world to develop the resources needed to survive and thrive as a species.

But today’s political climate has lost its way.

Survival at risk

The corporate takeover of literal-

ly every aspect of modern society has put the wealth, safety, security, and ecological health of the United States into the hands of a tiny minority of profit-seeking actors.

The social contract that emerged in the 20th century that empowered our government to provide resources to ensure the well-being of every citizen is now being ripped apart.

Our country — and indeed, the world — runs on debt (now over \$40 trillion dollars in the U.S.). That debt will continue to grow, and it will never be paid back.

Meanwhile, our country — and indeed, the world — runs on ancient concentrations of fossil fuels (oil, coal, and gas), but the end of the fossil fuel era in earth history is in sight, and once it ends, it is over forever.

And our continued survival as a species — indeed, the survival of all species — is literally at risk now due to the ecological catastrophes of the human techno-industrial era we are living in.

Understand the challenges

As we enter yet another election season full of anxiety, distrust, negative ads, and political party loyalty substituting for rational decision-making at the polls, may I suggest that it is time to step back and remember who we are and understand the challenges we face.

We are compassionate, generous humans with an unlimited capacity to care for others. Those “others” include those in need, the disenfranchised, the suffering, the lost, and the poor.

And those “others” also include all of the lives and resources in the natural world that we depend on for our own survival.

Meanwhile, let’s remember that entrepreneurial energy, personal courage, and incredible creativity in the face of extreme challenges over thousands of years is why we are here at all.

The inward view (caring for the tribe) and the outward view (creating, building, exploring) need to both be nurtured and need to exist together in harmony.

Restoring that harmony in our political process is our only chance for beginning to face the real challenges ahead, the ones that don’t make it into the political news, the ones that are hidden in plain sight, right here, right now. We need leaders who understand this.

We are all in this together, and we need to get to work together now.

So please, let’s vote for intelligence, compassion, integrity, courage, respect, decency, vision, honesty, transparency, and honor, wherever you may find them.

Those candidates are out there — and we need them.

■ *The writer lives in Franktown.*

Letters

(Continued from page 11)

‘Abortion is an absolute failure of our society’

To the editor:

When we think about living in our communities, most would agree it is best to live in peace.

I desire to live in peace with my neighbors; however, it is vital to understand that true peace is

based on justice.

It is not pretending that everything is OK as long as we keep the peace. Sometimes, we must speak up to defend those who cannot defend themselves.

We must remind our friends — even when it creates tension — that authentic support of moms includes walking with them in their pregnancy and parenting.

Abortion is an absolute failure of our society to recognize the purity and innocence of life and to recognize the dignity of mothers and their preborn children.

Abortion allows society to ignore and hide the uncomfortable, difficult reality that moms need

and deserve our love and support.

This fall, with our proposed amendment to “enshrine” abortion access in Virginia, we have the opportunity (and obligation) to stand with our neighbors and to clearly tell women that they deserve better than abortion.

Please don’t take our community further away from true peace. Vote No on “The Fundamental Right to Reproductive Freedom.”

Karen Leffel
Cape Charles

(Continued on page 13)

Letters

(Continued from page 12)

Vote for Jen Kiggans in Nov. 3 election for safe neighborhoods

To the editor:

Safe neighborhoods are a prerequisite for everything else families care about.

Congresswoman Jen Kiggans has been consistent in rejecting efforts to defund or demoralize police.

In the Virginia Senate and in the U.S. Congress, she has supported full funding, training, and modern tools for law enforcement, firefighters, and first responders.

She has opposed legislation that would strip tactical resources or impose blanket restrictions that make it harder for officers to do their jobs, and she maintains regular contact with Coastal Virginia public safety leaders.

Some Democratic messaging continues to portray support for police as outdated. The opposite is true: Communities that reduced police presence saw measurable increases in certain categories of crime. Kiggans' position is straightforward — equip the people who respond when families call 911 and reject soft-on-crime experiments.

On the Eastern Shore and in Hampton Roads, parents want their children to be able to play outside without fear. That is not a partisan

abstraction; it is a practical standard she has defended.

Vote for Jen Kiggans for safe neighborhoods.

Brenda Jackson
Melfa

Concerned about groundwater supply on Eastern Shore

To the editor

Are we running out of water? We live and survive on a sole source of fresh drinking water.

Northampton County planners and supervisors are trying to increase the number of allowed houses next to town edges.

Permits for water withdrawal are not required for homes, even when their total number exceeds water withdrawal limits required by industry and agriculture. How did that happen?

Our groundwater control committee has learned we are at equilibrium with water replenishment vs withdrawals. This fact has been made known to Northampton supervisors and the planning commission.

Why are they pushing to deregulate zoning around town edges?

Drinkable water supply is at equilibrium now. If you live in northern Accomack County, you are relying on the same aquifer that Cape Charles is already overdrawing.

You should be worried about

your water supply. We all should be worried.

Andrew Teeling
Painter

Kiggans voted for bill 'that guts funding for rural health'

To the editor

One of your letter writers claimed that the Republicans' One Big Beautiful Bill funded rural healthcare with \$50 billion available over five years. Jen Kiggans' recent newsletter brags about Virginia's \$189 million share of that money. It may sound like a lot of money, but it's not.

That \$189 million averages a little over \$5 million a year for the 36 rural hospitals in Virginia, and much of the money goes to other medical facilities.

Nevertheless, \$5 million is a pittance compared to operating expenses of a hospital, which, for Riverside Shore Memorial Hospital, were \$108

million in 2025. That \$5 million is also dwarfed by OBBB revenue cuts.

Cuts include \$1.2 trillion in Medicaid funding (24 times the \$50 billion in assistance) over the next 10 years, hitting rural residents disproportionately due to lower average incomes in rural areas.

Hundreds of billions more will be lost to rural hospitals as soaring healthcare premiums, caused by Republicans killing premium subsidies, force many people to drop Obamacare to feed their families.

OBBB cuts to SNAP benefits make that choice even more painful. Further, the OBBB is likely to increase operating expenses at hospitals as more people without insurance end up in emergency rooms, where hospitals are legally and morally obligated to treat them.

So don't believe Jen Kiggans when she says she is providing funding for rural healthcare. In fact, she voted for a bill that guts funding for rural health.

David Felt
Greenbackville



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ENTERTAINMENT

Eastern Shore Post

Friday, October 16

■ **ADULT CRAFT:** Noon, Eastern Shore of Virginia Regional Library, Parksley. Adults can make a plastic needlepoint monster bookmark.

■ **YARD SALE:** Noon to 4 p.m., Island Community House, 6246 Mumford St., Chincoteague. The community can shop for baked goods and treasures during the organization's yard and bake sale. Donated items will be accepted Oct. 12, 14, and 15.

■ **HIKE:** 3 to 4 p.m., Kiptopeke State Park, Picnic Shelter One, 3540 Kiptopeke Drive, Cape Charles. This hike will explore the park's history, geological context, and biological variety.

■ **CRAFT:** 5 to 6 p.m., Kiptopeke State Park, Picnic Shelter Two, 3540 Kiptopeke Drive, Cape Charles. The park is hosting an all-ages craft project.

■ **TRUNK OR TREAT:** 5:30 to 7:30 p.m., Boys and Girls Club of the Eastern Shore of Virginia, 24577 Mary N. Smith Road, Accomac. The club is hosting a trunk or treat. There will be decorated trucks with candy, games, activities, and vendors.

■ **LIVE MUSIC:** 6 to 8 p.m., Lemon Tree Gallery, Cape Charles. Tidewater Bluegrass Revival performs live. There will be a cash bar.

■ **LIVE MUSIC:** 6 to 9 p.m., The Blarney Stone Pub, Onancock. Hemlock Hollow perform live.

■ **LIVE MUSIC:** 6 to 9 p.m., Cape Charles Mini Golf, 2100 Stone Road, Cape Charles. The Myrtles perform live.

■ **LINE DANCING:** 7 to 9 p.m., Cypress Roots Brewing Company, Pocomoke City. Diana Green is hosting country line dancing.

■ **LIVE MUSIC:** 7 to 10 p.m., Giddens' Do Drop Inn, Weirwood. Bayside Jazz will perform during the Fall Harvest Fest. Tick-

Best bets

■ **On Friday, Oct. 16, from 5:30 to 7:30 p.m.,** The Boys and Girls Club of the Eastern Shore is hosting a trunk or treat at the Mary N. Smith Cultural Enrichment Center in Accomac.

■ **On Saturday, Oct. 17, from 1 to 5 p.m.,** St. Charles Borromeo Catholic Church, in Cape Charles, will hold its rescheduled Oktoberfest, featuring music, authentic German food, beer and wine, children's activities, raffles, and a silent auction. Tickets can be purchased at the gate.

ets are \$25. Call 757-710-3122 for tickets. Food will be available for purchase.

■ **LIVE MUSIC:** 7 to 10 p.m., Chattie's Lounge, Chincoteague. Johnny Mo performs live.

■ **TRIVIA:** 7:30 p.m., Quizzo with Johnny Goodtimes at El Soul, 225 Mason Ave., Cape Charles.

Saturday, October 17

■ **YARD SALE:** Starting at 8 a.m., Exmore is hosting a townwide yard sale.

■ **YARD SALE:** 8 a.m. to noon, Living Waters Church of God, 2226 Bypass Road, Pocomoke City. The church is hosting an indoor yard sale. Vendor spaces are \$10 for one table and two chairs. Food will be available for purchase.

■ **YARD SALE:** 8 a.m. to noon, Island Community House, 6246 Mumford St., Chincoteague. The community can shop for baked goods and treasures during the organization's yard and bake sale. Donated items will be accepted Oct. 12, 14, and 15.

■ **YARD SALE:** 8 a.m. to noon, Woman's Club of Accomack County, 25405

Richmond Ave., Onley. The club is hosting round two of its annual Fall Yard Sale. Items for sale include toys, jewelry, gardening items, seasonal clothing, and white elephant items.

■ **YARD SALE:** 8 a.m. to 1 p.m., Drummondtown Baptist Church, 23474 Front St., Accomac. The church is hosting a yard sale. There will also be a bake sale. Tables can be rented for \$10 and items can be donated for the church to sell. For more information email CreativeDeedsGraphics@gmail.com

■ **CAR SHOW:** Registration opens at 8:30 a.m., show runs from 10:30 a.m. to 3 p.m., Exmore Town Park, 3398 Main St., Exmore. The 10th annual Exmore Town Park Auto Show will feature everything from classic cars, to hot rods, and trucks. There will also be food vendors on site, live music by Bluzhammer, and DJs spinning tunes.

■ **YOUTH SPORTS:** 8:30 a.m. to 3:30 p.m., NOAAWIVA Sportsmen Club, 30516 Chincoteague Road, Oak Hall. Youth from age 8 to 18 can participate in the Youth Sportsfest for free. Activities include shooting safety, target shooting, shotgun shooting

with clay birds, and service rifle shooting. A free lunch will be provided.

■ **FARMERS MARKET:** 9 a.m. to noon, corner of Market and Ames Streets, Onancock. At the Onancock Farmers Market shoppers will find produce, baked goods, meat and seafood, artisan goods, and much more.

■ **FESTIVAL:** 10 a.m. to 1 p.m., Kegotank Elementary School, 13300 Lankford Highway, Mappsville. The school is hosting a fall festival. There will be face painting, games, a bake sale, a pumpkin painting contest, bingo, and food available for purchase. Admission is \$5 per child, accompanying adults are free.

■ **FESTIVAL:** 10 a.m. to 2 p.m., Painter Garisons Methodist Church, Painter. The church is hosting a Fall Festival. There will be vendors, a livestock and garden swap, food and baked goods for sale, crafts, games, a bounce house, and free hotdogs for kids. To reserve a free vendor space text 757-709-8116.

■ **MIGRATORY BIRD DAY:** 10 a.m. to 4 p.m., Kiptopeke State Park, Cape Charles. On World Migratory Bird Day Kiptopeke State Park is hosting a day of activities, workshops, childrens activities, guided hikes, and tours. To register visit <https://tinyurl.com/2s4hek7c> There will also be a celebration in honor of the 50th annual Hawk Watch. To register visit <https://tinyurl.com/ynt88sdb>

■ **FESTIVAL:** 10 a.m. to 5 p.m., Shockley Farms, 23184 Seaside Road, Cape Charles. There will be vendors and a pumpkin patch set up for the farm's annual Pumpkin Festival.

■ **STORYTIME:** 10:30 a.m., Eastern Shore of Virginia Regional Library, Parksley. The library is hosting storytime and play literacy activities for children age 5 and under.

■ **OPEN AUDITIONS:** 10:30 a.m. to 1 p.m., North Street Playhouse, 34 Market St., Onancock. Performers age 17 and up can audition for the upcoming season at the playhouse.

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Be included

The Eastern Shore Post wants your listings for live music, theatrical performances, carnivals, special events, and anything else that is just plain fun. Send to editor@easternshorepost.com

Important standing meetings and emergency numbers for the Eastern Shore

■ **ALCOHOLICS ANONYMOUS:** For meetings in Accomack and Northampton, visit www.aaeasternshoreva.org or call 757-350-0466.

■ **AL-ANON:** For relatives and friends of alcoholics. Local meetings. Visit www.vaalonon.org or call 757-563-1600

■ **OVEREATERS ANONYMOUS:** Group meets every Wednesday at Rock Church, 27112 Lankford Highway, Onley. Call 757-999-6771.

■ **COALITION AGAINST DOMESTIC VIOLENCE:** All-day, every-day hotline for those impacted by domestic violence or sexual assault: 757-787-1329.

■ **SUICIDE HOTLINE:** If you are having thoughts of suicide or know someone at risk, call 988. Call the local 24-hour hotline at at 757-442-7707 or 800-764-4460.

Calendar

(Continued from page 14)

Performers need to perform a 1-minute monologue and optionally 16 bars from a song of the performer's choosing. To register for an audition slot, email name, age, and contact information to northstreettickets@gmail.com

■ **AUTHOR TALK:** 11 a.m., Chincoteague Island Library, Chincoteague. R.M. Armbruster will be discussing his book "Torched on Chincoteague Island."

■ **OPEN HOUSE:** 11 a.m. to 3 p.m., UVA Coastal Research Center, Oyster. The center is hosting an open house celebrating the organization's 20th anniversary. There will be a touch tank, boat rides, research demonstrations, art, meet-and-greets with scientists, exhibits, snacks, and music.

■ **FESTIVAL:** 11 a.m. to 4 p.m., Robert Reed Downtown Waterfront Park, Chincoteague. The Fall into the Arts Festival will bring live music, vendors, artists, and family fun to downtown Chincoteague.

■ **OPEN HOUSE:** Noon to 2 p.m., Eyreville, 3258 Eyreville Drive, Cape Charles. The grounds at Eyreville will be open for tours. At 1 p.m. Mike Clem, an archeologist with the Virginia Department of Historic Resources, will deliver a lecture about artifacts discovered at Eyreville.

■ **ART WORKSHOP:** Noon to 6 p.m., ESO Arts Center, 15293 King St., Belle Haven. The center is hosting a workshop titled "Fun with Pour Painting." During this Virginia Museum of Fine Art workshop attendees will learn how to create a finished piece of art by pouring paint. This is a free program. To register call 757-442-3226.

■ **CEREMONY:** 1 p.m., American Legion Post 56, 21210 N. Bayside Road,

Cheriton. The legion is holding a ceremony to establish the American Legion Riders Post 56. A free meal will be served.

■ **FESTIVAL:** 2 p.m., Hollies Baptist Church, 17691 Hollies Church Road, Keller. The church is hosting a Fall Festival. There will be food, crafts, games, and hayrides.

■ **HALLOWEEN EVENT:** 2 to 5 p.m., Bojangles, Onley. Children can wear their Halloween costumes and collect candy during Bojangle's trunk or treat.

■ **OYSTER ROAST:** 3 to 6 p.m., Saxis Town Pavilion, Saxis. The town is hosting its annual oyster roast. The menu includes all-you-can-eat shrimp, oysters, and barbecue. Tickets are \$55 in advance or \$60 at the door for those who want to eat oysters.

Tickets for just barbecue are \$30 in advance or \$35 at the door. To purchase tickets online visit www.saxisislandmuseum.com or call Mayor Denise Drewer at 757-710-4747.

■ **FILM SCREENING:** Doors open at 4 p.m., event begins at 4:30 p.m., Island Theatre, 4074 Main St., Chincoteague. A free screening of the film "All Over the Map," a film about the Chincoteague National Wildlife Refuge is being held. There will be an introduction by filmmaker Peter Schriemer.

■ **LIVE MUSIC:** 7 p.m., The Listening Room, 33 Market St., Onancock. Melinda and Scott perform live. Tickets are \$15. To reserve a seat call 757-710-8718.

■ **OWL PROWL:** 7 to 8 p.m., Kiptopeke State Park, Picnic Shelter One, 3540 Kiptopeke Drive, Cape Charles. Search for the Eastern screech owl during a spooky evening hike.

■ **LIVE MUSIC:** 7 to 10 p.m., Chattie's Lounge, Chincoteague. Crescent Moon Duo performs live.

■ **HALLOWEEN EVENT:** 7:30 to 10 p.m., Exmore Moose Lodge, 15315 Merry Cat Lane, Belle Haven. The lodge is hosting a Haunted Corn Maze. The entrance fee is \$5 cash.

Sunday, October 18

■ **SPECIAL SERVICE:** 9 a.m., Jerusalem Baptist Church, 10011 Jerusalem Road, Temperanceville. The church is hosting its annual Deaconess Day. The guest speaker will be Deaconess and Former First Lady Yvonne Nock of Saint Mary's Baptist Church, in Jamesville. The theme is "What is in Your Spiritual Toolbox for Listening to God's Voice?"

■ **OPEN MIC:** 1 to 4 p.m., Cape Charles

Brewing Company, 2198 Stone Road, Cape Charles. Musicians can share talents during the brewery's Music Circle open mic.

■ **PLAY:** 4 p.m., Historic Palace Theatre, Cape Charles. The theater is hosting a reading of "Waterwoman," a reading of the play written by Lenore Hart and David Poyer. To purchase tickets visit <https://tinyurl.com/2bxunhu2>

■ **SPECIAL SERVICE:** 2 p.m., First Baptist Church, Mappsville. The church is hosting 100 Men and Women in Green and White. The theme of the service will be "We are on a Mission, Willing, and Working."

■ **MEETING:** 2 to 4 p.m., Worship Center at Camp Occohannock, 9403 Camp Lane, Belle Haven. A beginning-of-year launch is being held for the Community Christian Youth Fellowship. Attendees can learn about local organizations, help with a service project, make crafts, and play parachute games.

■ **SPECIAL SERVICE:** 3 p.m., Gospel Temple Baptist Church, Melfa. The church is hosting an Usher's Day.

■ **PANCAKE SUPPER:** 4 to 7 p.m., Emmanuel Episcopal Church, 26405 Horsey Road, Oak Hall. The church is hosting a

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SUN OCT 18 4 PM

TUE-WED OCT 20-21 7 PM

"HEART OF THE BEAST"

Adventure Rated PG-13

Calendar

(Continued from page 15)

pancake supper, bazaar, and bake sale. The cost is \$12 for adults, \$6 for children ages 6 to 12, and free for children under age 6. The menu includes all-you-can-eat pancakes, sausage, eggs, apples, and drinks. Carry out is available after 5 p.m. Call 757-824-5043 for tickets.

■ **CAR SHOW:** 4 to 7 p.m., Cape Charles Brewing Company, 2198 Stone Road, Cape Charles. The brewery is hosting Beers and Gears, a car show that is open to all cars, new and old.

■ **HALLOWEEN EVENT:** 6 p.m., Cape Charles Tiny Livin'. Children can dress up in their Halloween costumes and collect candy under Halloween lights during Nightmare on Tiny Street.

Monday, October 19

■ **REMEMBRANCE EVENT:** Noon to 1 p.m., Eastern Shore Community College Workforce Development Center Great Hall, Melfa. The We the Community Club is hosting a cancer survivor and remembrance

event. Space is limited. To reserve a seat visit <https://tinyurl.com/u8xcmryj>

■ **BLOOD DRIVE:** 1 to 6 p.m., Chincoteague Center, 6155 Community Drive, Chincoteague. The Kiwanis Club of Chincoteague is hosting a blood drive. Visit redcrossblood.org to make an appointment.

■ **CRAFT:** 6 p.m., Island Community House, 6246 Mumford St., Chincoteague. Crafters can create fall napkins using leaves and fabric paint to make patterns on cotton napkins or other items brought from home. The cost is \$30 to create a set of four napkins. To register call 757-336-1993.

■ **REVIVAL:** Dinner 6 p.m., revival 7 p.m., First Baptist Church, 31027 Depot St., New Church. The church is hosting a revival. Soup and sandwiches will be served in the social hall, followed by a service in the sanctuary. Guest speakers include Zachary Lewis, John Higginbotham, Maury Enwright, and Rob Kelly. Special music will be provided by Stefanie Bowman, Beth Sharpley and Scott Stitely, and Brian and Monique Linton.

■ **MEETING:** 7 p.m., Sage Diner, Onley. The Accomack Republican Party will hold its monthly meeting. For more infor-

mation contact Chairman Sam Sellard at 757-709-8252.

Tuesday, October 20

■ **COFFEE TALK:** 10 a.m. to noon, Island Community House, 6246 Mumford St., Chincoteague. Village Neighbors is hosting a detective session during this month's coffee talk featuring the Dear Holmes mystery "The Mysterious Mutual Friend." Participants can read the case, compare clues, and discuss how to unravel the mystery. To RSVP call 757-349-9969.

■ **STORYTIME:** 10:30 a.m., Cape Charles Memorial Library, Cape Charles. Children ages 2 and under can join the Wiggle Worms Storytime for songs, movement, educational toys, books, and resources for parents.

■ **STORYTIME:** 11 a.m., Cape Charles Memorial Library, Cape Charles. Children ages 3 to 5 can join Little Sprouts Storytime for songs, stories, movement, activities, and crafts.

■ **SUPPORT GROUP:** Noon, Riverside Shore Memorial Hospital, Onley. The hospital is hosting the Better Breathers Club, a support group for those with COPD and

other chronic lung diseases, as well as their family members and caregivers. It is held in the hospital's conference room on the third Tuesday of each month. The October meeting will go over home oxygen equipment.

■ **SUPPORT GROUP:** 1 p.m., Eastern Shore of Virginia Regional Library, Parkesley. Women Supporting Women will hold a support group for breast cancer survivors.

■ **SPANISH CONVERSATION:** 3 to 4 p.m., Island Community House, 6246 Mumford St., Chincoteague. Village Neighbors for a relaxed Spanish conversation session. This month's theme is el otoño, or autumn. To RSVP 757-349-9969.

■ **TEEN CARD CLUB:** 3 to 5 p.m., Chincoteague Island Library, Chincoteague. Children in sixth through 12th grades can join the Next Wave Trading Club, facilitated by retired teacher Jon Adams. Children can bring their own cards or borrow starter decks from the library. Students can play Pokemon, Yu-Gi-Oh, Magic: The Gathering, Flesh and Blood, Disney Lorcana, or any other trading card game.

■ **DANCE CLASS:** 5:30 p.m., Exmore

(Continued on page 17)

IS THERE MONEY WAITING FOR YOU?

A&N's Unclaimed Capital Credit List is now on anec.com.

Head to anec.com and search "Capital Credits"

When the Cooperative has margins at the end of the year, they are allocated to members based on their electric usage and may later be retired as bill credits or checks. We have checks waiting for former members with an outdated mailing address.

ANEC
ASN ELECTRIC COOPERATIVE



ONANCOCK RESTAURANT WEEK

EXPERIENCE OUR RESTAURANTS

OCTOBER 9-17

Try a new spot or revisit a local favorite for lunch or dinner. View participating restaurants and special menus at experienceonancock.com.



PRODUCED BY ONANCOCK MAIN STREET

Restaurant Week

Calendar

(Continued from page 16)

Moose Lodge, Belle Haven. Dancers can learn the steps to "Thriller" and join a zombie flash mob at the Onancock Halloween Parade at 6 p.m. on Oct. 24. To sign up visit onancock.org

■ **LECTURE:** 6 p.m., Museum of Chincoteague Island, 7125 Maddox Blvd., Chincoteague. During the Tuesday Night Lecture Series, JoAnn Stratakos will give a felting 101 overview. Museum members, active duty military members, and children under age 12 are free. The cost is \$10 for all others. To reserve a seat call 757-336-6117.

■ **REVIVAL:** Dinner 6 p.m., revival 7 p.m., First Baptist Church, 31027 Depot St., New Church. The church is hosting a revival. Soup and sandwiches will be served in the social hall, followed by a service in the sanctuary. Guest speakers include Zachary Lewis, John Higginbotham, Maury Enwright, and Rob Kelly. Special music will be provided by Stefanie Bowman, Beth Sharpley and Scott Stitely, and Brian and Monique Linton.

Wednesday, October 21

■ **THRIFT STORE:** 9 a.m. to 1 p.m., Grace United Methodist Church, 18484 Wilson Ave., Parksley. The church will have its Grace's Attic Thrift Store open.

■ **BINGO:** 10 a.m. to noon, Mary N. Smith Cultural Enrichment Center, Accomac. The center is hosting free bingo for seniors.

■ **TOURS:** 10 a.m. to noon, The Impact Center, 1500 Old Cape Charles Road, Cape Charles. The center will be open for docent-led tours highlighting the building's history as a Rosenwald School and its current function as a community center.

■ **TECH HELP:** 10 a.m. to 5 p.m., Northampton Free Library, Nassawadox. Community members can bring in technology such as laptops, tablets, and cellphones and get help from library staff.

■ **MOM GROUP:** 11 a.m., George N. McMath Park, 21062 Colonial Ave., Onley. The Accomack-Northampton Pregnancy Center's Mom Connect group is hosting a play date at the park.

■ **DONATION DISTRIBUTION:** 1 to 3 p.m., Cheriton United Methodist Church Social Hall, 4070 Sunnyside Road, Cheriton. The church will be distributing personal care items like toiletries, toilet paper, and other personal care items on a first-come,

first-served basis.

■ **SUPPORT GROUP:** 1:30 to 3 p.m., Eastern Shore of Virginia Regional Library, Parksley. Those living with brain changes and their care partners can join the Memory Cafe for social engagement and support.

■ **NATURE PROGRAM:** 3 to 4 p.m., Kiptopeke State Park, Picnic Shelter Two, 3540 Kiptopeke Drive, Cape Charles. Attendees can learn about fall bird migration through a bird-themed touch table.

■ **YARN CLUB:** 4 to 6 p.m., Eastern Shore of Virginia Regional Library, Parksley. Crafters can bring their knitting or crochet projects and chat with other fiber artists while working.

■ **CRAFT:** 5 to 6 p.m., Kiptopeke State Park, Picnic Shelter Two, 3540 Kiptopeke Drive, Cape Charles. The park is hosting an all-ages craft project.

■ **DINNER:** 5:30 to 7 p.m., Grace United Methodist Church, 18484 Wilson Ave., Parksley. The church is hosting a community dinner. The menu is chili, baked potatoes, salad, and dessert. The cost is \$12 for adults. The cost is \$6 for children under age 10.

■ **GAME NIGHT:** 5:30 to 8:30 p.m., Island Community House, 6246 Mumford St., Chincoteague. During Community Game Night all are welcome to gather at the community house for games and conversations. Snacks are welcome.

■ **WRITERS GROUP:** 6 to 7 p.m., Chincoteague Island Library, 4077 N. Main St., Chincoteague. The Chincoteague Island Writers Group will meet. This month's prompt is the first time. This one hour group session is for all writing styles and experience levels. Each writer will have five minutes to share their work. To register call the library at 757-336-3460.

(Continued on page 18)



EASTERN SHORE VOTES

Voting is a right which everyone needs to exercise!

! Free rides are available !

Early voting/Registering - To Registrar's Office
Election Day voting - To Voting Precinct

Call 1-855-616-RIDE (7433)

Sept 18 - Nov 3, 2026

8 am - 5 pm



HALLOWEEN WEEKEND

in Onancock; October 23-25

Onancock Halloween PARADE

October 24, 6pm

Go Batty!



sponsored by the
Onancock Business
and Civic Association



Check out all the
ways you can join the
Parade & find info on
other Halloween fun
in Onancock, Virginia.
Onancock.org



Blood Drive
Riverside Hospital
Oct 21, 10-3

Resident Evil
Roseland theater 23-25, 27, 28

Great Pumpkin Carving
Town Square . 9am - 2pm
saturday . free!

Haunted Palace
North Street Playhouse
23 6-8pm 24 5-9pm

Creepy Onancocktail Trail
Bars & Restaurant Specials

Pumpkin Lighting & Community Band Concert
Follow the Parade
to Town Square!

Witchy Paddle
6th Annual kayaks & boards
on Onancock Creek
Sunday 3-5pm
Burnham Guides \$

PRIZES



Onancock

2026 8th Annual

OYSTER ROAST CLAMS & B.B.Q



Benefiting

SPECIAL OLYMPICS

Saturday October 24th - 5PM to 12 AM

SCOTT FARMS GRADERSHED BASH

4301 TOWNSEND DR. TOWNSEND, VIRGINIA

Tickets \$75.00

\$85.00 at the Door - \$30 All You Can Drink

Tickets Available October 1st at:
Ocean East: Townsend Rayfield's Pharmacy
Cape Charles & Nassawadox

LIVE ENTERTAINMENT BY



Calendar

(Continued from page 17)

■ **REVIVAL:** Dinner 6 p.m., revival 7 p.m., First Baptist Church, 31027 Depot St., New Church. The church is hosting a revival. Soup and sandwiches will be served in the social hall, followed by a service in the sanctuary. Guest speakers include Zachary Lewis, John Higginbotham, Maury Enwright, and Rob Kelly. Special music will be provided by Stefanie Bowman, Beth Sharpley and Scott Stitely, and Brian and Monique Linton.

■ **HALLOWEEN EVENT:** 6:30 p.m. to 8:45 p.m., Sun Outdoors, 1511 Townfield Drive, Cheriton. Scarystone will be open to the public for spooky golf cart rides through a trail of horrors. Tickets are \$10 and can be purchased at the campground welcome center. Children age 3 and under are free. The ticket cost includes a golf cart. All proceeds will benefit the Eastville Volunteer Fire Company. The rain date is Oct. 28.

Thursday, October 22

■ **MOVIE SCREENING:** 10 a.m. and 7 p.m., Roseland Theatre, Onancock. Shore History is hosting a screening of "The American Constitution." Students age 18 and under will be admitted for free. Tickets are \$10.

■ **COMMUNITY LUNCH:** 11 a.m. to 12:30 p.m., Island Community House, 6246 Mumford St., Chincoteague. The community can gather to share a meal. Donations are encouraged.

■ **KIDS ART:** 6 p.m., Northampton Free Library, Nassawadox. Children can make a paper plate pumpkin.

■ **REVIVAL:** Dinner 6 p.m., revival 7 p.m., First Baptist Church, 31027 Depot St., New Church. The church is hosting a revival. Soup and sandwiches will be served in the social hall, followed by a service in the sanctuary. Guest speakers include Zachary Lewis, John Higginbotham, Maury Enwright, and Rob Kelly. Special music will be provided by Stefanie Bowman, Beth Sharpley and Scott Stitely, and Brian and Monique Linton.

■ **OPEN HOUSE:** 6 to 7 p.m., Accomack County Department of Social Services, 22554 Center Parkway, Accomac. A foster care meet and greet is being held. There will be opportunities to meet current foster parents, connect with social services staff,

and learn about how to become a foster parent. Refreshments will be served.

Friday, October 23

■ **CONFERENCE:** Check in opens at 8 a.m., conference runs from 8:30 a.m. to 5 p.m., University of Maryland Eastern Shore Student Services Center, 30617 College Backbone Road, Princess Anne. The university's extension center is hosting its annual Small Farms Conference. This year's theme is "Building Strong Farms Together." To learn more visit <https://tinyurl.com/yc8364b4>

■ **AUTHOR TALK:** Noon, Eastern Shore of Virginia Regional Library, Parksley. Tony Pcardi will read from his book "Readings From Saving Democracy: Told by Cindi Camponotus, Ambassador to Humanity."

■ **HIKE:** 3 to 4 p.m., Kiptopeke State Park, Picnic Shelter One, 3540 Kiptopeke Drive, Cape Charles. This hike will explore the park's history, geological context, and biological variety.

■ **CRAFT:** 5 to 6 p.m., Kiptopeke State Park, Picnic Shelter Two, 3540 Kiptopeke Drive, Cape Charles. The park is hosting an all-ages craft project.

■ **COMEDY:** 5 to 7 p.m., Island Community House, 6246 Mumford St., Chincoteague. Cast Iron Productions presents "Awkward Un-Silences," a comedy night. Call 757-336-1993 for more information.

■ **HALLOWEEN EVENT:** 5 to 9 p.m., Pocomoke Community Garden, 327 Clarke Ave., Pocomoke City. During the Great Pumpkin Showcase community members can show off their Jack-o-lanterns. There will also be food, music, and vendors.

■ **HALLOWEEN EVENT:** From 5:30 to 7:30 p.m., at the Exmore Town Park there will be a spooky story swap. The community is invited to bring a lawn chair and listen to others spin a yarn or share their own tales of ghostly happenings, old family legends, and hauntings. Halloween costumes are encouraged.

■ **LIVE MUSIC:** 6 to 8 p.m., Lemon Tree Gallery, Cape Charles. The Stingrays performs live. There will be a cash bar.

■ **HALLOWEEN EVENT:** 6 to 8 p.m., North Street Playhouse, Onancock. The playhouse is hosting a haunted house. The cost is \$10 at the door.

■ **LIVE MUSIC:** 6 to 9 p.m., The Blamey Stone Pub, Onancock. Medium Wave Jay performs live.

■ **HALLOWEEN EVENT:** 7 to 9 p.m., Cheriton Volunteer Fire Company, 21334 S. Bayside Road, Cheriton. The fire company is hosting a haunted corn field. The cost is \$10 for adults. The cost is \$5 for children age 3 to 15.

OBITUARIES

Eastern Shore Post

Kerry Klein

Mrs. Kerry Duer Klein, of Oak Shore Farm, Belle Haven, passed away after a long illness on Oct. 7, 2026.

She was born Aug. 20, 1946, in Nasawadox, the second child of A.C. Duer III and Dorothy Sowers Duer, both of whom predeceased her.



Mrs. Klein

She is survived by her husband of 58 years, J. Nicholas Klein III, their three

children, Kerry Katherine Klein, of Roanoke, John N. Klein IV, of Winter Park, Fla., and Kevin Duer Klein; her daughter-in-law, Jennifer Watson Klein, of North Chesterfield; and four grandchildren, Ashby Watson Klein, of North Chesterfield and Ethan P., Jacob K., and Stella E. Klein, of Winter Park.

She is also survived by her brother, Abel C. "Con" Duer IV and his wife, Lesa, of Belle Haven and their children, Darcie and Amanda.

She was predeceased by her sister and brother-in-law, Jean and Roy Drummond.

Born Kerry Lynn Duer, she attended Belle Haven Elementary School and graduated from Central High School. She graduated with a degree in chemistry from Mary Washington College of the University of Virginia in 1968.

Nick and Kerry were married in March of 1968 in Onley and then resided in Knoxville, Tenn., where Nick was in business school and Kerry worked at the Oak Ridge National Lab. From there they moved to Tulsa, Okla., and Philadelphia, Pa., and then to Chattanooga, Tenn., where Kerry Katherine was born.

In Chattanooga, Kerry was the chemistry teacher at East Ridge High School. In 1974, they moved to Memphis, Tenn., where Nick attended law school and Kerry taught junior high in Southaven, Miss. Kerry attended Memphis State University and received a master's degree in education degree from there in 1976.

In December 1976, Kerry and Nick moved to Accomac. Kerry taught at Atlantic High School and later at Broadwater Academy in Exmore. She retired from teaching when her son John was born in 1980. Later, Kevin was born in 1984.

She was an active mom, taking kids to swimming practice at the Onley pool and back and forth to Broadwater, T-ball, Little League, and school sports all over southeastern Virginia.

Kerry was a former member of the board of directors for Broadwater Academy, a longtime member of Ye Accawmacke Garden Club, where she won numerous awards, a retired Jackie Sorenson Aerobic Dance instructor in Onancock, and a first-class health enthusiast, whether running in the Brownsville race, Northampton races, Onancock, races or Parksley races, and she had at least 23 trophies by her husband's count to verify it.

She was active too as a young teenager, teaching many young people swimming lessons at the family pool on Oak Shore Farm. Kerry was a wonderful dancer and took every opportunity to drag Nick onto the dance floor over the last 58 years.

Kerry enjoyed the game of bridge and the friends she played with. She was an avid gardener prior to her illness, as was evidenced by her beautiful yard at Oak Shore Farm. Another passion of hers was her sourdough bread and rolls, which were cherished Christmas gifts by her numerous friends.

In later years, she and her husband enjoyed spending time at their second home at Amelia Island Plantation, where her friends, "the girls," gathered each year to enjoy the island. It was a girls' getaway like no other.

Kerry's family thanks the many doctors and nurses at Riverside Shore Memorial, Riverside Parksley Rehab, and Riverside Hospice for their loving care shown to Kerry over the past few months. Special thanks go to Kisha West and Jeanette Troyer for their loving and faithful care and assistance over the last year, which helped the

Klein family and Kerry so very much.

A service will be held on Saturday, Oct. 17, at Doughty Funeral Home in Exmore, at 11 a.m., with Mickey Ashby officiating, followed by a private burial in the Duer plot in Belle Haven Cemetery. A luncheon reception for all Kerry's friends and family will follow at Oak Shore Farm, 35159 Occohanock Drive, Belle Haven, VA 23306.

In lieu of flowers, donations in Kerry's honor may be made to Broadwater Academy at 3500 Broadwater Road, Exmore, VA 23350, or The Alzheimer's Association, 225 N. Michigan Ave., Chicago, IL 60601.

Arrangements were made by Doughty Funeral Home of Exmore.

Karin Lees

Mrs. Karin Siemer Lees, 84, of Onancock, passed away peacefully on Thursday, Oct. 1, 2026, with her beloved husband, Lawrence C. "Larry" Lees, lovingly by her side.

Born on Oct. 13, 1941, in Hanover, Germany, Karin was the daughter of the late Hermann Siemer and Erna Rhode Siemer. She grew up in Wunstorf, Germany, the youngest of three sisters.

At the age of 19, she came to the United States to marry Larry, whom she had met while working at a German newspaper. Bilingual and intellectually curious, Karin taught herself English and maintained a lifelong love of reading, particularly about world affairs, politics, and German history.

A devoted wife and mother, Karin worked alongside Larry for decades as the office manager of Lees Financial Planning. Above all, she cherished her life with Larry, her soulmate of nearly 64 years, and took great pride in creating a loving home for her husband and son.

Known for her impeccable etiquette and attention to detail, she believed in

doing things properly, including having dinner on the table at 5 o'clock.

Karin was endlessly creative, imaginative, and truly one of a kind. Her greatest passion was art, and she excelled at oil painting and pottery. A member of the Eastern Shore Art League, she delighted in expressing her creativity through her artwork and even started her own business, Dysfunctional Pottery, a name that reflected her distinctive humor and personality. She also designed and sewed her own clothing and lovingly handmade Halloween costumes for her son. Whether painting, creating pottery, sewing, or entertaining, Karin brought her own unmistakable flair to everything she did.

Karin especially loved entertaining family and friends, and her Christmas Eve party was the highlight of every year. Her warmth, creativity, distinctive German charm, and commitment to tradition made every gathering special and created cherished memories for those fortunate enough to share in them.

During her son's childhood years, Karin was also a member of Market Street Methodist Church, where she generously devoted her time to volunteering with the Carrie Radcliffe Circle.

She is survived by her husband, Larry, of Onancock; her son, Ken Lees and his wife, Laurie, of Virginia Beach; her grandchildren, Madison Lees Nickol and her husband, Ben, and Parker Lees; her brother-in-law, KH Bieker; and her niece and nephews, Frank and Katrin Bosse and Matthias Bieker.

In addition to her parents, she was preceded in death by her sisters, Gisela Bosse and her husband, Walter, and Inge Bieker.

Family and friends will gather privately to celebrate Karin's life and honor the many memories they hold dear.

In lieu of flowers, the family requests donations to improve mental wellness at pingpong.gives/donate

Memory tributes may be shared at www.williamsfuneralhomes.com

Arrangements are by the Williams-Onancock Funeral Home.



Mrs. Lees

SPORTS

Eastern Shore Post

‘The dinner bell for fall fishing’ has rung

This week, Capt. Matt Abell, of Sea Hawk Sports Center, reported that lower winds, rain, and dropping water temperatures have rung “the dinner bell for fall fishing.”

He said, “It doesn’t matter if you are picking a fight with a perch or have your sights set on a trophy sea bass, the Eastern Shore has something to tighten on your line.”

Abell fished the structures of the southern Chesapeake Bay this week. His

Don McGavock

boat landed some nice reds, tog, croaker, and even some oyster toads.

He said other anglers were catching some black drum and that on the rivers of the Tangier and Pocomoke sounds, rock and perch are being caught on chunks of crab and with an assortment of paddletails and plugs.

Out of Chincoteague, Capt. Reed, of Reed and Reel, reported that the trout and rock were bigger this week. He said the flounder bite had improved significantly.

Jimmy Vasiliou, at Capt. Steve’s Bait and Tackle, reported that the surf continues giving up citation-sized red drum. He said anglers were catching some nice flounder up to 6 pounds in the Chincoteague Bay. Offshore wrecks provided limits of sea bass and some citation blue line tile fish.

Capt. Lindsay Paul, on the Almost Persuaded, agreed that, weather permitting, the flounder

(Continued on page 21)



COURTESY PHOTO

On a trip in mid-September, Capt. Ring put a fly fisherman on the stripers. Pictured is Amiel Bethel, who got a lot of hook sets using a red and white Deceiver fly.



COURTESY PHOTO

Jesse Hayes, of West Virginia, poses with his huge flounder caught in Chincoteague Bay.

Fishing

(Continued from page 20)

bite was still going on. Most were being caught, again, out by the old Coast Guard station, using live or frozen minnows or silverside with Berkley Gulp. He said that spot and croakers are being caught in the creeks using Fishbites.

Tyler Nestor, of Oceans East — Eastern Shore, told me that the flounder bite was holding and that the big reds were still at the Chesapeake Bay Bridge-Tunnel and

around the ships. He said some good trout are being caught on Mirrolures.

Alan Ring, of Reel Faith Fishing Charters, had a productive trip this past week. Putting in at Mt. Vernon, Md., he fished over structures in the upper Tangier Sound. Capt. Ring said that on one trip with a crew of three, the stripers were “smoking” the Lonely Angler and the Smack It Junior top water plugs, providing limits all around.

The writer moved to the Eastern Shore about 20 years ago and lives on Hunting Creek near Parksley. He is an avid fisherman and a member of the ESVA Anglers Club.

TYLERS WIN THREE-CLUB GOLF TOURNEY



COURTESY PHOTO

Matthew Tyler, left, and Adair Tyler, pictured in the photo at top, won the three-club tournament sponsored by the Onancock Rotary Club at the Eastern Shore Yacht & Country Club on Friday, Oct. 9. Finishing second, in the photo at bottom, was Joe O'Hara, left, and Ricky Ross. Golfers had to play the course using only three clubs. Proceeds from the tournament go to the numerous nonprofit organizations on the Eastern Shore supported by the Rotary Club.

Three wins in four weeks; Firebirds starting to ignite

BY MARK MORING

Eastern Shore Post

After losing three of its first four games, Arcadia has now won three of its last four. And when the Firebirds win, they're winning big. Two of their three victories were shut-outs, including last Friday's 20-0 win over visiting Washington High School of Somerset County, Md.

Carson Wallace and Larry Handy paced the Firebirds (3-3). Quarterback Wallace threw for one touchdown and ran for another, while Handy ran for 126 yards and a score.

DJ Wright scored Arcadia's first touchdown on a 7-yard pass from Wallace less than 6 minutes into the game, giving the Firebirds all the points they would need.

Alexander Taylor and Na'Kahi Wilson led the defense with seven tackles each, while Jacob Delgado added six tackles, including two for loss, and one sack.

Arcadia coach Taylor Major admitted it has been an up-and-down season so far, saying the key every Friday night is whether or not his team takes the field ready to play. All three losses were quite lopsided.

"What we as coaches have been stressing to our guys is not coming out flat, and I think our record reflects that," Major said. "Having positive energy for all 48 minutes is what it's all about."

"Conditioning our guys to be able to go a full 48 is key. They have bought into that and are eager to get after it. They can feel something special happening, and they want to be part of it. They are definitely fueled, and they want it bad."

Major said last week's shutout of Washington was "a great team win," and the Firebirds are eager to tackle their final four games — at home against Westmoreland and Nandua, then two road games — one at Northampton and the other at Armstrong High School in Richmond.



PHOTO COURTESY JACOB MARINER

DJ Wright hauled in a touchdown pass in Arcadia's win last week.

"We want to take care of home field and see if we can't surprise the district, the region, and the state of Virginia."

FOOTBALL

Nandua 28, Isle of Wight 7

On Friday, Oct. 9, Zion Smith ran for 45 yards and two touchdowns to lead the Warriors to their first vic-

tory, a 28-7 win over visiting Isle of Wight Academy.

Juelz Snead ran for 113 yards and a pair of 2-point conversions, while Marquise Galica ran for a touchdown.

Lucas Stodghill threw a 41-yard scoring pass to Isaac Parker, who also led the Warrior defense with three interceptions.

Other top Nandua defenders in-

cluded Amio Destine (six tackles, one interception, one sack), Jared Phillips (six tackles, one interception, one sack), and Smith (one sack).

Brunswick 74, C'teague 36

On Friday, Oct. 9, Brunswick Academy scored 30 points in the first quarter and coasted to the win at Chincoteague, which lost its second straight after winning three of its first four. Brunswick (8-1) is one of the top 8-man football teams in the state.

The loss spoiled a stellar game by Chincoteague's JDarius Davis, Camaury Davis, and Braedyn Ayres.

JDarius, the Ponies quarterback, threw for 178 yards and two touchdowns; Camaury, Chincoteague's running back, scampered for 97 yards and three scores; and Ayres, a receiver, caught five passes for 145 yards and two touchdowns.

The Ponies (3-3) were led defensively by Mikah Busquets (24 tackles), Makoa Busquets (14 tackles), Travis Johson (11 tackles), and Jakai Simon (10 tackles).

VOLLEYBALL

G'brier Christian 3, BA 1

On Tuesday, Oct. 13, Broadwater Academy's five-game win streak came to an end with a Metro Conference loss at Greenbrier Christian, 19-25, 18-25, 25-18, 25-19.

The host Gators (17-3, 9-0) are one of the top-ranked teams in VISAA Division III, while Broadwater (9-4, 6-4) is ranked No. 2 in Division IV.

Tatum Watson led the way for the Vikings with eight kills and 11 digs, followed by Miranda Smith (five kills, five digs), Rylee Hall (five kills, 11 digs), Mariah Moore (five kills, six digs), Caroline Cai-son (four kills, three aces, 14 digs, 22 assists), Hayden Cornish (three

(Continued on page 23)

Roundup

(Continued from page 22)

kills, three blocks), and Emmalene Trower (three aces, 16 digs, six assists).

Faith Baptist 3, HGCS 1

On Tuesday, Oct. 13, the Eagles lost their season finale at Faith Baptist School, 15-25, 18-25, 25-22, 25-21.

Top performers for Holly Grove included Araya Harrison (six kills, three aces, 18 digs), Madelyn Abell (six kills, six digs, four assists), Audrey Davis (three kills, 12 digs), Katelyn Eby (16 digs), and Anna Leimbach (nine assists).

Holly Grove ended the season with a 7-9 record.

James Bennett 3, Nandua 1

On Monday, Oct. 12, the Warriors fell to visiting James Bennett, 25-18, 20-25, 12-25, 11-25.

Emmalee Blake had three aces for Nandua, while Elizabeth Russell and Jazmin Zavala had three digs each.

Broadwater 3, Gateway 0

On Friday, Oct. 9, Tatum Watson's 12 kills, three aces, and three digs led Broadwater Academy to a 25-4, 25-11, 25-14 win at Gateway Christian.

Other Viking leaders included Rylee Hall (six kills, six digs), Miranda Smith (five kills), Caroline Caison (seven aces, seven digs, 25 assists), Hayden Cornish (four kills), and Mariah Moore (three kills, five aces).

Salis. Christian 3, HGCS 1

On Friday, Oct. 9, Holly Grove

Christian School lost at Salisbury Christian, 25-20, 20-25, 20-25, 14-25.

Top scorers for the Eagles included Madelyn Abell (six kills, six assists), Audrey Davis (five kills, nine digs), Anna Leimbach (17 digs, seven assists), Araya Harrison (three kills, four digs), Brynna Travis (three aces, three digs), and Lilian Hickman (three digs).

Nandua 3, Northampton 2

On Thursday, Oct. 8, Jordyn Daley's seven aces, three kills, and three digs led the Warriors past visiting Northampton, 21-25, 25-23, 22-25, 25-13, 15-10.

Other leaders for Nandua included Nahkiya Whaley (six aces, four digs), Jassuri Galo-Vazquez (three aces, four digs), Ikerya Byrd (four kills), Emmalee Blake (five aces), and Jazmin Zavala (four digs).

Lily Scott paced the Yellow Jackets with five kills, five aces, and 13 digs, followed by Sophia Cantwell (four kills, 11 digs), Brelyn Coates (10 assists), Grace Smith (three kills, three aces, three digs), and Dani Fonseca (five assists, five digs).

Chincoteague 3, Arcadia 0

On Thursday, Oct. 8, Marley Kinard and Gracie Royall had six kills each to lead the Ponies at Arcadia, 25-16, 25-15, 25-22.

Other Chincoteague leaders included Amaya Griffin (three kills, six aces), Ginny Sawyer (six aces), and Abby Dosch (five assists).

Arcadia was led by Jamaya Abbott (eight aces, 12 assists, 35 digs, six kills), Janiyah Taylor (six aces, eight kills, 10 assists, four digs), Jaden Clark (10 aces, four digs, four assists), Carly-Rae Vermeal

(12 aces, six assists, 22 digs), Iris Snead (four aces, four kills, six assists, four digs), Kinsley Palmer (35 assists, three kills) Sa'Miyah Mckyer (33 assists, four digs), and Kaylee Williams (six digs).

G'wood Menn. 3, HGCS 0

On Thursday, Oct. 8, Holly Grove Christian School fell at Greenwood Mennonite, 25-11, 25-23, 25-19.

Araya Harrison led the Eagles with six kills and five digs, followed by Audrey Davis (14 digs), Katelyn Eby (14 digs), and Aubrey Humphreys (three digs, six assists).

Snow Hill 3, Arcadia 0

On Wednesday, Oct. 7, Arcadia fell to visiting Snow Hill, 16-25, 22-25, 21-25. Key players for the Firebirds included Carly-Rae Vermeal, Janiyah Taylor, Kinsley Palmer, Iris Snead, and Jamaya Abbott.

GOLF

Eagles second in tri-meet

On Thursday, Oct. 8, Will Donovan shot a 44 to lead Holly Grove Christian School to a second-place finish in a tri-meet with Salisbury Christian and Worcester Prep at Green Hill Yacht & Country Club in Quantico, Md.

Worcester Prep won the meet with 175 total strokes, followed by Holly Grove (184) and Salisbury Christian (214).

Levin Brittingham (45), William Dize (47), and Bradley Chatham (48) also scored for the Eagles.

BOYS SOCCER

HGCS 8, Faith Baptist 0

On Tuesday, Oct. 13, eight differ-

ent players scored for the Eagles in a shutout of Faith Baptist.

Nathan Grant, Levi Somers, Gavin Blades, Dhruv Patel, Liam Maulik, Robert Smith, Caleb Webster, and Aron Varjas each scored a goal.

Smith also had two assists, and Varjas had one.

David Chew had three saves in goal.

Holly Grove was slated to play Greenwood Mennonite on Oct. 15 in the DVCAC quarterfinals.

Sals. Christian 6, HGCS 2

On Friday, Oct. 9, Holly Grove Christian School lost at Salisbury Christian. Parker Benton scored both goals for the Eagles, both assisted by Aron Varjas.

HGCS 2, G'wood Menn. 1

On Thursday, Oct. 8, Jeremiah Dagen and Aron Varjas each scored to lift the Eagles to a 2-1 win over Greenwood Mennonite.

FIELD HOCKEY

Holly Grove 3, Laurel 2

On Tuesday, Oct. 13, Maci Tyler, Gabby Wright, and Abigail Pruitt each scored in Holly Grove Christian School's win at Laurel.

HGCS 2, Woodbridge 1

On Thursday, Oct. 8, Maci Tyler had a goal and an assist to lift the Eagles at Woodbridge. Leah McCabe scored the other goal for HGCS.

HGCS 4, St. Michaels 1

On Wednesday, Oct. 7, Gabby Wright, Abigail Pruitt, Leah McCabe, and Jillian Larmore each scored to lift the Eagles over visiting St. Michaels.

Send your high school sports results to the Eastern Shore Post — scan the QR code to get started

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Use the QR code at right or the link below to report scores and stats:
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Also, we like to write human-interest stories about student-athletes. If you have any questions or story ideas, please contact sportswriter Mark Moring, at mark@easternshorepost.com. Thank you for your help and cooperation, and good luck to you and your teams!



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HIGH SCHOOL SPORTS SCHEDULE OCT. 16 TO OCT. 23

FRIDAY, 10/16

Football

Southampton at Chincoteague, 6 p.m.
Broadwater at Blessed Sacrament-Huguenot, 7 p.m.
Northampton at West Point, 7 p.m.

Volleyball

Mathews at Northampton, 7 p.m.

MONDAY, 10/19

Football

Westmoreland at Arcadia, 6:30 p.m.
Kent County at Nandua, 5 p.m.

Volleyball

Windsor at Northampton, 7 p.m.

TUESDAY, 10/20

Boys Soccer

Holly Grove Christian in DVCAC Semifinals, TBA

Volleyball

Northampton at Arcadia, 6:30 p.m.
Nandua at Chincoteague, 6:30 p.m.
Broadwater at Atlantic Shores Christian, 5:45 p.m.

WEDNESDAY, 10/21

Boys Cross-Country

Arcadia, Chincoteague, Nandua at Northampton, 4 p.m.

Girls Cross-Country

Chincoteague, Nandua at Northampton, 4 p.m.

Volleyball

Arcadia at Nandua, 6:30 p.m.
Snow Hill at Chincoteague, 5:30 p.m.

THURSDAY, 10/22

Field Hockey

Holly Grove Christian at Seaford, 4 p.m.

Volleyball

Chincoteague at Northampton, 4 p.m.
Arcadia at Nandua, 6:30 p.m.
Denbigh Baptist at Broadwater Academy, 5:45 p.m.

FRIDAY, 10/23

Football

Nandua at Arcadia, 6 p.m.
Snow Hill at Northampton, 7 p.m.
Broadwater Academy at Rappahannock County, 7 p.m.

Boys Soccer

Holly Grove Christian in DVCAC Championship, TBA

Schedule was accurate at press time but is always subject to change.

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DAR donates children's books to ESRH

The Eastern Shore of Virginia Chapter National Society Daughters of the American Revolution recently celebrated the DAR Day of Service Month by donating children's books to Eastern Shore Rural Health System.

Each year, the DAR sets aside Oct. 11 as its Day of Service, and chapters are asked to do something to enhance or better their communities.

This year, because of the 25th observance of 9/11, the DAR extended its Day of Service to a month, Sept. 11 to Oct. 11. Members of the Eastern Shore of Virginia Chapter chose as their DAR project Rural Health's Children Wellness Book Program. The program gives a book to every child who comes in for a wellness checkup.

Even though the program no longer has the funding to get books to distribute to pediatric patients, do-

nations from organizations like the Eastern Shore of Virginia Chapter are valuable.

Rural Health recognizes that reading helps children build language skills, grow their imaginations, and develop a lifelong love of learning.

In addition to the books, the DAR chapter also presented Rural Health with a check to purchase additional books when needed.

The National Society Daughters of the American Revolution was founded to preserve the memory and spirit of those who contributed to securing American independence.

Any woman 18 years or older, regardless of race, religion, or ethnic background, who can prove lineal descent from a patriot of the American Revolution, is eligible for membership.

To learn more about the work of today's DAR, visit www.dar.org



COURTESY PHOTO

The local DAR chapter recently donated children's books to Eastern Shore Rural Health System. Pictured from left are Dr. Nicole Marsh, ESRH lead pediatrician; Carol Vincent, chapter treasurer; Jeannette Edwards, ESRH chief executive officer; Amy Bull, ESRH chief communications and development officer and chapter member; Sarah Bingman, chapter regent; and Jane Mannock, chapter first-vice regent.

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ACPS nursing students compete at state fair

Accomack County Public Schools is proud to recognize the senior nursing students for their outstanding performance at the Virginia State Fair Health Occupations Students of America competition on Oct. 1 in Doswell. The students earned second place in two categories, showcasing their creativity, research skills, and knowledge of health and wellness.

At the beginning of the 2026-2027 school year, students were presented with four healthcare-related categories in which to demonstrate their skills and knowledge. After spending weeks researching their topics, developing their concepts, and assembling their final displays, the ACPS students competed against 20 other schools in three categories, taking second place in two.

In the Medical Misinformation Display category, ACPS placed second. The students tackled the common claim that cracking your knuckles causes arthritis, researching the science behind the claim and presenting their findings.

ACPS also took second place in the HOSA T-Shirt Design compe-



COURTESY PHOTO

ACPS nursing students, from left, Juliette Bowden, Jemelia Reed, Alia Christian, Chermika Merilus, Vonai Satchell, Ciara Abbott, Ny'Asia Kellam, C'Asia Abbott, Abigail Holston, Jylasia Strand, Nivea Clayton, Berenice Cruz-Gomez, Mariana Ixcoy-Perez, Raegan Thornes, and Monissa Barthe, earned two second place finishes at the Virginia State Fair Health Occupations Students of America competition on Oct. 1.

tion. Students created a design around this year's theme, "Redefine the Standard."

In the third category, Brain Diorama, students explored ways to maintain brain health, creating a 3D display to communicate their research.

While the Virginia State Fair

competition does not advance students to another competition, the students will have another opportunity to compete at the HOSA Spring Leadership Conference in Williamsburg in February 2027. At that event, students will have the opportunity to advance to state and national competitions.

ACPS congratulates the nursing students on their second-place finishes and recognizes their dedication to research, creativity, collaboration, and career preparation. Their success reflects the value of hands-on learning and the opportunities provided through Career and Technical Education.

NCPS achieves divisionwide accreditation

All division schools in the Northampton County Public Schools system have once again earned Fully Accredited status for the 2026-27 school year. Divisions across the Commonwealth saw growth in Virginia's school performance framework, and NCPS followed suit — Northampton High School earned the state's highest honor of Distinguished with 99.02 points.

Under Virginia's accountability system, performance categories range from Distinguished (over 90 points) down to Needs Intensive Support (below 65 points).

Kiptopeke Elementary School improved from its prior year designation

to earn a Meets Expectations rating with 84.36 points, successfully exiting federal identification status. Occohannock Elementary School also improved its overall performance score to 82.24 points, while Northampton Middle School scored 79.67 points.

Both Occohannock and Northampton Middle received final designations of Approaching Expectations after missing target marks within the Students with Disabilities subgroup. Federal identification status focuses on whether a school meets specific subgroup metrics.

These subgroup outcomes also reflect a broader shift under updated Virginia

Department of Education benchmarks.

Since Title 1 schools across Virginia demonstrated strong progress this year, the baseline thresholds for targeted support were raised, creating a more rigorous comparison point than last year. As a result, the number of schools identified statewide for targeted support nearly doubled — from 343 schools in 2025 to 609 schools in 2026 — with most being identified due to performance gaps in the Students with Disabilities subgroup.

Under the state framework rules, missing these high subgroup targets calls for an automatic adjustment to a school's performance designation, en-

suring state and federal support and resources are directed to where they are needed most.

"We are proud that all of our schools are Fully Accredited and that Northampton High School achieved Distinguished status for the second consecutive year," shared NCPS Superintendent Lisa Martin.

"These performance ratings highlight both our broad instructional strength and the specific areas where we can expand targeted resources. Continuing on this year of growth, we remain fully dedicated to working alongside our teachers and families to ensure every student succeeds."

Haunted Story Hour Oct. 23 in Exmore

Everyone is invited to the Exmore Haunted Story Hour, to be held at the Exmore Town Park on Friday, Oct. 23, from 5:30 to 7:30 p.m.

Come to listen or come to share eerie experiences, weird tales, and local legends.

Come tell your story about that spooky thing that happened that you cannot explain.

The event is patterned after the popular NPR "Moth Radio Hour," in which people tell stories on a particular theme.

This is a free family event, and attendees are invited to bring a lawn chair or blanket and a story to tell if you have one.

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Mammograms

Begin annual screening mammograms at age 40; earlier if you are at high risk due to personal or family history. Tomosynthesis, otherwise known as a 3D mammogram, is encouraged.

Breast Self-Awareness

You know what is normal for your breasts. A change does not always indicate breast cancer. Still, be alert for the following:

- A lump in the breast or under the arm
- Skin changes, including a dimple, redness, or thickening
- Change in breast shape or size
- Nipple discharge
- Scaling or redness of the nipple and/or areola
- Nipple retraction or deviation
- New breast pain

If you notice any of these signs or something that doesn't look or feel quite right, notify your health care provider immediately.

The earlier breast cancer is detected, the easier it is to treat.

One in eight women will be diagnosed with breast cancer in their lifetime. Screenings help find cancer early, before you have any signs or symptoms.



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Drug Take Back Day is Oct. 24

October is National Prescription Drug Take Back month and Drug Take Back Day events will take place on Saturday, Oct. 24.

Bay Rivers Telehealth Alliance members and local sheriff's offices have joined the initiative to help with the proper disposal of unused or expired drugs. There are collection sites across the Eastern Shore, including year-round availability of drug disposal with drop boxes at collection sites.

Unused or expired prescription medications are a public safety issue, leading to accidental poisoning, overdose, and abuse.

Unused prescription drugs thrown in the trash can be retrieved and abused or illegally sold, or if flushed, they can contaminate the water supply.

Proper disposal of unused drugs saves lives and protects the environment.

Take-back programs are the best way to dispose of old drugs.

If a program is not available:

■ Take the meds out of their bottles

■ Mix them with something unappealing like used kitty litter or coffee grounds

■ Seal them in a bag or disposable container and throw that away.

The community partners listed below will collect tablets, capsules, patches, and other solid forms of prescription drugs.

Liquid products, such as cough syrup, should remain sealed in their original container.

Syringes and other sharps and illicit drugs will not be accepted.

Year-round drop-off is available 24/7 at the following locations:

Accomack County Sheriff's Office, 23323 Wise Court, Accomac.

Chincoteague Police Department, 6150 Community Drive, Chincoteague Island.

Northampton County Sheriff's Office, 5211 The Hornes, Eastville.

Exmore Police Department, 3305 Main St., Exmore.

A drive-through Drug Take Back Day event will also be held at Riverside Shore Memorial Hospital Medical Office Building, 20486 Market St., Onancock, from 10 a.m. to noon on Oct. 24.

For more information on prescription drug abuse, go to www.DEA.gov or www.GetSmartAboutDrugs.com

Party in the Park slated for Oct. 16

Friday, Oct. 16, from 5 to 8 p.m. the Accomack County Sheriffs Office is hosting Party in the Park at Sawmill Park in Accomac.

This free event will feature hamburgers, hot dogs, drinks, music, an obstacle course, corn hole, and an opportunity to meet local law enforcement representatives.

The park is located at 24387 Joynes Neck Road, Accomac.

Accomack holds holiday bike drive

Accomack County Parks and Recreation is holding a holiday bike drive.

New bikes are being collected through Dec. 11.

Bikes can be dropped off at Accomack County Public Works, 24401 Joynes Neck Road, Accomac. For more information call 757-787-3900.

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COURTESY PHOTO

CES September Students of the Month were recently recognized for their outstanding character, positive attitudes, and dedication to learning. Pictured are, front row from left, Russell Bowden, Amelia Lewis, Mabel Thompson, Elena Klettke, and Tessa Holland. Pictured in the top row from left arte Lewis Bowden, Peyton Cherrix, Jessica Guerra, Tania Knox, Ava Neal, Leighton Britton, and Raphael Zabawa.

Picardi will speak about new book

Tony Picardi will read excerpts from his latest book, “Saving Democracy,” about what the ICE officer discovered at the Port of Baltimore; the disturbing messages from Starship2; and the origin of the most lethal pandemic in history.

It will take place on Friday, Oct. 23, at noon, in the lecture hall of the Eastern Shore Public Library in Parksley.

Picardi holds degrees in civil engineering and a Doctor of Science in social environmental systems from the Massachusetts Institute of Technology.

Department of Wildlife Resources announces art competition

The Virginia Department of Wildlife Resources’ annual Restore the Wild Artwork Competition is open for submissions.

This year, artists are asked to create original pieces depicting the American woodcock, a mottled brown-and-gray, forest floor-dwelling bird that has a plump profile with short legs and a long, pointed bill.

This species of greatest conservation need is known for its distinctive walk, rocking back and forth while leaving its head still.

Artists may submit their work in either the Natural History Illustration or Artistic Expression categories. There are also two age-based youth categories, ages 11-17 and ages 10 and under. Artists must complete their online submission form by Friday, Jan. 8, 2027, to be considered for the exhibition.

Artwork will be displayed in The Gallery at Main Street Station in Richmond, beginning March 5 and continuing through March 28. There will be an opening reception on March 5 where the category winners as well as the art selected for the Restore the Wild fine art print and sticker will be announced.

Hartsell named to UMGC dean’s list for summer

Grant Hartsell, of Greenbackville, was named to the dean’s list for the summer 2026 term at University of Maryland Global Campus. To be eligible for the honor, a student must complete at least six credits during the term, earn a grade point average of at least 3.5 for the term, and maintain a cumulative GPA of 3.5 at UMGC.

Accomack schools show score growth

The Virginia Department of Education has released the 2025–2026 School Performance and Support Framework Scores, providing a comprehensive look at school performance and student achievement.

Accomack County Public Schools reported that every school improved its Framework Score from the previous school year.

The formula uses multiple indicators of school quality and student achievement, including student mastery, growth in reading and mathematics, readiness, and high school graduation rates.

The Framework Scores provide a baseline for understanding school performance and identifying areas where additional support and resources can help students and staff continue to grow.

All schools showed growth in their Framework Score, and two schools moved into the Distinguished category.

“We are proud of the progress reflected in these Framework Scores and, most importantly, of the work happening every day in our classrooms,” said Gennifer Miller, superintendent of Accomack County Public Schools.

“The improvement across every school demonstrates the dedication of our students, teachers, support staff, school leaders, and families to our students’ academic achievement. While we celebrate these gains, we also recognize that the data provides us with valuable information about where we can continue to grow and how we can best support our schools. From here, we will continue raising the standard across every school community.”

Tangier Combined School was not assigned a Framework Score because its enrollment was too small to meet the scoring requirements.

Committees to weigh Shore improvement suggestions

BY BILL STERLING

Special to the Eastern Shore Post

At the age of 94, George McMath decided he needed one more project to keep his mind occupied.

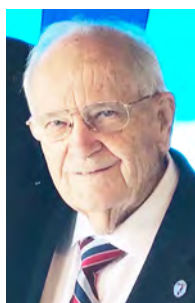
One sleepless night, he came up with the idea to appeal to the people of the Eastern Shore as to how they could make a near-perfect place to live that much better, as he put it.

After advertising and sending a few letters that asked for suggestions on how to improve the Eastern Shore, McMath recalled, “I hoped I would receive 25 responses.”

As is his nature, McMath desired the responses to be very positive and not critical of anyone or any organization. Then there was “one gentleman” who wrote, “I love Virginia. I’ve never been in prison. I need a farm truck.”

McMath said he couldn’t do much for him but to pray for him.

By the time McMath’s deadline rolled around, there had been 274 suggestions that he compiled in a booklet; they ranged from beautification to entertainment, from history preservation to safe living, from economic development to avenues for public service.



George McMath

McMath wasn’t looking for just suggestions on how to improve the Shore, however; he was looking for real change and action on those ideas from the public.

Known as the consummate letter writer who eschews emails, McMath wrote to a few of his friends asking them to serve on a committee that would help recruit volunteers to consider and hopefully implement the best of the suggestions.

McMath divided about 80 suggestions into 12 categories: Beautification, Caring for Neighbors, Community Service, Education, Entertainment, Facilities for Enjoyment, History, Industry, Religious Activities, Restoration and Use, Traveling, and A Variety of Suggestions.

Another group of suggestions involving better medical care and attracting primary doctors, surgeons, and specialists for areas not being fully served now were sent to the heads of Riverside Shore Memorial Hospital and Eastern Shore Rural Health.

Looking to fill each committee with seven to nine people, including a chairman and vice chairman, McMath will soon be mailing almost 100 Eastern Shore residents asking them to serve on the committees.

Of course, one of the suggestions was to improve mail service, as one of the recipients of a McMath letter pointed out it took nine days for the correspondence to reach Onancock “all the way” from Onley.

McMath, whose life has been about public service as a legislator and the owner of a newspaper chain that adopted the slogan, “Community Papers That Care,” said, “This has been a fun project for me, but now work begins on implementing very worthwhile suggestions.”

If that happens, roads will be safer and cleaner, neighbors in need will have better care, teachers will feel more respected and possibly better paid, residents will have more recreational opportunities, historic buildings will get a facelift, industry on the Shore will see some advances, and much more.

McMath, who has been chairman for successful fundraising campaigns to build a hospital, two community health centers, and a new

chamber of commerce building — in addition to being co-chair of a campaign to raise funds for a retirement home and a cancer center — never has been one to back down from a challenge.

McMath founded the Eastern Shore Yacht & Country Club before he turned 30 when he was soliciting ads for the newspaper and a much older advertiser told him, “If you want to do something for the Eastern Shore, build a golf course,” not really believing McMath would actually do that.

He also founded the Eastern Shore Christian Businessmen’s Association when his prayers were answered for his seriously ill mother to recover. It still meets today, 37 years later

Indeed, McMath felt one of the highest compliments he ever received was not intended as such.

At a Virginia Press Association meeting many years ago when he was on the board of directors, he overheard someone he described as “a very nice, distinguished lady” say during a break when he was out in the hall and thought to be out of earshot, “The problem with George McMath is that he doesn’t know some things can’t be done.”

Love INC ESVA to launch in 2027

The group Love INC ESVA will launch in 2027, organizers said. Its mission is to mobilize local churches to transform lives and communities in the name of Christ.

The group’s full name is Love in the Name of Christ. It has been developing for three years through training and relationships with churches, local agencies, nonprofits, and businesses.

It is now ready to raise funds to meet its first-year budget goal and hire an executive director.

“Every day in any given communi-

ty, people are struggling with spiritual, physical, emotional, relational, and material needs,” the group stated in a press release.

The group will accept calls and will have a connection center.

A trained volunteer will listen to the need but also explore the broader context.

The group will help make connections with churches, agencies, and businesses that are already helping in the community.

Love INC will follow up after the initial contact to connect with the caller, “helping them realize their gifts, giving care, and building relationships, addressing deeper needs.”

For more information, visit the

website loveincesva.org or email loveincesva@gmail.com.

Accomack DSS sets foster care event

The Accomack County Department of Social Services will hold a foster care meet-and-greet open house on Thursday, Oct. 22, from 6 to 7:30 p.m., at 22554 Center Parkway, Accomac

Pocomoke Parade registration set

Registration is open for the Po-

comoke City Christmas Parade, which will be held Monday, Nov. 30, at 7 p.m.

Floats, marching bands, community groups, and more are invited to participate.

Visit pocomokechristmasparade.com to register.

Turkey giveaway at Shiloh Baptist

There will be a giveaway of turkeys and nonperishable items on Nov. 14 from 10 a.m. to noon at Shiloh Baptist Church, 31559 Boston Road, Pungoteague.

Call 757-442-2739 for more information.

The FAFSA, a chatbot, and a question neither can answer

BY ABRAHAM MATEOS-ENRIQUEZ

Guest columnist

The 2027-28 FAFSA — short for the Free Application for Federal Student Aid — opened earlier than any previous edition.

High school seniors can now pull it up in one window with an artificial intelligence chatbot in another window.

Before students arrive on campus, AI may shape the future they imagine and the essay they write to pursue it.

But one question fits in neither window: What should education empower students to decide and do for themselves?

The class of 2027 is applying to colleges that have not balanced when AI supports learning and when it thinks for students.

The Pew Research Center recently discovered that 54% of U.S. teens turn to chatbots' help for schoolwork, and one in 10 uses them for all or most of it.

Primera Generación 2027, a college-access pilot program I run for first-generation students, initially also felt full of uncertainty.

One participant (I'll call him Diego) joined at his mother's behest, unconvinced that college was for him.

"Abe, I don't know if the career I want now will exist after I am done with college," he told me.

I can't say that it will.

Deepening judgment

The need for money is obvious, but it's not everything. AI may leave certain jobs unscathed, but instead of speculating, we defined a problem that mattered to him.

We learned what electrical engineers actually do, the skills that their work requires, and who should benefit from their designs.

Diego hopes to make everyday appliances more reliable and accessible,

'A chatbot can respond at any hour, but it cannot take responsibility for noticing when a student stops showing up.'

**Abraham
Mateos-Enríquez**

building things people can depend on.

This purpose opens up more paths than a single job title.

He's now looking to apply for college early decision after visiting colleges with his parents and revising an application.

Education has to protect that judgment: the ability to choose between the expanding possibilities.

College must deepen this kind of judgment, although enrollment is not transformation. Students could earn credits without questioning an assumption and graduate without being able to apply knowledge beyond an exam.

College matters because of what students can do and what they believe is worth doing.

Questioning college

Families who cannot treat college as an expensive experiment are right to scrutinize its promise.

The Federal Reserve found that 23% of adults with student-loan debt had recent payment difficulties, and 76% of those struggling cited affordability as a challenge.

The ultimate test for any family is whether a program's real-world benefits truly match the heavy investment of their lives and livelihoods.

Application season can feel like en-

tering a system whose language everyone else already speaks.

For students whose families have not navigated it, terms such as "contributor," "Student Aid Index," "net price," and "verification" can make the process feel closed before it begins.

Submitting an application is not a promise to attend — it preserves the power to compare choices.

Complete the FAFSA, consider more than one pathway, and weigh its full cost — in money, time, and distance from those who depend on you. If you enroll, the harder work begins.

Uncertainty and confidence

One temptation students face is to treat education as a checklist to complete as quickly as possible. AI makes that temptation harder to resist. But deeper learning cannot be optimized away.

AI can widen the range of possible answers. Students must still decide whether they are solving the right problem and whether an answer holds up against the evidence. Otherwise, they may reach the wrong answer faster.

An educator might interrupt that rush by asking which answer deserves attention — and why.

AI may generate several circuit designs — an engineering student must determine which one is safe, reliable, and accessible to the people using it.

College should give students repeated chances to defend decisions and revise them when someone surfaces what they missed.

Students experiment more freely when being wrong does not feel like proof that they do not belong. Belonging rarely develops in a straight line.

Students who choose carefully may still arrive on campus and wonder whether they made a mistake.

The first weeks feel exciting: welcome celebrations, free shirts, and newfound freedom. Then orientation ends. Assignments accumulate, calls home grow emotional, and students begin comparing their private uncertainty with everyone else's public confidence.

Campus begins to feel navigable when students keep returning and people begin to notice them.

Every interaction tells students whether their presence matters. Institutions must make it an ordinary culture for someone to notice an absence, follow up, and connect them to academic, financial, or emotional support.

Students, meanwhile, help build belonging by returning — to office hours, shared meals, study groups, and activities — even when the first attempt feels painfully awkward.

A chatbot can respond at any hour, but it cannot take responsibility for noticing when a student stops showing up.

Some of education's most consequential moments begin when another person asks, "Are you OK?" and stays to listen.

AI can compare engineering programs for Diego, but the choice of what to build or who should benefit remains his. He has to answer that for himself.

The FAFSA is open, and the chatbot is ready. Students can use both. Only they decide who to become.

■ *Abraham Mateos-Enríquez is a 2021 Arcadia High School graduate from Mappsville. A first-generation college graduate, he studied educational studies and psychological sciences at Colgate University and education at the University of Pennsylvania. He now studies education leadership at Harvard and leads Brillante-Mente, an initiative helping young people explore their options and prepare for what comes next.*

Eastern Shore Post

WEEKLY MARKETPLACE

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It's hard to believe
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We miss your laughter, your
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We pray that you rest in peace.
You may be gone,
but you're not forgotten.
We love and miss you.
From your husband, Boyd,
and all who knew and loved you.

Announcements



HAPPY HEAVENLY BIRTHDAY, COLTON!

Happy Birthday to our little angel in heaven!
Colton, you would have been 12 years old on
Oct. 19. It's going on seven years since you got
your angel wings. We would give anything
to see your face, to see your smile, to hear
your voice, and be able to kiss you again. We
talk about you all the time. We are forever
heartbroken. Until the day we see you again,
keep watching over us, our little angel!

GO RAMS!

Love,

Your Dad, Ashlin, your little brother Jasper,
Pop Pop & Boo Boo

Help Wanted

JAIL DEPUTY EASTERN SHORE REGIONAL JAIL

Job will require shift work, nights, weekends and some holidays.

Qualifications: Over the age of 21 and must have high school diploma or GED

Minimum Salary: \$47,721

Benefits include: VRS Retirement, Annual Leave, Sick Leave, Paid Holidays, and Health Insurance

Applications may be obtained from the Eastern Shore Regional Jail, 5245 The Hornes, Eastville, VA 23347, or online at <https://tinyurl.com/5n6epayv>

Apply in person at the Eastern Shore Regional Jail.
Northampton County is an Equal Opportunity Employer.

Help Wanted

COMMUNICATIONS OFFICERS TWO FULL-TIME & ONE PART-TIME

Northampton County Sheriff's Office is accepting applications for Communications Officers — two full-time and one part-time. Job requires shift work, nights, weekends, and some holidays.

Qualifications: over the age of 18 and have obtained high school diploma or GED.

Salary range: \$40,420 to \$61,544

Applications may be obtained from Northampton County Sheriff's Office, 5211 The Hornes, Eastville, VA 23347.



Midnight

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How about a \$1,000 Sign on Bonus?*

STAR Transit is hiring PT CDL Drivers for a local passenger service. New higher ROP \$19/hr. Steady income, PTO & paid holidays. CDL w/ Passenger Endorsement is preferred, but training may be provided to obtain CDL. Good DMV Record is a must! **Questions: Contact Bill @ 757-787-8322. Apply: Star Transit, 21250 Cooperative Way, Tasley, VA.**

EOE M/F/D/V

*Sign-On Bonus not applicable to former employees separated within the last year.

WWW.EASTERNSHOREPOST.COM

Help Wanted

WATER/WASTEWATER OPERATOR

The Northampton County Department of Public Works is accepting applications for a full-time Water & Wastewater Operator. The primary duty of this position is to operate and maintain various county-owned water supply systems and wastewater treatment systems, including testing and reporting, as applicable.

Applicants must possess a valid Class V (or higher) Virginia Waterworks Operator License. A Class IV Waterworks License is preferred. It is also preferred that the applicant possess a valid Class III Virginia Wastewater Works Operator License. The position also requires a high school diploma or GED, a Virginia driver's license, and at least 3 years of relevant work experience.

Starting salary range for this position is \$37,292 to \$71,461, depending on experience and qualifications. Please refer to Northampton County's website for a complete job description, requirements and application form at https://www.co.northampton.va.us/government/jobs_opportunities/job_openings or an application can be obtained through the Human Resources office.

Please submit completed county application form and cover letter to Human Resources, P.O. Box 66, Eastville, VA 23347 or in person to 16404 Courthouse Road. Position is open until filled.

Northampton County is an Equal Opportunity Employer.

MAINTENANCE WORKER III (ELECTRICAL, HVAC, PLUMBING)

The Northampton County Department of Public Works is accepting applications for a full-time Maintenance Worker III. The primary duty of this position is to maintain County facilities and equipment with an emphasis on electrical, HVAC, and plumbing work.

This position requires a valid driver's license, a high school diploma or GED, and at least two years of electrical, HVAC, and plumbing experience. The position will be responsible for a variety of work, including, but not limited to, minor to moderate mechanical, plumbing, and electrical maintenance, repairs and new installations, and coordinating with and overseeing contractors.

Pay Range: \$41,739.48 to \$63,611.10 per year

Starting pay will be commensurate with experience and qualifications.

Applications may be obtained from the county website at <https://tinyurl.com/yeyuurrm> or in person at 16404 Courthouse Road, Eastville, VA 23347.

Please submit completed county application to Human Resources, P.O. Box 66, Eastville, VA 23347, or in person to 16404 Courthouse Road, Eastville, VA 23347. Position will be open until filled.

Northampton County is an EOE.

OPEN POSITION

Northampton County has the following open position in the Planning, Permitting and Enforcement Department:

BUILDING INSPECTOR

Northampton County is accepting applications for a full-time Building Inspector. The essential function of this position is to perform building inspections. Provides customer service and clerical duties.

Requires high school diploma or GED, and one (1) year of related experience. Experience as a building inspector is desired. Provides customer service to the public pertaining to building permits. The position is responsible for performing building inspections and reviewing construction plans.

Requires valid Virginia Driver's License. Excellent communication skills are essential. This salary ranges from \$48,261 to \$73,644.

Please refer to Northampton county's website at <https://tinyurl.com/yezesa6ra> for further position descriptions. Please submit a completed County application with cover letter to Human Resources. **Position open until filled.**

TOWN OF ONLEY CHIEF OF POLICE

The Town of Onley Police Department has an immediate opening for a Chief of Police. The successful candidate should be DCJS-certified. This is a full-time position with a full benefits package. Salary range for the position is \$68,000 - \$72,000.

A complete job description and application are available at www.townofonley.org

Applications and resumes should be addressed to Jamye Salazar, Town Manager, 25308 Lankford Highway, Onley, VA 23418.

The Town of Onley is an Equal Opportunity Employer.

HELP WANTED

CASE MANAGER

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- Support survivors of acquired brain injury in Accomack and Northampton counties. Office in Melfa.
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**For more information or to apply,
please visit the ESCSB's website at www.escsb.org
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Boats, Etc.

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2001 DORADO SCOUT 17.5 BOW RIDER W/ 115 HP YAMAHA 2-STROKE MOTOR & 2001 LOAD RITE TRAILER
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Boats (cont.)



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1984 20' Wellcraft w/trailer, 175 Evinrude motor
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Contact Ron 757-667-9590

Boats (cont.)



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Anuncie

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Legal Ads

VIRGINIA:
 IN THE CIRCUIT COURT OF ACCOMACK COUNTY
 THE TOWN OF BLOXOM, VIRGINIA
 Plaintiff
 vs.
 DONNA SCHMIDT-STODDARD, et als.
 Defendants
 CIVIL CASE NO. 26-745

ORDER OF PUBLICATION

The object of this suit is to enforce the lien of the Plaintiff for delinquent real estate taxes on tax map number 069A0A0000072B0.

It is ORDERED that this Order be published once a week for four successive weeks in the Eastern Shore Post and that Donna Schmidt-Stoddard, Patrick Stoddard, Adele Catherine Stoddard, and the heirs of Chris David Stoddard appear at the above-named Court and protect their interests on or before November 18, 2026.

Enter this 18th day of September, 2026.

Brandy Childress, Deputy Clerk

I ask for this:

James W. Elliott
 Attorney at Law
 P.O. Box 1410
 7100 U.S. Route 17
 Yorktown, VA 23692
 757-898-7000

ORDER OF PUBLICATION COMMONWEALTH OF VIRGINIA

Case No. JJ018058-02-01
 Gloucester County Juvenile
 and Domestic Relations District Court
 7400 Justice Dr., Room 204, Gloucester, VA 23061

Commonwealth of Virginia, *in re* DICKERSON, JUDAH
 The object of this suit is:
 CUSTODY/VISITATION OF JUDAH DICKERSON; DOB:
 4/25/2016

It is ORDERED that COLEMAN, COREY appear at the above-named court and protect their interests on or before November 2, 2026, at 9:00 a.m.

09/16/2026
 Betsy Barnett, Clerk

ORDER OF PUBLICATION COMMONWEALTH OF VIRGINIA

Case No. JJ015171-03-00
 Accomack County Juvenile
 and Domestic Relations District Court
 23371 Front St., Accomac, VA 23301

Commonwealth of Virginia, *in re* Ladjina Charles
 The object of this suit is:
 TO TERMINATE THE PARENTAL RIGHTS
 OF UNKNOWN MOTHER

It is ORDERED that UNKNOWN MOTHER appear at the above-named court and protect their interests on or before January 19, 2027, at 1:30 p.m.

09/30/2026
 Roland C. Leighton, Clerk

Legal Ads

PUBLIC NOTICE – ENVIRONMENTAL PERMIT

PURPOSE OF NOTICE: To seek public comment on a proposed permit that will allow the land application of treated municipal wastewater in Northampton County, Virginia.

PUBLIC COMMENT PERIOD: October 9, 2026 to November 9, 2026

PERMIT NAME: Virginia Pollution Abatement VPA01022, issued by the Department of Environmental Quality (DEQ) under the authority of pursuant to applicable water laws and regulations.

APPLICANT NAME, ADDRESS, AND PERMIT NUMBER: Sun Cherrystone RV LLC, 27777 Franklin Rd., Suite 200, Southfield, MI 48034.

NAME AND LOCATION OF PERMITTED ACTIVITY: Cherrystone Campground, 1511 Townfield Dr., Cheriton, VA 23316.

PROJECT DESCRIPTION: Sun Cherrystone RV LLC has applied for the reissuance of a permit authorizing the land application of treated municipal wastewater to 7 acres of agricultural land at the site identified in the draft permit and located within Northampton County. The permit will limit the application of nutrients, pathogens, and salts to amounts that protect water quality and human health.

PRELIMINARY AND FINAL PERMIT DECISION PROCEDURES: DEQ's preliminary decision is to issue a permit. Based on comments received on the draft permit, DEQ may make a final decision on the permit or hold a public hearing on the draft permit.

HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: DEQ accepts comments and requests for public hearing by hand-delivery, email, or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. Submittals must include the name and postal mailing or email address of the requester. A request for public hearing must also include: 1) The names and addresses of all persons for whom the requester is acting as a representative, which includes persons that are an unincorporated associations; 2) The reason why a public hearing is requested; 3) A brief, informal statement setting forth the factual nature and extent of the interest of the requester or of the persons for whom the requester is acting as representative in the application or tentative determination, including an explanation of how and to what extent such interest would be directly and adversely affected by the reissuance of the permit in question; and 4) Specific references, where possible, to terms and conditions of the permit in question, together with suggested revisions and alterations of those terms and conditions that the requester considers necessary to conform the permit to the intent and provisions of the basic laws of the State Water Control Board. A public hearing may be held, including another comment period, if public response is significant, based on individual requests for a public hearing; and there are substantial, disputed issues relevant to the permit.

CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS AND ADDITIONAL INFORMATION: Jeanne Puricelli, DEQ Central Office, 1111 E. Main Street, Suite 1400, Richmond, VA 23219; Phone: 804-720-3682, Email: Jeanne.puricelli@deq.virginia.gov. The public may review the draft permit and application at the DEQ office named above by appointment or may request copies of the documents from the contact person listed above. Additional information about the DEQ water permitting program with oversight of activities and facilities detailed in the project description of this notice is available at www.deq.virginia.gov/VPAnotices

ORDER OF PUBLICATION COMMONWEALTH OF VIRGINIA

Case No. JJ015171-04-00
Accomack County Juvenile
and Domestic Relations District Court
23371 Front St., Accomac, VA 23301

Commonwealth of Virginia, *in re* Ladjina Charles
The object of this suit is:
**TO TERMINATE THE PARENTAL RIGHTS
OF UNKNOWN FATHER**

It is ORDERED that UNKNOWN FATHER appear at the above-named court and protect their interests on or before January 19, 2027, at 1:30 p.m.

09/30/2026
Roland C. Leighton, Clerk

PUBLIC NOTICE TOWN OF HALLWOOD ACCEPTING SEALED BIDS FOR SALE OF FORMER POLICE VEHICLE

The Town of Hallwood is accepting sealed bids regarding the sale of a 2010 Chevrolet Impala - 3.9 L; Interceptor; former police car; white; 76,000 miles; will be sold as is. The vehicle can be seen at 27438 Main St., Hallwood, VA 23359.

For more information, call (757) 894-4236.

Sealed bids may be mailed to P.O. Box 5, Hallwood, VA 23359. Sealed bids will be received by the Town of Hallwood until Friday, October 23, 2026. Bids received after this time will be returned unopened.

ORDER OF PUBLICATION COMMONWEALTH OF VIRGINIA

Case No. CL2600078900
Accomack County Circuit Court, P.O. Box 126,
23316 Courthouse Avenue, Accomac, VA 23301

TIFFANY COLLIER v. DEMETRICE COLLIER
The object of this suit is:
COMPLAINT FOR DIVORCE

It is ORDERED that DEMETRICE COLLIER appear at the above-named court and protect his interests on or before NOVEMBER 24, 2026, at 9:00 a.m.

September 24, 2026
Jennifer Riegel, Deputy Clerk

PUBLIC NOTICE

Notice is hereby given that Derrick and Penelope Kinsey (VMRC #2026-1615) are requesting a permit from the Virginia Marine Resources Commission to retain an existing multi-user wharf and finger piers adjacent to 19489 Robin Road, situated along Eyrehall Creek in Northampton County.

You may provide comments on this application (VMRC #2026-1615) at <https://webapps.mrc.virginia.gov/public/habitat/comments/>

We will accept comments by the USPS provided they are received within 15 days of this notice to: Marine Resources Commission, Habitat Management Division, 380 Fenwick Road, Bldg. 96, Hampton, VA 23651.

PUBLIC NOTICE

Notice is hereby given that the Northampton County Board of Zoning Appeals will hold a public meeting on Wednesday, November 4, 2026, to consider and to hear public comments on two cases.

The meeting will begin at 9:00 AM with site visits to the affected properties in the order in which the cases are listed below. The Board will reconvene at or around 10:15 AM that same morning in Board Chambers in the County Administration Building at 16404 Courthouse Road, Eastville, Virginia, for the purpose of conducting public hearings.

APPEAL 2026-01: Derrick & Penelope Kinsey have appealed the County's Zoning Administrator's decision rendered on August 10, 2026, revoking the principal structure's nonconforming use status to operate as an Oyster Watchhouse because of discontinued use for more than two years. No credible counterevidence was submitted. The property is located at 19489 Robin Hood Road, Cape Charles, VA, and is further described as Tax Map 75-3-B2.

BUFFER EXCEPTION 2026-02: Thomas Fouracre & Susan Bennett are applying for a buffer exception. They are constructing a 20-foot x 24-foot one-story addition to an existing Single-Family Residence. The applicants are requesting approximately 480 square-foot area of encroachment into the buffer. The property is located at 6508 Broadwater Circle, Cape Charles, VA, and is further described as Tax Map 85A-3-55.

The case files may be viewed in the Planning, Permitting, and Enforcement Office in the County Administration Building, Monday through Friday, between the hours of 9:00 a.m. and 5:00 p.m., or viewed electronically at <https://co-northampton-va.community.diligentoneplatform.com/Portal/>

Written comments may be sent via email to olivia.bennett@co.northampton.va.us or may be submitted by mail or hand-delivery to the Planning, Permitting, and Enforcement Office in the County Administration Building.

Persons needing assistance attending the meeting or viewing the files may contact the County at (757) 678-0443, ext. 544.

For questions on case information, contact the Planning, Permitting, and Enforcement Office at (757) 678-0443, ext. 545.

**Strange
BUT TRUE**

By Lucie Winborne

* A species of bird called the maleo uses the heat from volcanic sand to incubate its eggs.

* Some snakes have hipbones, showing they once had four legs like their lizard cousins.

* Becoming a perfumer takes at least 20 years.

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Legal Ads

PUBLIC NOTICE

Notice is hereby given that the Northampton County Wetlands Board will hold a public meeting on Wednesday, October 21, 2026, to consider and to hear public comments on one application.

The meeting will begin at 9:00 A.M. with a site visit to the affected property. The Board will reconvene at or around 10:00 A.M. that same morning in Board Chambers in the County Administration Building at 16404 Courthouse Road, Eastville, Virginia, for the purpose of conducting a public hearing.

VMRC 2025-2593: Joseph Mercer has applied for a permit to construct an L-shaped bulkhead with return wall to tie into their existing bulkhead. A portion of rip rap is proposed at the southeastern corner of the new section of bulkhead. The proposed structure will consist of hot dipped galvanized hardware and marine treated timber. The property is located at 1870 Sand Hill Drive, Cape Charles, VA, and is further described as Tax Map 104D-1-17 along the shoreline of the Chesapeake Bay.

The application file may be viewed in the Planning, Permitting, and Enforcement Office in the County Administration Building, Monday through Friday, between the hours of 9:00 a.m. and 5:00 p.m. or viewed electronically at <https://co-northampton-va.community.diligentoneplatform.com/Portal/>

Written comments may be sent via email to olivia.bennett@co.northampton.va.us or may be submitted by mail or hand-delivery to the Planning, Permitting, and Enforcement Office in the County Administration Building.

Persons needing assistance attending the meeting or viewing the file may contact the County at (757) 678-0443, ext. 544.

For questions on application information, contact the Planning, Permitting, and Enforcement Office at (757) 678-0443, ext. 546.

Marshall Cox, Chairman
Wetlands Board

LEGAL NOTICE

On November 16, 2026, or thereafter, proceedings may be commenced pursuant to Virginia Code §58.1-3965 et seq., to sell the following parcels of real estate located in the Town of Tangier, Virginia, due to non-payment of real estate taxes and other fees owed thereon.

Owner(s): Barbara E. Baechtel & Joy D. Fitzpatrick
Property: 0 Main Ridge
Tax Map No.: 62-A1-A129*

Owner(s): Barbara E. Baechtel & Robert C. Baechtel
Property: West Ridge-Thomas
Tax Map No.: 62-A1-A258

Owner(s): Derrick G. Charnock
Property: West Ridge Res
Tax Map No.: 62-A1-A249

Owner(s): Dean Allen
Property: Williams Lots
Tax Map No.: 62-A1-A134A & 62-A1-A138A

Owner(s): Isabelle L. Parks
Property: Williams Lot
Tax Map No.: 62-A1-A275

Owner(s): Timothy T. & Rachel B. Trumble
Property: West (062A1A000027500)
Tax Map No.: 62-A1-A21

Owner(s): Gerald Wheatley
Property: Parker Lane
Tax Map No.: 62-A1-A228A

The owner(s) of the properties listed above may redeem their properties at any time before the date of the sale, by paying all accumulated real estate taxes, penalties, interest, attorney's fees, and costs owed thereon, including the cost of this publication.

Jason A. Dunn, Esq. (VSB No.: 68117)
Jason A. Dunn, PLC
303 34th Street, Suite 6
Virginia Beach, VA 23451
Telephone: (757) 937-0872
Email: Jason.dunn@jdunnplc.com
Counsel for Town of Tangier

Strange BUT TRUE

By Lucie Winborne

- * More English words begin with the letter "s" than any other.
- * According to seasonal relationship patterns in Facebook profiles, autumn is the season in which more singles change their status to "In a Relationship" or "Engaged" than the yearly average.
- * While Plymouth, Massachusetts, is traditionally held to be the site of the first Thanksgiving, at least 12 American locations claim the honor, including places in Texas, Florida, Maine, and Virginia.
- * It took just three years from the time Thomas Edison began selling his incandescent light bulb for technological advances to allow lamp prices to drop by more than 90%.
- * Most commercial airplanes are painted white to reflect solar radiation, which helps keep the aircraft cooler and reduces potential damage to the fuselage. White paint also weighs less.

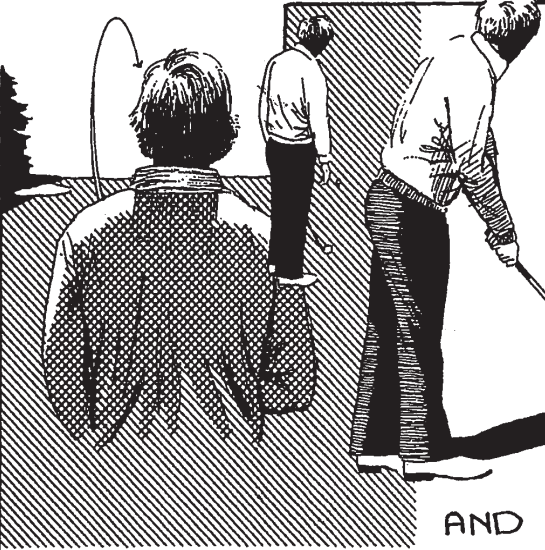
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- WAGGLE OR MAKE PRACTICE STROKES.

AND I FOLLOW THIS PATTERN ON EVERY SHOT.

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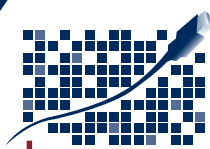
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To Reed Wilson and Robert Brashier II
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■ From Beacon at Magnolia Park, LLC
To Jonathan Lanciani and Tammy-Jo Lanciani
Lot J-8B Bay Creek, Cape Charles
For \$845,840

■ From Shooting Point Drive, LLC
To Christina Lortz and Charles Lortz Jr.
Three lots near Shooting Point Farm, Machipongo
For \$1,800,000

■ From Richard Demoss
To Jeffrey Daly and Christine Daly
Lot 8, Peaceful Lakes, Occohannock Neck
For \$22,000

■ From Nancy Prettyman
To Shannon Foisey and Jacob Foisey
Lot 3, Bleak House Manor, Franktown
For \$527,500

■ From Charles Dawson and Sandra Dawson
To Timothy Bouchard and Elizabeth Bouchard
Lot 27, The Colony at Bay Creek, Cape Charles
For \$1,695,000

■ From Cheryl Rein
To Mallie Haynes and Jasper Haynes
Lot 3, Phase Three, Bay Creek, Cape Charles
For \$630,000

■ From Maria Garcia
To Frank Mandaro
Lot in Exmore
For \$10

■ From Virginia Builders and Associates, LLC
To Kenneth Walker and Ashley Walker
Lot 47 and 48, Tower Hill, Phase Two, Cape Charles
For \$200,000

■ From Richard Ingram, Robert Ingram, and Steven Ingram
To FG Homes, LLC
Lot in Stewarts Wharf, Wardtown
For \$31,800

■ From FG Homes, LLC
To Victoria Shaw and Michelle Shaw
Lot in Stewarts Wharf, Wardtown
For \$130,000

■ From Kathy Geller and Ben Geller
To Joyce Hearn and David Hearn
Unit 8-164, Building Eight, Fairway II Condominium, Bay
Creek, Cape Charles
For \$540,000

■ From Erika Myers and Clayton Myers II
To Penny Gros and Christopher Gros
Lot 12, Guys Landing, Capeville
For \$96,000

■ From Craig Curran, Denise Curran, John Seidita, and
Melissa Seidita
To Nicholas Demalto and Stephanie Demalto
Lot 80, Kings Creek Landing, Cape Charles
For \$50,000

■ From Travis Handy and Kevin Schwenk
To StOakley, LLC
Lot 24, Town of Cheriton
For \$193,000

■ From C. James Prettyman III and Linda Turner
To Sherri Prettyman
Parcel 14, Silver Beach
For \$66,187.50

■ From DS Landings of Cape Charles, LLC
To NVR, Inc.
Lots 12, 22, 27, and 28, The Landings at Eastern Shore, Cape
Charles
For \$380,000

■ From Gary Weeden and Kathryn Weeden
To Jessica Geen and David Geen
Lot B-96, Bayside Village, Section Eight, Cape Charles
For \$859,000

■ From Lynda Oettinger-Roe and Ronald Roe
To Michael Enright, Mirchelle Enright, Michael O'Brien, and
Sherry O'Brien
Lot 104, Vaucluse Shores, Machipongo
For \$39,000

■ From Fitness Adventures, Inc.
To 70 Mason, LLC
Unit 1A, The Loggias at Cape Charles Condominium, Cape
Charles
For \$321,000

■ From Silvia Cruz and Silvi Maldonado
To Momentum Investment Strategies, LLC
Lot near Cheapside
For \$50,000

■ From Christopher Devoe and Louella Manlunas
To Renante Manlunas
Lot 6, Clear View, Occohannock Neck
For \$34,000

■ From James Warren and Larry Warren
To Litzi Alonso Jose
Lot 43 near Birdsnest
For \$90,000

■ From Virginia Builders LLC
To Channing Williams II and Sandra Coleman
Lot 69, Tower Hill, Phase Two, Cape Charles
For \$579,692

■ From John Rippon
To Colleen Cunningham
Parcel 11, Church Neck, Machipongo
For \$530,000

■ From J Eure Properties, Inc.
To Richard Combs, Robert Combs, and Christopher Bryant
Lot 119, Kings Bay, Bay Creek, Phase Four, Cape Charles
For \$1,000,000

■ From Theresa Luthy and John Luthy IV
To AKM Investments, LLC
Lot 47, Section Three, Bayside Village, Cape Charles
For \$1,175,000

■ From Beacon at Magnolia Park, LLC
To Margaret Leffel
Lot J-8A, The Villas at Magnolia Park, Cape Charles
For \$818,030

■ From Connie Imler
To James White III and Heidi White
Lot 6, Jamesville
For \$625,000

■ From Benjamin Burton
To Stephanie Holvick and Michael Holvick
Parcel near Cheriton
For \$484,345.58

■ From Gold Associates
To Dearden Management Group, LLC
Parcel in Nassawadox
For \$650,000

■ From James Garofalo
To Pablo Cuevas and Elaine Cuevas
Lot 502, Town of Cape Charles
For \$960,000

■ From David Newman Construction, LLC
To Richard Larrimore and Kendall Larrimore
Lot 70, Marina Village East, Cape Charles
For \$65,000

Accomack Property Transfers

■ From Sharon Knisley and Lonnie Knisley
To Judy Koller and Troy Koller
Lot 495, unit 1, sheet 1, Trails End, Horntown
For \$126,000

■ From Marie Stocker
To John T. Williams Sr.
7 Justis St., Onancock
For \$250,000

■ From Kimberly Hope Birch
To Asron Nelsen
26225 Herne St., Bloxom
For \$239,000

■ From Tiara McIntosh
To Joana Taylor-Gonzalez and Jorge Gonzalez
30220 Paige Fisher Road, Oak Hall
For \$13,000

■ From Suzanne Cox and Andrew Cox
To Aretha Lavene Riley-Omic
2293 Yardarm Drive, Greenbackville
For \$298,500

■ From Lucas Ortiz Ortega
To Rosalinda Morales Roblero and Melfin Roberto Bravo
Ortega
Lot in Sanford
For \$11,000

■ From Rita Kelley and Paulette Kelley
To Wardog, LLC
34344 Lankford Highway, Painter
For \$57,000

■ From Rita Kelley and Paulette Kelley
To Nicole Wardius, Christopher Wardius, and William
Wardius
16479 Coal Kiln Road, Painter
For \$180,500

■ From Katebill Properties, LLC
To Bundick Properties, LLC
Lot on Beacon Lane, Melfa
For \$60,000

■ From Island Motels, LLC
To RBR Homes, LLC
Portion of lots 3, 4, 5, and 6, Deep Hole Road and Taylor
Street, Chincoteague
For \$509,300

■ From George Morgan
To Andrea Mroz and Joseph Mroz
35017 Pin Oak Drive, Horntown
For \$120,000

■ From Carla Bradford and Richard Bradford, trustees
To Julissa Lopez and Richard John Salfenmoser
27141 Barnes Circle, Parksley
For \$260,000

■ From Michael Custis and William Custis
To Nathan Iseman
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■ From Michael Tucker
To Maria Miller
37280 Luff Court, Greenbackville
For \$192,000

■ From Alice Denny
To Sharon Michele Caskey Parker and James Michael
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Lot 56, Henry's Point, section II, near Accomac
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Location	Fri Oct 16	Sat Oct 17	Sun Oct 18	Mon Oct 19	Tue Oct 20	Wed Oct 21	Thu Oct 22
SEASIDE							
Assateague Beach	L 6:19 am H 12:36 pm	L 7:09 am H 1:28 pm	L 8:05 am H 2:25 pm	L 9:04 am H 3:25 pm	L 10:03 am H 4:21 pm	L 11:00 am H 5:11 pm	L 11:55 am H 5:57 pm
Chincoteague Channel	L 6:14 am H 12:39 pm	L 7:07 am H 1:33 pm	L 8:07 am H 2:30 pm	L 9:10 am H 3:28 pm	L 10:12 am H 4:23 pm	L 11:09 am H 5:15 pm	L 12:01 pm H 6:03 pm
Gargatha Neck	L 6:58 am H 1:32 pm	L 7:48 am H 2:24 pm	L 8:44 am H 3:21 pm	L 9:43 am H 4:21 pm	L 10:42 am H 5:17 pm	L 11:39 am H 6:07 pm	L 12:34 pm H 6:53 pm
Folly Creek	L 6:43 am H 1:25 pm	L 7:33 am H 2:17 pm	L 8:29 am H 3:14 pm	L 9:28 am H 4:14 pm	L 10:27 am H 5:10 pm	L 11:24 am H 6:00 pm	L 12:19 pm H 6:46 pm
Wachapreague	L 6:13 am H 1:00 pm	L 7:03 am H 1:49 pm	L 8:03 am H 2:41 pm	L 9:02 am H 3:37 pm	L 10:02 am H 4:37 pm	L 11:02 am H 5:33 pm	L 11:59 am H 6:22 pm
Quinby Inlet	L 5:58 am H 12:36 pm	L 6:48 am H 1:28 pm	L 7:44 am H 2:25 pm	L 8:43 am H 3:25 pm	L 9:42 am H 4:21 pm	L 10:39 am H 5:11 pm	L 11:34 am H 5:57 pm
Machipongo	L 6:27 am H 1:06 pm	L 7:17 am H 1:58 pm	L 8:13 am H 2:55 pm	L 9:12 am H 3:55 pm	L 10:11 am H 4:51 pm	L 11:08 am H 5:41 pm	L 12:03 pm H 6:27 pm
BAYSIDE							
Tangier Sound Light	L 10:17 am H 4:30 pm	L 11:12 am H 5:24 pm	L 12:13 pm H 6:24 pm	H 6:53 am L 1:15 pm	H 7:56 am L 2:16 pm	H 8:51 am L 3:14 pm	H 9:39 am L 4:06 pm
Muddy Creek	L 10:51 am H 4:53 pm	L 11:44 am H 5:41 pm	L 12:44 pm H 6:34 pm	H 7:02 am L 1:49 pm	H 8:09 am L 2:55 pm	H 9:11 am L 3:55 pm	H 10:02 am L 4:47 pm
Guard Shore	L 10:47 am H 4:45 pm	L 11:40 am H 5:33 pm	L 12:40 pm H 6:26 pm	H 6:54 am L 1:45 pm	H 8:01 am L 2:51 pm	H 9:03 am L 3:51 pm	H 9:54 am L 4:43 pm
Chesconessex Creek	L 9:59 am H 4:20 pm	L 10:52 am H 5:08 pm	L 11:52 am H 6:01 pm	H 6:29 am L 12:57 pm	H 7:36 am L 2:03 pm	H 8:38 am L 3:03 pm	H 9:29 am L 3:55 pm
Onancock Creek	L 10:19 am H 4:34 pm	L 11:12 am H 5:22 pm	L 12:12 pm H 6:15 pm	H 6:43 am L 1:17 pm	H 7:50 am L 2:23 pm	H 8:52 am L 3:23 pm	H 9:43 am L 4:15 pm
Pungoteague Creek	L 9:33 am H 3:50 pm	L 10:26 am H 4:38 pm	L 11:26 am H 5:31 pm	L 12:31 pm H 6:31 pm	H 7:06 am L 1:37 pm	H 8:08 am L 2:37 pm	H 8:59 am L 3:29 pm
Nassawadox	L 7:59 am H 2:34 pm	L 8:46 am H 3:23 pm	L 9:42 am H 4:17 pm	L 10:45 am H 5:15 pm	L 11:49 am H 6:12 pm	H 6:50 am L 12:50 pm	H 7:40 am L 1:46 pm
Occohannock Creek	L 8:56 am H 3:08 pm	L 9:51 am H 3:58 pm	L 10:54 am H 4:54 pm	L 11:55 am H 5:51 pm	L 12:54 pm H 6:47 pm	H 7:18 am L 1:54 pm	H 8:13 am L 2:52 pm
Cape Charles	L 7:03 am H 1:24 pm	L 7:56 am H 2:12 pm	L 8:56 am H 3:05 pm	L 10:01 am H 4:05 pm	L 11:07 am H 5:08 pm	L 12:07 pm H 6:04 pm	L 12:59 pm H 6:51 pm
Kiptopeke Beach	L 6:33 am H 1:03 pm	L 7:26 am H 1:51 pm	L 8:25 am H 2:43 pm	L 9:27 am H 3:43 pm	L 10:29 am H 4:46 pm	L 11:27 am H 5:40 pm	L 12:19 pm H 6:27 pm

Source: NOAA CO-OPS Tide Predictions. Nassawadox from [fishingreminder.com](https://www.fishingreminder.com). Times shown generally between 7 am–7 pm. Tide accuracy not guaranteed.

PASTIMES

MAGIC MAZE ● SHE'S IN THE MIDDLE

D U R P N K I G D B Z E X V S
S R E H S U Q O M K K Y S R R
I G S F E T C A O I Y E E Y E
W U S L I Q E S V L A H S P H
N L J H L S H E D S S S L N S
F E C A Y E H E H I X I E E A
V U S (C A S H E W S) Q F H H W
P N M K L S L S R J D S S S H
F E C O A L B Z G Y A E U A Y
X V B B S U T R Q G P O B M L
K I A H R E N E H S E R F G E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: GUIDES YOU TO YOUR SEAT

- Abashedly
Ashen
Ashes
Bedsheets
- Bolshevik
Bushels
Cashews
Eggshells
- Fishery
Fisheye
Freshener
O'Shea
- Seashells
Washers
Wishers

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Last week's answers

MAINSAIL SUGARS CRAVE
ASTOLDTO ANEMIA RIVAL
WHODIEDANDLEFTYBOSS
EEL DODO MASSE WEE
OTS SPY TECH HOLA
WHATTHEMARKETWILLBEAR
LITE ISO SERA EASTLA
TIES MOST INN TOS
WHENTHEGOINGGETSTOUGH
MET RUNSOVER SHAWL
DRYAIR NOVAS RADISH
APSO SLINESMAN NUI
WHERE THEWILDTHINGSARE
HUD MEA SHIM YAWN
ENDORA ISLE ROB VIAL
WHYHASTTHOUFORSAKENME
SISI TRIX ATA KEG
TRA LENOS ONEA INC
HOWISTHATEVENPOSSIBLE
OPERA AKITAS POTATOES
RESET TYRANT THESIXWS

3	1	9	6	2	8	4	7	5
4	7	8	3	5	1	9	2	6
5	6	2	9	4	7	8	3	1
6	8	4	7	1	2	3	5	9
2	9	1	4	3	5	7	6	8
7	5	3	8	6	9	1	4	2
1	4	7	5	9	6	2	8	3
8	2	6	1	7	3	5	9	4
9	3	5	2	8	4	6	1	7

Weekly SUDOKU

8		6			7		5	3
	1	7	2	5	6	4		
	4	5						2
				6	9			
6	9			7	2	5		
	7			1				
1	6			8		2		
	5		7	2				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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Super Crossword

BROTHERLY POSSESSIONS

- ACROSS
1 Unsettles
9 Beginning of a process
16 Opposed to
20 Woman from Madrid's land, to Madrid natives
21 Relatives of grapefruits
22 Cut of beef
23 Start of riddle #1
25 Pea holders
26 Kyoto coin
27 Actress Longoria
28 Astern
29 Diameter halves
30 Middle of riddle #1
37 Star of "10"
40 Foe of Spinks
41 Most polar
42 End of riddle #1
48 Second-rate
49 Suffix with glob or duct
50 Spicy
51 V-shaped cut
55 Hand-talking syst.
56 90 degrees from norte
58 Intend to do
61 Great sorrow
62 "That's it!"
- 65 Answer to riddle #1
69 Humility
72 Mensa stats
73 Performs in front of
74 Start of riddle #2
79 Casino stake
80 Flaky dessert
81 Unit of a sentence
82 Tell — story (try to evoke sympathy)
84 Undergrad degs.
87 Drinking aid
90 Part of ENT
91 Actress Ortiz
92 Actor Skeet or drummer Lars
95 Middle of riddle #2
100 Warship fleet
103 "I'll take that as —"
104 Civil War general Grant
105 End of riddle #2
111 Kicked in seed money
112 Bottom line
113 Chum
114 Crunches work them
117 Injure badly
- 118 Answer to riddle #2
125 Hotel chain
126 Greek
127 Ate lunch or dinner
128 Former rival of Nintendo
129 Tranquil and carefree
130 "Yes, it's true, alas"
- DOWN
1 Like many wet lawns
2 "This —" (telephone response)
3 Arch across
4 Pic on a chest, maybe
5 Mom's bro
6 Jumping Aussie critter
7 Feature of a cloudless day
8 Balm
9 Secret agent
10 As well
11 Very tall bird
12 Praline ingredient
13 1957-91 king of Norway
14 "Affliction" star Nick
- 15 Course for U.S. immigrants
16 "Scarface" star
17 Strip of pasta
18 Neatens up
19 Refuse to yield
24 Pappy
29 Puerto —
30 Te- — (giggles)
31 Municipal laws: Abbr.
32 Yeshiva teacher
33 Scarce
34 Styled after
35 Victory
36 Fruit drink brand
37 — Raton
38 Avian hooters
39 Genetic structure with "rungs" of base pairs
43 Novel writer, e.g.: Abbr.
44 Pooch pest
45 Gabfest
46 Charged atoms
47 Sink as low as
52 Drill attachments with spiraling grooves
- 53 Paint layer
54 Sub in a deli
57 Reaping tools
58 Arouse
59 Misplaced
60 Pittsburgh Steelers' org.
63 Whack down
64 Burning residue
66 Waterways, to Mexicans
67 "— Four" (Beatles)
68 Dark deli bread
69 Atlas features
70 Handling the matter
71 Strike gently
75 Part of UAE
76 Uncovered
77 Sharp pain
78 Morales in movies
83 Horn for taps
85 Nagging pain
86 "— Out of My League"
88 The universe of universities
89 Walked through water
91 After a while
93 Distance unit in astron.
94 Optimistic
96 Road gunk
- 97 On the — (escaping)
98 Yoko of art
99 Roast that may include chopped cashews or almonds
100 Los —, New Mexico
101 Title anew
102 Beating at chess
106 When many a driver stops
107 Touchy- —
108 To any extent
109 Jungle beast
110 Sister of Malia Obama
114 On a mattress, say
115 Squeezing snakes
116 WWII battle site in Normandy
118 X, to Greeks
119 — Aviv
120 Kin of mono-
121 — room (Ping-Pong place)
122 Prez #32
123 Car club inits.
124 Stat involving wt. and ht.

1	2	3	4	5	6	7	8		9	10	11	12	13	14	15		16	17	18	19	
20									21								22				
23								24									25				
26							27					28				29					
				30	31	32				33	34	35				36					
37	38	39							40						41						
42								43	44				45	46	47						
48							49					50				51		52	53	54	
55						56	57				58	59				60			61		
			62	63	64		65			66						67	68				
69	70					71				72					73						
74							75	76					77	78			79				
80						81						82				83			84	85	86
87				88	89		90					91				92	93	94			
				95		96					97	98				99					
100	101	102								103					104						
105							106	107	108				109	110							
111							112						113						114	115	116
117							118					119	120	121			122	123	124		
125							126									127					
128							129									130					

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